

2025 Lisbon Invitational**Lisbon High School****Results****Event 1 Girls High Jump****Meet Record: 5-02 ! 4/13/2023 Mykala Luzum-Selmon**

	Name	School	Finals	
Finals				
1	Jacobi, Rowan	Springville	5-02.00!	10
2	Ruess, Kinzie	Highland	J5-02.00!	8
3	Gilchrist, Leia	Alburnett	5-00.00	6
4	Shaffer, Johanna	Anamosa	4-10.00	5
5	Pruess, Emily	North Cedar	J4-10.00	4
6	Reiter, Emersyn	Lisbon	J4-10.00	3
7	Bongolan, Pinky	Springville	4-08.00	2
8	Singbeil, Maiya	Highland	J4-08.00	1
9	Nannelli, Bristol	Alburnett	4-06.00	
9	Dietsch, Emma	Lisbon	4-06.00	
11	Bruns, McKenna	North Linn	4-02.00	
11	Fort, Audrey	Anamosa	4-02.00	
---	Hansen, Karlee	West Branch	NH	
---	Lacina, Ava	West Branch	NH	

Event 2 Boys High Jump**Meet Record: 6-06 ! 4/13/2023 Johnny Amina**

	Name	School	Finals	
Finals				
1	Snyder, Justin	Lisbon	6-02.00	10
2	Klatt, Chase	C-Wheatland	6-00.00	8
3	Thompson, Liam	North Linn	5-08.00	5
3	Koenig, Pete	West Branch	5-08.00	5
3	Sprague, Dain	C-Wheatland	5-08.00	5
6	Paulson, Kasin	Anamosa	5-06.00	3
6	Green, Logan	C-Wheatland	x5-06.00	
8	Bonifas, Trace	Bellevue	5-04.00	2
---	Wilhelm, Kinnick	Alburnett	NH	

Event 3 Girls Long Jump**Meet Record: 16-05.75 ! 4/13/2023 Lacey Neighbor**

	Name	School	Finals	
Finals				
1	Hahn, Alexa	Highland	16-08.25!	10
2	McCombie, Karley	Bellevue	15-09.25	8
3	Tath, Cydney	Bellevue	15-04.00	6
4	Wegmann, Aliyah	North Linn	14-05.75	5
5	Schlabaugh, Ella	Highland	14-02.00	4
6	Dietsch, Emma	Lisbon	14-00.25	3
7	Goldbeck, Amelia	Alburnett	13-08.00	2
8	Martin, Jacey	Springville	13-06.00	1
9	Hoerschelman, Ava	Bellevue	x11-11.25	

Event 4 Boys Long Jump**Meet Record: 22-08 ! 4/15/2021 Kole Becker**

	Name	School	Finals	
Finals				
1	Varner, Cash	Alburnett	21-08.50	10
2	Harris, Jayden	West Branch	20-02.75	8
3	Marsh, Arik	West Branch	20-00.50	6
4	Stark, Ayden	Bellevue	20-00.25	5

5	Misener, Beckett	Alburnett	19-00.00	4
6	Troughton, James	North Cedar	18-11.25	3
7	Grell, True	C-Wheatland	18-10.50	2
8	Stone, Ethan	Lisbon	18-04.75	1
9	Scott, Gibson	Hillcrest	17-11.25	
10	Christiansen, Jaxen	Northeast, G	17-02.75	
11	Fox, Kage	Lisbon	17-02.00	
12	Schumacher, Calder	Lisbon	x16-10.00	
12	Koch, Brody	C-Wheatland	16-10.00	
14	Choate, Isaac	North Cedar	16-08.75	
15	Schneider, Cy	C-Wheatland	x16-00.50	
16	Hittenmiller, Ethan	Bellevue	14-11.00	

Event 5 Girls Discus Throw**Meet Record: 125-04 ! 4/13/2023 Maddie Fischer**

	Name	School	Finals	
Finals				
1	Frommelt, Kasey	Anamosa	131-07!	10
2	Bonafazi-King, Crystal	Anamosa	105-04	8
3	Gilchrist, Ella	Alburnett	93-01	6
4	Grau, Peyton	C-Wheatland	88-08	5
5	Horner, Kayla	C-Wheatland	87-05	4
6	Arnold, Allison	North Linn	85-11	3
7	Wickman, Morgan	Alburnett	83-02	2
8	Trepanier, Clancy	West Branch	83-01	1
9	Kavanaugh, Taylor	Alburnett	x76-09	
10	Bonebrake, Reece	Highland	74-03	
11	Strasky, Jillian	Highland	70-05	
12	Sexton, Ava	Highland	x69-05	
13	Olson, Lexie	North Linn	64-07	
14	Weldon, Alexis	Highland	x63-09	
15	Horgen, Sage	West Branch	62-03	
16	Betzler, Caitlin	Anamosa	x61-08	
16	Welch, Savanna	Lisbon	61-08	
18	Whitman, Elin	Lisbon	61-00	
19	Gross, Gisele	West Branch	x58-10	
20	Graham, Rebekah	Anamosa	x56-07	
21	Crane, Shyanne	Lisbon	x51-02	
22	Hoover, Ana	North Linn	x35-08	
---	Martin, Kooper	Lisbon	FOUL	

Event 6 Boys Discus Throw**Meet Record: 147-10 ! 4/15/2021 Nolan McLean**

	Name	School	Finals	
Finals				
1	Kluever, Cael	Northeast, G	164-07!	10
2	Reiling, Henry	Lisbon	152-11!	8
3	Schroeder, Noah	North Cedar	140-06	6
4	Krigbaum, Zach	Alburnett	131-04	5
5	Montgomery, Michael	West Branch	130-01	4
6	Russ, Julius	Anamosa	117-00	3
7	Greif, Matthew	Anamosa	110-00	2
8	Chrisman, Luke	Springville	106-08	1
9	Borrett, Bryce	Alburnett	102-07	
10	Krigbaum, Logan	Alburnett	x98-11	
11	Schwiebert, Andrew	Springville	95-08	

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Results

Finals ... (Event 6 Boys Discus Throw)

Name	School	Finals
12 Haack, James	West Branch	93-00
13 Carpenter, Jace	C-Wheatland	92-05
14 Oppelt, Kolt	Bellevue	92-04
15 Ploog, Kale	Northeast, G	89-01
16 Burken, Collin	Northeast, G	x87-05
17 Yaddof, Owen	C-Wheatland	87-01
18 Brown, Caleb	Lisbon	86-00
19 McMellan, Derin	North Cedar	85-06
20 Britcher, Jameson	Anamosa	x83-05
21 Burken, Gavin	Northeast, G	x81-08
22 Mohrfeld, Brennen	Lisbon	x81-05
23 Harms, Kooper	Lisbon	x79-08
24 Singh, Taran	Springville	x77-04
25 Gehring, Tyler	North Cedar	x75-08
26 Arnold, George	North Linn	73-09
27 Ibsen, Connor	North Cedar	x70-04
28 Trepanier, Oliver	West Branch	x66-09
29 Burke, Kaden	North Linn	66-01
30 Krall, Charlie	West Branch	x63-01
31 Brady, Masen	Springville	x58-09
32 Myers, Stallyn	Bellevue	58-07
33 Thomsen, Easton	North Linn	x58-00
34 Schroeder, Kody	C-Wheatland	x43-04

Event 7 Girls Shot Put

Meet Record: 35-10.25 ! 4/13/2023 Maddie Fischer

Name	School	Finals
Finals		
1 Bonafazi-King, Crystal	Anamosa	35-06.25 10
2 Martin, Kooper	Lisbon	33-09.25 8
3 Sexton, Chloe	Highland	32-00.25 6
4 Wilhelm, Alena	C-Wheatland	31-04.25 5
5 Betzler, Caitlin	Anamosa	29-04.50 4
6 Reiersen-Mims, Olivia	North Linn	28-11.75 3
7 Rupe, Jeorgia	North Linn	28-09.00 2
8 Barker, Hensley	Springville	28-06.50 1
9 Stransky, Jillian	Highland	27-08.25
10 Horner, Kayla	C-Wheatland	27-04.50
11 Welch, Savanna	Lisbon	27-02.50
12 Trepanier, Clancy	West Branch	26-11.50
13 Grau, Peyton	C-Wheatland	x26-02.50
14 Gross, Gisele	West Branch	23-03.25
14 Horgen, Sage	West Branch	x23-03.25
16 Weldon, Alexis	Highland	x22-01.50
17 Whitman, Elin	Lisbon	x21-07.00
18 Crane, Shyanne	Lisbon	x21-06.25
19 Lynn, Grace	Alburnett	20-02.00
20 Hoover, Ana	North Linn	x19-07.50

Event 8 Boys Shot Put

Meet Record: 50-03.25 ! 4/13/2023 Ethan Thimmes

Name	School	Finals
Finals		
1 Montgomery, Michael	West Branch	50-10.00! 10

2 Reiling, Henry	Lisbon	46-07.75 8
3 Kluever, Cael	Northeast, G	45-07.50 6
4 Krigbaum, Zach	Alburnett	43-10.25 5
5 Russ, Julius	Anamosa	42-07.50 4
6 Ibsen, Connor	North Cedar	40-09.00 3
7 Graves, Ryan	North Cedar	40-02.75 2
8 Olson, Brady	C-Wheatland	39-04.00 1
9 Soesbe, Connor	Northeast, G	39-01.00
10 Brown, Caleb	Lisbon	37-07.50
11 Schroeder, Noah	North Cedar	x36-09.50
12 Markley, Aiden	Anamosa	36-02.00
13 Borrett, Bryce	Alburnett	36-01.00
13 Carpenter, Jace	C-Wheatland	36-01.00
15 Ploog, Kale	Northeast, G	x34-11.50
16 Trepanier, Oliver	West Branch	34-01.75
17 Burken, Collin	Northeast, G	x33-07.00
18 Britcher, Jameson	Anamosa	x32-08.75
19 Yaddof, Owen	C-Wheatland	x32-04.50
20 Harms, Kooper	Lisbon	x32-04.00
21 Perry, Tristan	Springville	30-02.75
22 Myers, Stallyn	Bellevue	30-00.25
23 Gehring, Tyler	North Cedar	x29-05.00
24 Krigbaum, Logan	Alburnett	x28-09.25
25 Weber, Isaac	Springville	28-07.25
26 Haack, James	West Branch	x28-05.75
27 Oppelt, Kolt	Bellevue	28-00.75
28 Halter, Jonah	West Branch	x27-06.50
29 Singh, Aman	Springville	x24-09.75
30 Hennig, Magnus	Springville	x24-04.00
31 Arnold, George	North Linn	24-03.25
32 Burke, Kaden	North Linn	23-08.00
33 Thomsen, Easton	North Linn	x23-01.75
34 McGraw, Cameron	Alburnett	x22-09.00
35 Moore, Tate	Lisbon	x21-09.75

Event 9 Girls 800 Sprint Medley

Meet Record: 1:55.44 ! 4/13/2023 North Linn

S Benesh, M Boge, K Shoop, M Bridgewater

Team	Relay	Finals
Finals		
1 Alburnett	A	1:55.10! 10
1) Moore, Taryn	2) Bueckers, Annika	
3) Neighbor, Miranda	4) Fishell, Adah	
2 Anamosa	A	1:57.06 8
1) Bonifazi-King, Rebekah	2) La Rue, Gabrielle	
3) Kjormoe, Gabriella	4) Rohwedder, Livia	
3 Lisbon	A	1:57.74 6
1) Epperly, Paige	2) Roos, Quinn	
3) Patterson, Brynnley	4) Happel, Jaycie	
4 North Linn	A	1:59.76 5
1) Benesch, Irys	2) McMahon, Peyton	
3) Rawson, Delanie	4) Haughenbury, Lucy	
5 North Cedar	A	2:00.45 4
1) Sandberg, Reese	2) Robinson, Arianna	
3) Curley, Caylee	4) Kreel, Brookelynn	

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Results

Finals ... (Event 9 Girls 800 Sprint Medley)

Team	Relay	Finals
6 Bellevue	A	2:02.62 3
1) Steines, Laney	2) Tath, Cydney	
3) McCombie, Karley	4) Leibfried, Bella	
7 West Branch	A	2:04.49 2
1) Senio, Kainoa	2) Lacina, Ava	
3) Schultes, Addi	4) Nash, Sydney	
8 Highland	A	2:05.67 1
1) Singbeil, Maiya	2) Bell, Sienna	
3) Brun, Hailey	4) Hahn, Aubrey	
9 Springville	A	2:05.97
1) Bongolan, Pinky	2) Olson, Cali	
3) Merritt, Addison	4) Hansen, Elizabeth	
10 C-Wheatland	A	2:06.01
1) Davis, Brea	2) Connelly, Arianna	
3) Balichek, Belle	4) Buchanan, Alysha	

Event 10 Boys 800 Sprint Medley

Meet Record: 1:38.97 ! 4/13/2023 North Linn

B Betenbender, B Wheatley, T Haughenbury, M Bechen

Team	Relay	Finals
1 North Linn	A	1:38.74! 10
1) Haughenbury, James	2) Bistline, Bradyn	
3) Mertens, Landon	4) Sommerfelt, Will	
2 Anamosa	A	1:39.75 8
1) Geltz, Preston	2) Bentley, Asa	
3) Shaw, Reilly	4) Burrell, Jackson	
3 West Branch	A	1:40.84 6
1) Gates, Keaton	2) Gross, Garrison	
3) Seydel, Griffin	4) Strong, Wesley	
4 Alburnett	A	1:41.28 5
1) Carolan, Liam	2) Knickerbocker, Hayden	
3) Wilhelm, Kinnick	4) Frey, Hunter	
5 Bellevue	A	1:42.74 4
1) Decker, Kindrick	2) Paulsen, Kinnick	
3) hurley, charlie	4) Kilburg, Connor	
6 Northeast, GL	A	1:44.99 3
1) Eskildsen, Maxzen	2) Mielk, Jade	
3) Dellit, Brody	4) Fisher, Micylus	
7 North Cedar	A	1:47.35 2
1) Bell, Dylan	2) Choate, Isaac	
3) Troughton, James	4) Schroeder, Max	
8 C-Wheatland	A	1:49.07 1
1) Koch, Brody	2) Hostens, Daithan	
3) Grell, True	4) Elvert, Reed	
9 Lisbon	A	1:49.33
1) Kelsey, Ian	2) Kahl, Klayton	
3) Mitchell, Logan	4) Schumacher, Calder	
10 Springville	A	1:50.70
1) Moorman, Kolson	2) Moore, Hank	
3) Nicodemus, Jeremy	4) King, Zachary	

Event 13 Girls 3000 Meter Run

Meet Record: 11:06.97 ! 4/15/2021 Lourdes Mason

Name	School	Finals
1 Bombei, Grace	Highland	12:36.56 10
2 Remley, Ava	Anamosa	12:58.80 8
3 Gilchrist, Ella	Alburnett	15:11.05 6

Event 14 Boys 3200 Meter Run

Meet Record: 10:26.28 ! 4/15/2021 Drew Pate

Name	School	Finals
1 Appelhans, Garrett	Anamosa	11:22.78 10
2 Mayhew, Preston	West Branch	11:37.30 8
3 Rickertsen, Alex	C-Wheatland	11:43.15 6
4 Ford, Anson	Alburnett	11:44.15 5
5 Bohl, Henry	Alburnett	11:55.68 4
6 Petersen, Tate	Lisbon	12:18.68 3
7 Wiese, Nathan	C-Wheatland	13:01.36 2
8 Trepanier, Julien	West Branch	14:33.59 1

Event 15 Girls 4x800 Meter Relay

Meet Record: 10:28.59 ! 4/13/2023 Lisbon

A Petersen, G Moehlman, M Krogmann, A Clark

Team	Relay	Finals
1 North Linn	A	10:53.95 10
1) McMahon, Peyton	2) Rawson, Delanie	
3) Hoover, Ava	4) McMahon, Lillian	
2 Anamosa	A	11:09.59 8
1) Heying, Brooke	2) Ruess, Quinn	
3) Uthoff, Rheagyn	4) Lloyd, Mason	
3 Alburnett	A	11:32.26 6
1) McGraw, Josie	2) Ford, Nora	
3) Flannery, Livia	4) Crist, Esme	
4 Lisbon	A	12:36.74 5
1) Dighton, Holley	2) Feldermann, Payton	
3) Moehlman, Eliza	4) Ries, Hallie	

Event 16 Boys 4x800 Meter Relay

Meet Record: 8:37.19 ! 4/15/2021 Anamosa

T Weers, S Keister, S Hoyt, C Borst

Team	Relay	Finals
1 Alburnett	A	7:59.00! 10
1) Ossman, Logan	2) Bemer, Ben	
3) Gustafson, Hayden	4) Bueckers, Caiden	
2 Lisbon	A	8:14.16! 8
1) Feldman, Sawyer	2) Nunemaker, Drayden	
3) Speidel, Brody	4) Armstrong, Anthony	
3 North Linn	A	8:29.24! 6
1) Thomsen, Landon	2) Wheatley, Braden	
3) Benesh, Liam	4) Woods, Nolan	

2025 Lisbon Invitational**Lisbon High School****Results****Finals ... (Event 16 Boys 4x800 Meter Relay)**

Team	Relay	Finals
4 Springville	A	8:53.66 5
1) Rouse, Conlin	2) Taube, Tyler	
3) Hoy, Mason	4) Derrick, Noah	
5 Anamosa	A	9:45.32 4
1) Huerta-Vazquez, Nelson	2) Simmons, Caleb	
3) Sundstrom, Kristofer	4) Embree, Griffin	
6 West Branch	A	9:54.17 3
1) Staker, Ty	2) Lynch, Camden	
3) Staker, Cash	4) Krall, Charlie	
7 Northeast, GL	A	9:58.74 2
1) Kleinschmidt, Jackson	2) Schroeder, Hunter	
3) Swanton, David	4) Scriven, Cameron	

Event 17 Girls 4x100 Meter Shuttle Hurdle**Meet Record: 1:13.36 ! 4/15/2021 Alburnett****L Winterowd, L Neighbor, A Miller, H Carolan**

Team	Relay	Finals
1 Springville	A	1:10.37! 10
1) Jacobi, Rowan	2) Merritt, Addison	
3) Robertson, Hayden	4) DeMean, Morgan	
2 North Linn	A	1:17.04 8
1) McMahon, Peyton	2) Henderson, Harley	
3) Hoover, Ava	4) McMahon, Lillian	

Event 18 Boys 4x110 Meter Shuttle Hurdle**Meet Record: 1:01.96 ! 4/13/2023 Lisbon****L Czarnecki, G Holub, B Morningstar, C Kamaus**

Team	Relay	Finals
1 West Branch	A	1:06.11 10
1) Staker, Nolan	2) Boone, Xavyer	
3) Seydel, Brooks	4) Hansen, Reid	
2 Alburnett	A	1:08.01 8
1) Knickerbocker, Hayden	2) Frey, Hunter	
3) Strang, Clayton	4) Misener, Beckett	
3 Bellevue	A	1:10.38 6
1) Koenig, Lincoln	2) Dryman, Connor	
3) Pitts, Mason	4) Bonifas, Trace	
4 Springville	A	1:11.00 5
1) Lansing, Luke	2) March, Jace	
3) Moore, Hank	4) Jacobi, Reece	
5 Lisbon	A	1:11.27 4
1) Fox, Kage	2) Kahl, Klayton	
3) Kelsey, Ian	4) Snyder, Justin	
6 North Linn	A	1:26.25 3
1) Hatch, Ryan	2) Rogan, Walter	
3) Mosby, Joshua	4) Burke, Nolan	

Event 19 Girls 100 Meter Dash**Meet Record: 12.77 ! 4/13/2023 Iva Senio**

Name	School	Finals
1 Lambe, Leah	Bellevue	12.58! 10

2 Scott, Rya	Hillcrest	12.58! 8
3 Hahn, Alexa	Highland	13.08 6
4 Scott, Adia	Hillcrest	13.10 5
5 Patterson, Brynnley	Lisbon	13.38 4
6 La Rue, Gabrielle	Anamosa	13.41 3
7 Jarchow, Jordyn	Lisbon	13.42 2
8 Moore, Taryn	Alburnett	13.45 1
9 Helmuth, Niva	Hillcrest	x13.80
10 Bonifazi-King, Rebekah	Anamosa	13.83
11 Ruess, Kinzie	Highland	13.96
12 Hansen, Karlee	West Branch	14.02
13 Olson, Cali	Springville	14.07
14 Davis, Brea	C-Wheatland	14.10
15 Teymer, Kaylee	Springville	14.14
16 Wickman, Morgan	Alburnett	14.29
17 Waters, Cameron	West Branch	14.34
18 Hahn, Kylie	C-Wheatland	14.38
19 Hansen, Elizabeth	Springville	x14.42
20 Pruess, Emily	North Cedar	14.50
21 Martin, Jacey	Springville	x14.62
22 Dietsch, Emma	Lisbon	x14.62
23 Dohmen, Lily	North Cedar	14.69
24 Steines, Vanessa	Bellevue	14.79
25 Feller, Hailey	Bellevue	x15.00
26 Lynn, Grace	Alburnett	x15.13
27 Michael, Abby	North Linn	15.29
28 Hazelett, Brena	Highland	x15.33
29 Raphael, Carla	Hillcrest	x15.44
30 McGraw, Claire	North Linn	15.54
31 Brand, Madison	West Branch	x15.55
32 Bruns, McKenna	North Linn	x15.57
33 Cavey, Evelyn	C-Wheatland	x15.88
34 Sprank, Avery	Bellevue	x15.94
35 Husmann, Cailyn	North Cedar	x16.12
36 Levien, Quinn	C-Wheatland	x16.38
37 Linn, Olivia	West Branch	x16.48

Event 20 Boys 100 Meter Dash**Meet Record: 10.81 ! 4/13/2023 Baylor Speidel**

Name	School	Finals
1 Kilburg, Keenan	Bellevue	10.97 10
2 Pedersen, Brandon	West Branch	11.13 8
3 Varner, Cash	Alburnett	11.30 6
4 Miller, Logan	North Linn	11.66 5
5 Stone, Ethan	Lisbon	11.70 4
6 Mielk, Jade	Northeast, G	11.81 3
7 Scott, Owen	Hillcrest	12.02 2
8 Stark, Ayden	Bellevue	12.04 1
9 Geltz, Preston	Anamosa	12.06
10 Paulsen, Kinnick	Bellevue	x12.10
11 Clark, Nate	Highland	12.18
12 Camp, Kody	Northeast, G	12.19
13 Rushton, Maddux	West Branch	12.21
14 Bee, Asa	Lisbon	12.27
15 Carolan, Liam	Alburnett	12.30

2025 Lisbon Invitational**Lisbon High School****Results****Finals ... (Event 20 Boys 100 Meter Dash)**

Name	School	Finals
16 Nielsen, Jackson	North Linn	12.44
17 Eskildsen, Maxzen	Northeast, G	x12.65
18 Bell, Dylan	North Cedar	12.70
19 Nelson, Carter	West Branch	x12.98
20 Peek, Jaxson	North Cedar	13.05
21 Schemers, Daniel	Northeast, G	x13.06
22 Johnston, Motley	West Branch	x13.12
23 Moses, Jacob	Anamosa	13.18
24 Hittenmiller, Ethan	Bellevue	x13.22
25 Brokaw, Jaxson	Hillcrest	13.32
26 Moorman, Kolson	Springville	13.34
27 Palmieri, D'Angelo	Anamosa	x13.39
28 Hennig, Magnus	Springville	13.41
29 Fall, Spencer	Lisbon	x13.44
30 Winterhof, Emmet	North Linn	x13.47
31 Hines, Benjamin	C-Wheatland	13.55
32 Robinson, Jackson	Highland	13.65
33 Arment, Calen	Alburnett	x13.78
34 Montgomery, Hayden	Lisbon	x13.93
35 Singh, Taran	Springville	x14.23
36 Robinson, Chase	Highland	x14.75
37 McGraw, Cameron	Alburnett	x14.88
38 Brady, Masen	Springville	x16.83
39 Stoeffler, Liam	North Cedar	x16.96
40 Lenhart-Muhs, Gavin	North Cedar	x18.61

Event 23 Girls Distance Medley**Meet Record: 4:46.07 ! 4/13/2023 Anamosa****R Neuhaus, R Nebergall, G Kjormoe, S Venenga**

Team	Relay	Finals
Finals		
1 Alburnett	A	4:45.21! 10
1) Bueckers, Annika	2) Nannelli, Bristol	
3) Landa, Ingrid	4) Goldbeck, Amelia	
2 North Linn	A	4:53.36 8
1) Benesch, Irys	2) Duffy, Amelie	
3) Haughenbury, Lucy	4) Rawson, Delanie	
3 Bellevue	A	4:55.66 6
1) Steines, Laney	2) Tath, Cydney	
3) Hoerschelman, Ava	4) Hingtgen, Gabby	
4 West Branch	A	4:57.93 5
1) Vargason, Alyssa	2) Finzel, Lila	
3) Nash, Sydney	4) Maier, Gentry	
5 Anamosa	A	4:58.63 4
1) Lloyd, Leah	2) Shaffer, Johanna	
3) Uthoff, Rheagyn	4) Heying, Brooke	
6 Springville	A	4:59.62 3
1) Hoge, Ella	2) Taube, Haylee	
3) Williams, Madison	4) Williams, Anabelle	
7 C-Wheatland	A	5:01.77 2
1) Balichek, Belle	2) Connolly, Arianna	
3) Slaymaker, Liza	4) Buchanan, Alysha	

8 Lisbon	A	5:07.15 1
1) Ferguson, Kinzey	2) Chalupa, Violet	
3) Mayhew, Leila	4) Adams, Mia	
9 Highland	A	5:20.31
1) Sexton, Ava	2) Schlabaugh, Ella	
3) Hahn, Aubrey	4) Bombei, Grace	

Event 24 Boys Distance Medley**Meet Record: 3:41.70 ! 4/15/2021 Calamus Wheatland****C Scheer, C Cavey, B Buchmeyer, C Knoche**

Team	Relay	Finals
Finals		
1 Lisbon	A	3:36.81! 10
1) Meeks, Ryder	2) McFarlane, Chase	
3) Ross, Caleb	4) Armstrong, Anthony	
2 Anamosa	A	3:41.54! 8
1) Shaw, Reilly	2) Bentley, Asa	
3) Lasack, Parker	4) Burrell, Jackson	
3 C-Wheatland	A	3:48.40 6
1) Hostens, Daithan	2) Grell, True	
3) Klatt, Chase	4) Mohr, Mason	
4 Highland	A	3:49.50 5
1) Hernandez, Elvin	2) Wheeler, Caleb	
3) Nebergall, Brock	4) Hartzler, Noah	
5 West Branch	A	3:52.92 4
1) Gross, Garrison	2) Seydel, Griffin	
3) Christoffel, Logan	4) MacGillvary, Lynden	
6 Alburnett	A	3:55.54 3
1) Haugh, Ben	2) Carolan, Liam	
3) Frey, Hunter	4) Scott, Brady	
7 Northeast, GL	A	3:57.66 2
1) Fisher, Micylus	2) Dellit, Brody	
3) Sweely, Clayton	4) Christiansen, Jaxen	
8 Bellevue	A	4:03.89 1
1) Decker, Kindrick	2) Schmidt, Joshua	
3) Kilburg, Connor	4) Sullivan, Brody	
9 North Cedar	A	4:12.88
1) Litscher, Carson	2) McMellan, Derin	
3) Schroeder, Max	4) Sturtz, Cameron	
10 Springville	A	4:27.42
1) Sweet, Noah	2) King, Zachary	
3) Paulson, Roman	4) Howard, Yosie	

Event 25 Girls 400 Meter Dash**Meet Record: 1:02.63 ! 4/15/2021 Nia Howard**

Name	School	Finals
Finals		
1 Fishell, Adah	Alburnett	1:02.20! 10
2 Rohwedder, Livia	Anamosa	1:04.45 8
3 Happel, Jaycie	Lisbon	1:05.56 6
4 Pleasant, Emma	Lisbon	1:08.98 5
5 Uthoff, Rheagyn	Anamosa	1:10.22 4
6 Depoorter, Brooklyn	West Branch	1:12.58 3
7 Bartlett, Rylie	Alburnett	1:14.16 2
8 Oltmanns, Lauren	Anamosa	x1:15.12
9 Roberts, Ariani	Bellevue	1:15.85 1

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Results

Finals ... (Event 25 Girls 400 Meter Dash)

Name	School	Finals
10 McGraw, Claire	North Linn	1:17.10
11 Husmann, Cailyn	North Cedar	1:17.79
12 Shawgi, Zainab	Hillcrest	1:17.80
13 Fort, Audrey	Anamosa	x1:19.49
14 Gross, Gisele	West Branch	1:22.58
15 Hugo, Graci	C-Wheatland	1:24.01

Event 26 Boys 400 Meter Dash

Meet Record: 54.96 ! 4/15/2021 Nolan McLean

Name	School	Finals
Finals		
1 Bueckers, Caiden	Alburnett	49.80! 10
2 VanOort, Clancey	North Cedar	50.92! 8
3 Sprague, Dain	C-Wheatland	54.41! 6
4 Stout, Ty	West Branch	54.62! 5
5 Koenig, Lincoln	Bellevue	56.32 4
6 Boone, Xavyer	West Branch	56.89 3
7 Yaddof, Aidan	C-Wheatland	57.16 2
8 Harmsen, Heath	Northeast, G	57.57 1
9 Elvert, Reed	C-Wheatland	x57.77
10 Martin, Kaden	Lisbon	58.62
11 Griebel, Anderson	Bellevue	58.70
12 Burke, Nolan	North Linn	59.60
13 Estell, Kayden	Hillcrest	59.72
14 Boots, Brogan	Lisbon	1:00.15
15 Schroeder, Hunter	Northeast, G	1:00.28
16 Hewer, Austin	C-Wheatland	x1:00.78
17 Sundstrom, Kristofer	Anamosa	1:00.88
18 Bohl, Henry	Alburnett	1:01.36
19 Palmieri, D'Angelo	Anamosa	1:01.92
20 Beatty, Tanner	Lisbon	x1:02.63
21 Brokaw, Jaxson	Hillcrest	1:03.17
22 Rabe, Eli	Springville	1:04.26
23 Chrisman, Luke	Springville	1:06.71
24 Mosby, Joshua	North Linn	1:07.28
25 Crist, Julius	Alburnett	x1:07.53
26 Olinger, Wyatt	Alburnett	x1:09.32
27 Winterhof, Emmet	North Linn	x1:09.48
28 Paulsen, Connor	Anamosa	x1:10.36
29 Robinson, Jackson	Highland	1:11.91

Event 29 Girls 4x200 Meter Relay

Meet Record: 1:51.22 ! 4/13/2023 West Branch

I Senio, A Finley, J Falco, A Schultes

Team	Relay	Finals
Finals		
1 Highland	A	1:50.84! 10
1) Bell, Sienna	2) Brun, Hailey	
3) Ruess, Kinzie	4) Hahn, Alexa	
2 Anamosa	A	1:51.75 8
1) Bonifazi-King, Rebekah	2) La Rue, Gabrielle	
3) Albrecht, Shaylynn	4) Kjormoe, Gabriella	

3 Bellevue	A	1:51.98 6
1) McCombie, Karley	2) Tath, Cydney	
3) Leibfried, Bella	4) Lambe, Leah	
4 Lisbon	A	1:52.44 5
1) Jarchow, Jordyn	2) Roos, Quinn	
3) Epperly, Paige	4) Patterson, Brynnley	
5 West Branch	A	1:53.47 4
1) Lacina, Ava	2) Senio, Kainoa	
3) Crutchley, Dani	4) Skay, Lexi	
6 North Cedar	A	1:55.14 3
1) Sandberg, Reese	2) Lehrman, Addyson	
3) Kreel, Brookelynn	4) Curley, Caylee	
7 Springville	A	1:58.03 2
1) Hansen, Elizabeth	2) Bongolan, Pinky	
3) Olson, Cali	4) Barker, Hensley	
8 North Linn	A	1:58.08 1
1) Benesch, Irys	2) Haughenbury, Lucy	
3) Wegmann, Aliyah	4) Duffy, Amelie	
9 Lisbon	B	x2:01.36
1) Ferguson, Kinzey	2) Chalupa, Violet	
3) Roos, Alexa	4) Reiter, Emersyn	
10 Alburnett	A	2:01.65
1) Cushman, Kylie	2) Flannery, Livia	
3) Ovel, Olivia	4) Wickman, Morgan	
11 West Branch	B	x2:03.92
1) Hansen, Karlee	2) Finzel, Lila	
3) Brand, Madison	4) Jennings, Kinsley	
12 Alburnett	B	x2:09.78
1) Kissling, Zoey	2) Lynn, Grace	
3) Burger, Jailyann	4) Kavanaugh, Taylor	
13 C-Wheatland	B	2:10.39
1) Cavey, Evelyn	2) Hahn, Kylie	
3) Olson, Valerie	4) Hipkins, Grace	
14 Anamosa	B	x2:17.00
1) Kettisen, Lova	2) Ames, Adriana	
3) Temple, Hannah	4) Tjaden, Arianah	

Event 30 Boys 4x200 Meter Relay

Meet Record: 1:32.38 ! 4/13/2023 Lisbon

D Clark, R Fridley, T Boots, B Speidel

Team	Relay	Finals
Finals		
1 West Branch	A	1:30.88! 10
1) Marsh, Arik	2) Naber, Lincoln	
3) Weckmann, Julian	4) Pedersen, Brandon	
2 North Linn	A	1:35.64 8
1) Haughenbury, James	2) Wheatley, Braden	
3) Bistline, Bradyn	4) Sommerfelt, Will	
3 Springville	A	1:36.27 6
1) Lansing, Luke	2) March, Jace	
3) Rouse, Conlin	4) Hoy, Mason	
4 Northeast, GL	A	1:37.54 5
1) Eskildsen, Maxzen	2) Mielk, Jade	
3) Camp, Kody	4) Kleinschmidt, Jackson	

2025 Lisbon Invitational**Lisbon High School****Results****Finals ... (Event 30 Boys 4x200 Meter Relay)**

Team	Relay	Finals
5 West Branch	B	x1:38.28
1) Harris, Jayden	2) Hansen, Reid	
3) Ziehr, Benjamin	4) Rushton, Maddux	
6 C-Wheatland	A	1:38.54 4
1) Koch, Brody	2) Hostens, Daithan	
3) Green, Logan	4) Klatt, Chase	
7 Lisbon	A	1:42.16 3
1) Kelsey, Ian	2) Kahl, Klayton	
3) Mitchell, Logan	4) Schumacher, Calder	
8 Alburnett	A	1:42.81 2
1) Haugh, Ben	2) Carolan, Liam	
3) Hopp, Henry	4) Strang, Clayton	
9 Anamosa	A	1:44.34 1
1) Geltz, Preston	2) Simmons, Caleb	
3) Smith, Tristan	4) Appelhans, Garrett	
10 North Linn	B	x1:45.42
1) Nielsen, Jackson	2) Thompson, Liam	
3) Miller, Logan	4) VanMilligan, Penn	
11 Bellevue	A	1:46.22
1) Gassman, Samuel	2) Amling, Hunter	
3) Hittenmiller, Ethan	4) Decker, Kelson	
12 Northeast, GL	B	x1:46.75
1) Schemers, Daniel	2) Jensen, Jayden	
3) Schemers, Darren	4) Christiansen, Carver	
13 Alburnett	B	x1:50.73
1) Alcorn, Caleb	2) Scott, Jackson	
3) Mrozek, Erik	4) Bluedorn, Arlo	

Event 31 Girls 100 Meter Hurdles**Meet Record: 15.38 ! 4/15/2021 Kelly Proesch**

Name	School	Finals
Finals		
1 Neighbor, Miranda	Alburnett	15.38! 10
2 Jacobi, Rowan	Springville	16.30 8
3 McGraw, Josie	Alburnett	17.23 6
4 DeMean, Morgan	Springville	18.06 5
5 Singbeil, Maiya	Highland	18.37 4
6 Henderson, Harley	North Linn	18.44 3
7 Hazelett, Brena	Highland	18.55 2
8 Robertson, Hayden	Springville	x18.84
9 Albrecht, Shaylynn	Anamosa	19.16 1
10 Bell, Sienna	Highland	x19.28
11 Vargason, Alyssa	West Branch	19.50
12 McWherter, Grace	Anamosa	19.71
13 Roberts, Ariani	Bellevue	22.13
14 McMahon, Lillian	North Linn	22.60

Event 32 Boys 110 Meter Hurdles**Meet Record: 15.25 ! 4/13/2023 Ben Morningstar**

Name	School	Finals
Finals		
1 Staker, Nolan	West Branch	15.18! 10
2 Kilburg, Keenan	Bellevue	15.21! 8
3 Scott, Gibson	Hillcrest	16.83 6

4 Misener, Beckett	Alburnett	16.90 5
5 Pitts, Mason	Bellevue	18.08 4
6 Knickerbocker, Hayden	Alburnett	18.18 3
7 Dryman, Connor	Bellevue	x18.67
8 Choate, Isaac	North Cedar	18.72 2
9 Seydel, Brooks	West Branch	19.19 1
10 Hatch, Ryan	North Linn	20.55
11 Rogan, Walter	North Linn	20.78

Event 33 Girls 800 Meter Run**Meet Record: 2:38.39 ! 4/13/2023 Savanna Venenga**

Name	School	Finals
Finals		
1 Hamann, Grace	West Branch	2:15.68! 10
2 Lloyd, Mason	Anamosa	2:34.97! 8
3 Jensen, Alexis	Lisbon	2:35.01! 6
4 Hahn, Aubrey	Highland	2:45.47 5
5 Ruess, Quinn	Anamosa	2:50.65 4
6 Ford, Nora	Alburnett	2:52.29 3
7 Feldman, Harper	Lisbon	2:52.40 2
8 Hingtgen, Gabby	Bellevue	2:54.30 1
9 Gilchrist, Leia	Alburnett	2:54.36
10 Heying, Brooke	Anamosa	x2:58.14
11 Swisher, Cassie	West Branch	2:59.27
12 Guhl, Eloise	West Branch	x3:03.91
13 Hugo, Graci	C-Wheatland	3:25.19

Event 34 Boys 800 Meter Run**Meet Record: 2:02.07 ! 4/15/2021 Chase Knoche**

Name	School	Finals
Finals		
1 Weers, Nolan	Anamosa	2:01.02! 10
2 Bemer, Ben	Alburnett	2:05.53 8
3 Nebergall, Brock	Highland	2:08.85 6
4 Strong, Wesley	West Branch	2:09.93 5
5 Hartzler, Noah	Highland	2:10.40 4
6 Kilburg, Connor	Bellevue	2:10.66 3
7 Happel, Kyler	Lisbon	2:11.10 2
8 Yaddof, Aidan	C-Wheatland	2:12.72 1
9 Beinhart, Brody	Highland	x2:16.05
10 Scott, Brady	Alburnett	2:16.09
11 Kleinschmidt, Jackson	Northeast, G	2:17.83
12 Swanton, David	Northeast, G	2:23.63
13 Staker, Ty	West Branch	2:23.98
14 Green, Logan	C-Wheatland	2:25.99
15 Moore, Hank	Springville	2:27.43
16 Sullivan, Brody	Bellevue	2:27.99
17 Embree, Griffin	Anamosa	2:32.06
18 Wiese, Nathan	C-Wheatland	x2:41.49
19 Sporrer, Noah	Lisbon	2:44.70
20 Malachi, Herrick	Anamosa	x2:50.84

2025 Lisbon Invitational**Lisbon High School****Results****Event 35 Girls 200 Meter Dash****Meet Record: 27.13 ! 4/15/2021 Kelly Proesch**

Name	School	Finals
Finals		
1 Scott, Rya	Hillcrest	26.36! 10
2 Lambe, Leah	Bellevue	27.63 8
3 Robinson, Arianna	North Cedar	27.90 6
4 Balichek, Belle	C-Wheatland	28.07 5
5 Scott, Adia	Hillcrest	28.26 4
6 Landa, Ingrid	Alburnett	28.32 3
7 Roos, Quinn	Lisbon	28.51 2
8 Shaffer, Johanna	Anamosa	28.67 1
9 Lacina, Ava	West Branch	28.94
10 Epperly, Paige	Lisbon	29.02
11 Lloyd, Leah	Anamosa	29.36
12 Helmuth, Niva	Hillcrest	x29.53
13 Waters, Cameron	West Branch	29.59
14 Depoorter, Brooklyn	West Branch	x29.78
15 McWherter, Grace	Anamosa	x29.88
16 Schlabaugh, Ella	Highland	29.92
17 Hoge, Ella	Springville	30.04
18 Davis, Brea	C-Wheatland	30.09
19 Levien, Quinn	C-Wheatland	x30.11
20 Duffy, Amelie	North Linn	30.12
21 Lehrman, Addyson	North Cedar	30.19
22 Wegmann, Aliyah	North Linn	30.30
23 Teymer, Kaylee	Springville	30.43
24 Taube, Haylee	Springville	x30.43
25 Martin, Jacey	Springville	x30.59
26 Dohmen, Lily	North Cedar	x30.60
27 Ferguson, Kinzey	Lisbon	x30.80
28 Steines, Vanessa	Bellevue	31.70
29 Michael, Abby	North Linn	x32.06
30 Cushman, Kylie	Alburnett	32.31
31 Lynn, Grace	Alburnett	x33.21
32 Raphael, Carla	Hillcrest	x33.45
33 Sprank, Avery	Bellevue	x35.94
34 Avis, Tori	Alburnett	x35.99
35 Ames, Adriana	Anamosa	x40.52

Event 36 Boys 200 Meter Dash**Meet Record: 22.58 ! 4/13/2023 Braydon Osborn**

Name	School	Finals
Finals		
1 VanOort, Clancey	North Cedar	22.72 10
2 Sommerfelt, Will	North Linn	23.58 8
3 Wilhelm, Kinnick	Alburnett	23.62 6
4 Meeks, Ryder	Lisbon	24.05 5
5 Hansen, Reid	West Branch	24.20 4
6 Haugh, Ben	Alburnett	24.34 3
7 Bentley, Asa	Anamosa	24.37 2
8 Simmons, Colton	Anamosa	24.54 1
9 Estell, Kayden	Hillcrest	24.65
10 Wheeler, Caleb	Highland	24.83
11 Sweely, Clayton	Northeast, G	24.96

12 Huerta-Vazquez, Nelson	Anamosa	x24.97
13 Bee, Asa	Lisbon	24.99
14 Scott, Gibson	Hillcrest	25.01
15 Haines, Haydon	West Branch	25.04
16 Koch, Brody	C-Wheatland	25.31
17 Rushton, Maddux	West Branch	x25.36
18 Grell, True	C-Wheatland	25.39
19 Burke, Nolan	North Linn	25.59
20 Schmidt, Joshua	Bellevue	25.70
21 Clark, Nate	Highland	25.78
22 Harmsen, Heath	Northeast, G	25.87
23 Griebel, Anderson	Bellevue	25.94
24 Hostens, Daithan	C-Wheatland	x26.21
25 Sweet, Noah	Springville	26.22
26 Elvert, Reed	C-Wheatland	x26.35
27 Applegate-Clark, Colin	Lisbon	x26.52
28 Jacobi, Reece	Springville	26.97
29 Decker, Kelson	Bellevue	x27.12
30 Peek, Jaxson	North Cedar	27.18
31 Moorman, Kolson	Springville	x27.42
32 Alcorn, Caleb	Alburnett	x27.67
33 Paulson, Roman	Springville	x28.23
34 fuentes, jaret	West Branch	x28.32
35 Mosby, Joshua	North Linn	x28.93
36 Winterhof, Emmet	North Linn	x29.86
37 McGraw, Cameron	Alburnett	x30.16
38 Robinson, Chase	Highland	x30.93
39 Stoeffler, Liam	North Cedar	x35.13
40 Lenhart-Muhs, Gavin	North Cedar	x39.97

Event 39 Girls 400 Meter Hurdles**Meet Record: 1:08.98 ! 4/13/2023 Nia Howard**

Name	School	Finals
Finals		
1 Jacobi, Rowan	Springville	1:07.80! 10
2 Merritt, Addison	Springville	1:12.20 8
3 Cushman, Kylie	Alburnett	1:15.62 6
4 McGraw, Josie	Alburnett	1:20.52 5
5 Maier, Gentry	West Branch	1:22.20 4
6 Ruess, Quinn	Anamosa	1:23.02 3
7 Fort, Audrey	Anamosa	1:32.56 2

Event 40 Boys 400 Meter Hurdles**Meet Record: 56.99 ! 4/15/2021 Kole Becker**

Name	School	Finals
Finals		
1 Ossman, Logan	Alburnett	56.03! 10
2 Sprague, Dain	C-Wheatland	59.46 8
3 Koenig, Lincoln	Bellevue	1:00.56 6
4 Frey, Hunter	Alburnett	1:00.67 5
5 Dryman, Connor	Bellevue	1:00.73 4
6 Nunemaker, Drayden	Lisbon	1:01.44 3
7 Benesh, Levi	North Linn	1:03.96 2
8 Rogan, Walter	North Linn	1:04.91 1
9 Koenig, Pete	West Branch	1:05.13
10 Fox, Kage	Lisbon	1:06.84

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Finals ... (Event 40 Boys 400 Meter Hurdles)

Name	School	Finals
11 Simmons, Caleb	Anamosa	1:08.13
12 Moehlman, Elliott	Lisbon	x1:09.01
13 Miles, Michael	West Branch	1:13.49
14 Hatch, Ryan	North Linn	x1:13.67

Event 41 Girls 1500 Meter Run

Meet Record: 5:18.10 ! 4/13/2023 Hunter Jones

Name	School	Finals
Finals		
1 Bombei, Grace	Highland	5:37.05 10
2 Remley, Ava	Anamosa	5:51.27 8
3 Williams, Anabelle	Springville	6:04.31 6
4 Crist, Esme	Alburnett	6:07.45 5
5 Wickman, Morgan	Alburnett	6:13.26 4
6 Adams, Mia	Lisbon	6:19.31 3
7 Dighton, Holley	Lisbon	6:26.08 2
8 Waite, Katlynn	West Branch	6:34.90 1
9 Moehlman, Eliza	Lisbon	x6:38.56
10 Sundstrom, Kjersen	Anamosa	6:39.39
11 Sundstrom, Kathryne	Anamosa	x7:12.27
12 Horgen, Sage	West Branch	7:16.71

Event 42 Boys 1600 Meter Run

Meet Record: 4:52.10 ! 4/15/2021 Shea Keister

Name	School	Finals
Finals		
1 Gustafson, Hayden	Alburnett	4:32.63! 10
2 Feldman, Sawyer	Lisbon	4:33.05! 8
3 Mohr, Mason	C-Wheatland	4:37.25! 6
4 Happel, Kyler	Lisbon	5:02.49 5
5 Ellis, Cash	Alburnett	5:08.81 4
6 Taube, Tyler	Springville	5:13.87 3
7 Rickertsen, Alex	C-Wheatland	5:20.28 2
8 Appelhans, Garrett	Anamosa	5:24.54 1
9 Mayhew, Preston	West Branch	5:25.52
10 Sturtz, Cameron	North Cedar	5:45.07

Event 43 Girls 4x100 Meter Relay

Meet Record: 51.43 ! 4/13/2023 Lisbon

A Happel, A Czarnecki, B Epperly, P Robinson

Team	Relay	Finals
Finals		
1 Bellevue	A	51.81 10
1) McCombie, Karley	2) Steines, Laney	
3) Leibfried, Bella	4) Lambe, Leah	
2 West Branch	A	52.09 8
1) Holmes, Rena	2) Schultes, Addi	
3) Skay, Lexi	4) Hamann, Grace	
3 Anamosa	A	52.29 6
1) Bonifazi-King, Rebekah	2) La Rue, Gabrielle	
3) Albrecht, Shaylynn	4) Kjormoe, Gabriella	
4 Highland	A	52.43 5
1) Singbeil, Maiya	2) Fink, Kamryn	
3) Ruess, Kinzie	4) Hahn, Alexa	

5 Lisbon	A	52.98 4
1) Jarchow, Jordyn	2) Patterson, Brynnley	
3) Roos, Quinn	4) Epperly, Paige	
6 Alburnett	A	53.25 3
1) Moore, Taryn	2) Bueckers, Annika	
3) Nannelli, Bristol	4) Neighbor, Miranda	
7 North Cedar	A	54.40 2
1) Sandberg, Reese	2) Lehrman, Addyson	
3) Curley, Caylee	4) Kreel, Brookelynn	
8 Hillcrest	A	54.47 1
1) Raphael, Carla	2) Scott, Adia	
3) Helmuth, Niva	4) Scott, Rya	
9 Springville	A	54.71
1) Barker, Hensley	2) Bongolan, Pinky	
3) Olson, Cali	4) Hoge, Ella	
10 Springville	B	x56.25
1) DeMean, Morgan	2) Robertson, Hayden	
3) Teymer, Kaylee	4) Martin, Jacey	
11 North Cedar	B	x56.25
1) Husmann, Cailyn	2) Pruess, Emily	
3) Dohmen, Lily	4) Robinson, Arianna	
12 Lisbon	B	x57.48
1) Ferguson, Kinzey	2) Mayhew, Leila	
3) Roos, Alexa	4) Chalupa, Violet	
13 North Linn	A	58.76
1) Benesch, Irys	2) McMahon, Lillian	
3) Wegmann, Aliyah	4) Duffy, Amelie	
14 Highland	B	x59.74
1) Sexton, Ava	2) Bell, Sienna	
3) Hazelett, Brena	4) Schlabaugh, Ella	
15 North Linn	B	x1:00.37
1) Henderson, Harley	2) McGraw, Claire	
3) Michael, Abby	4) Bruns, McKenna	
16 Bellevue	B	x1:00.52
1) Steines, Vanessa	2) Feller, Hailey	
3) Hoerschelman, Ava	4) Roberts, Ariani	
17 Anamosa	B	x1:00.85
1) Kettisen, Lova	2) Temple, Hannah	
3) Oltmanns, Lauren	4) Tjaden, Arianah	
18 Alburnett	B	x1:00.98
1) Ovel, Olivia	2) Kissling, Zoey	
3) Burger, Jailynn	4) Kavanaugh, Taylor	
19 C-Wheatland	A	1:03.62
1) Levien, Quinn	2) Cavey, Evelyn	
3) Hahn, Kylie	4) Hipkins, Grace	
20 West Branch	B	x1:09.21
1) Snyder, Lyla	2) Goodale, Harlow	
3) Linn, Olivia	4) Jennings, Kinsley	

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Event 44 Boys 4x100 Meter Relay

Meet Record: 43.47 ! 4/13/2023 Lisbon

B Morningstar, L Czarnecki, T Boots, B Speidel

Team	Relay	Finals
Finals		
1 West Branch	A	43.60 10
1) Marsh, Arik	2) Gates, Keaton	
3) Staker, Nolan	4) Pedersen, Brandon	
2 Springville	A	44.90 8
1) Lansing, Luke	2) March, Jace	
3) Rouse, Conlin	4) Hoy, Mason	
3 West Branch	B	x45.88
1) Gross, Garrison	2) Ziehr, Benjamin	
3) Seydel, Griffin	4) Harris, Jayden	
4 Alburnett	A	45.99 6
1) Haugh, Ben	2) Wilhelm, Kinnick	
3) Misener, Beckett	4) Varner, Cash	
5 Northeast, GL	A	46.03 5
1) Eskildsen, Maxzen	2) Dellit, Brody	
3) Mielk, Jade	4) Fisher, Micylus	
6 North Linn	A	46.47 4
1) Haughenbury, James	2) VanMilligan, Penn	
3) Bistline, Bradyn	4) Mertens, Landon	
7 Lisbon	A	47.11 3
1) Meeks, Ryder	2) Stone, Ethan	
3) Bee, Asa	4) Rogers, Leon	
8 Anamosa	A	47.29 2
1) Geltz, Preston	2) Huerta-Vazquez, Nelson	
3) Simmons, Colton	4) Bentley, Asa	
9 North Cedar	A	48.44 1
1) Schroeder, Noah	2) Sturtz, Cameron	
3) Troughton, James	4) VanOort, Clancey	
10 North Linn	B	x48.50
1) Nielsen, Jackson	2) Miller, Logan	
3) Thompson, Liam	4) Burke, Nolan	
11 Bellevue	B	48.62
1) Decker, Kindrick	2) Schmidt, Joshua	
3) Bonifas, Trace	4) Griebel, Anderson	
12 Northeast, GL	B	x50.24
1) Camp, Kody	2) Schemers, Daniel	
3) Jensen, Jayden	4) Schemers, Darren	
13 North Cedar	B	x51.78
1) Peek, Jaxson	2) Litscher, Carson	
3) Gehring, Tyler	4) Schroeder, Max	
14 Highland	B	51.88
1) Robinson, Chase	2) Robinson, Jackson	
3) Clark, Nate	4) Wheeler, Caleb	
15 Springville	B	x53.13
1) King, Zachary	2) Perry, Tristan	
3) Weber, Isaac	4) Rabe, Eli	
16 Anamosa	B	x53.25
1) Smith, Tristan	2) Palmieri, D'Angelo	
3) Moses, Jacob	4) Paulsen, Connor	

17 Alburnett B x53.55

1) Frey, Jack 2) Arment, Calen
3) Bluedorn, Arlo 4) Hopp, Henry

18 C-Wheatland A 58.73

1) Schneider, Cy 2) Hines, Benjamin
3) Koch, Brennen 4) Gonzalez, Jesse

--- Bellevue A DQ

1) Kilburg, Keenan 2) hurley, charlie
3) Stark, Ayden 4) Paulsen, Kinnick

Event 45 Girls 4x400 Meter Relay

Meet Record: 4:19.16 ! 4/13/2023 Lisbon

A Clark, A Happel, P Robinson, M Krogmann

Team	Relay	Finals
Finals		
1 Alburnett	A	4:24.98 10
1) Fishell, Adah	2) Landa, Ingrid	
3) Nannelli, Bristol	4) Neighbor, Miranda	
2 Anamosa	A	4:25.46 8
1) Rohwedder, Livia	2) Kjormoe, Gabriella	
3) Shaffer, Johanna	4) Lloyd, Mason	
3 North Linn	A	4:27.80 6
1) McMahon, Peyton	2) Rawson, Delanie	
3) Hoover, Ava	4) Haughenbury, Lucy	
4 Lisbon	A	4:29.72 5
1) Happel, Jaycie	2) Jensen, Alexis	
3) Jarchow, Jordyn	4) Pleasant, Emma	
5 West Branch	A	4:37.54 4
1) Swisher, Cassie	2) Nash, Sydney	
3) Lacina, Ava	4) Guhl, Eloise	
6 Springville	A	4:40.65 3
1) Hansen, Elizabeth	2) Taube, Haylee	
3) Williams, Madison	4) Merritt, Addison	
7 Lisbon	B	x4:45.98
1) Mayhew, Leila	2) Feldman, Harper	
3) Chalupa, Violet	4) Roos, Alexa	
8 Alburnett	B	x4:48.56
1) Goldbeck, Amelia	2) Bartlett, Rylie	
3) Flannery, Livia	4) Ovel, Olivia	
9 C-Wheatland	A	4:54.95 2
1) Buchanan, Alysha	2) Slaymaker, Liza	
3) Balichek, Belle	4) Connelly, Arianna	

Event 46 Boys 4x400 Meter Relay

Meet Record: 3:31.19 ! 4/13/2023 Anamosa

S Countryman, A Cudahy, G Lubben, S Keister

Team	Relay	Finals
Finals		
1 Alburnett	A	3:25.83! 10
1) Bueckers, Caiden	2) Ossman, Logan	
3) Gustafson, Hayden	4) Bemer, Ben	
2 Bellevue	A	3:27.97! 8
1) Paulsen, Kinnick	2) Stark, Ayden	
3) Pitts, Mason	4) Kilburg, Keenan	

2025 Lisbon Invitational**Lisbon High School****Results****Finals ... (Event 46 Boys 4x400 Meter Relay)**

Team	Relay	Finals
3 West Branch	A	3:30.00! 6
1) Staker, Nolan	2) Naber, Lincoln	
3) Christoffel, Logan	4) Weckmann, Julian	
4 Lisbon	A	3:33.23 5
1) Ross, Caleb	2) McFarlane, Chase	
3) Speidel, Brody	4) Armstrong, Anthony	
5 North Linn	A	3:35.16 4
1) Thomsen, Landon	2) Wheatley, Braden	
3) Woods, Nolan	4) Sommerfelt, Will	
6 Anamosa	A	3:37.07 3
1) Lasack, Parker	2) Weers, Nolan	
3) Burrell, Jackson	4) Shaw, Reilly	
7 C-Wheatland	A	3:48.55 2
1) Yaddof, Aidan	2) Sprague, Dain	
3) Klatt, Chase	4) Elvert, Reed	
8 Anamosa	B	x3:49.30
1) Huerta-Vazquez, Nelson	2) Simmons, Colton	
3) Appelhans, Garrett	4) Simmons, Caleb	
9 Northeast, GL	A	3:49.90 1
1) Christiansen, Jaxen	2) Dellit, Brody	
3) Kleinschmidt, Jackson	4) Harmsen, Heath	
10 Bellevue	B	x3:57.30
1) Decker, Kindrick	2) Kilburg, Connor	
3) Sullivan, Brody	4) Griebel, Anderson	
11 C-Wheatland	B	x3:57.69
1) Green, Logan	2) Riedesel, Preston	
3) Hewer, Austin	4) Wiese, Nathan	
12 Springville	A	4:08.89
1) Derrick, Noah	2) Sweet, Noah	
3) Jacobi, Reece	4) Howard, Yosie	
13 Lisbon	B	x4:12.66
1) Martin, Kaden	2) Boots, Brogan	
3) Beatty, Tanner	4) Valdez, Wesley	
14 West Branch	B	x4:15.96
1) Nelson, Carter	2) Lynch, Camden	
3) Staker, Cash	4) Krall, Charlie	
15 Northeast, GL	B	x4:26.39
1) Schroeder, Hunter	2) Christiansen, Carver	
3) Swanton, David	4) Scriven, Cameron	

Men - Team Rankings - 19 Events Scored	
1) Alburnett	147
2) West Branch	127
3) Lisbon	90
4) Bellevue	66
5) C-Wheatland	62
5) Anamosa	62
7) North Linn	56
8) Northeast, GL	38
9) North Cedar	37
10) Springville	28
11) Highland	15
12) Hillcrest	8

Women - Team Rankings - 19 Events Scored

1) Anamosa	129
2) Alburnett	116
3) Highland	82
4) Lisbon	72
5) Springville	69
6) Bellevue	59
7) North Linn	54
8) West Branch	42
9) Hillcrest	28
10) C-Wheatland	23
11) North Cedar	19