

Eastern Iowa Track and Field Festival - 4/11/2026

West High School

Results

Event 1 Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Cedar Falls	A	1:47.12
1) Fritts, Sophia	2) Bell, La'Neeha	
3) Roussell, Kate	4) Davison, Presley	
2 Mt Vernon	A	1:48.28
1) Wischmeyer, Lucy	2) Karminski, Khloe	
3) Hale, Grace	4) Whitaker, CaliAna	
3 Mid-Prairie, W	A	1:48.63
1) Hershberger, Myli	2) Poll, Kyrie	
3) Evans, Jeorgia	4) Evans, Jovi	
4 Decorah	A	1:52.60
1) Essa, Audrey	2) Wilson, Renae	
3) Pole, Stella	4) Northup, Eden	
5 Prairie, CR	A	1:53.59
1) Langton, Aubrey	2) Tedrow, Kelsee	
3) Hughes, Sarah	4) Joens, Paisley	
6 Ic, Liberty	A	1:55.80
1) McGonegle, Ella	2) Wilson, Landry	
3) Meyers, Ava	4) Maher, Mackenzie	
7 Williamsburg	A	1:56.20
1) Uhlmann, Graceyn	2) Sanchez, Taylor	
3) Stratton, Sophia	4) Becker, Channing	
8 Ankeny	A	1:56.83
1) Graber, Lydia	2) Allison, Avah	
3) Kayser, Riley	4) Bach, Brylee	
9 CR Washington	A	1:57.52
1) Miles, Olivia	2) Thurmond, Cassie	
3) Crittenden, Kamarionna	4) Graw, Ava	
10 Pcm, Monroe	A	1:58.50
1) Lathrum, Peyton	2) DeVore, Ryan	
3) Teeter, Jorja	4) Fagg, Lexi	
11 South Tama	A	2:00.52
1) Nelson, Brylee	2) Rucker, Maylee	
3) Ridout, Scout	4) Hala, Olivia	
12 Van Buren	A	2:02.03
1) Troutman, Aida	2) Pedretti, Ali	
3) Loeffler, Ava	4) Philips, Rory	
13 Monticello	A	2:02.68
1) Marlowe, Mackylie	2) Jurgens, Avery	
3) McElmeel, Mallory	4) Norton, Addison	
14 Maquoketa	A	2:05.54
1) Galloway, Ryley	2) McLaughlin, Macklyn	
3) Widel, Cora	4) Armbruster, Justice	
15 Vinton-Shellbrg	A	2:10.20
1) Bunten, Maddie	2) Lynch, Adrina	
3) Hatchel, Dakota	4) Roster, Kaelynn	
16 Wat West	A	2:15.40
1) Mubibya, Victoria	2) Toe, Janet	
3) Kennedy, Britan	4) Mduku-Mavinga, Richna	
17 Keokuk	A	11:03:39.51
1) Crew, Bella	2) Courtney, Gabby	
3) Shead, Violet	4) Williams, Karsen	

18 Regina, IC	A	11:03:40.52
1) White, Margaret	2) Nicpon, Grace	
3) Wiltz, Jada	4) Erwin, Harper	
19 Dvpt, Central	A	11:03:50.57
1) Dollison, Amiyah	2) Klarkowski, Ruby	
3) Diaz, Mahlania	4) Boston, Jada	

Event 2 Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Grundy Center	A	1:33.92
1) Lebo, Pete	2) Hinders, Devin	
3) Jirovsky, Judd	4) Davie, Brayden	
2 Decorah	A	1:35.49
1) Quandahl, Landon	2) Webb, Peyton	
3) Kuennen, Trevor	4) Walter, Davis	
3 Wapsie Val, F	A	1:36.29
1) Dana, Cadyn	2) Etringer, Dayton	
3) Cox, Kiptyn	4) Bantz, Braden	
4 Cedar Falls	A	1:36.31
1) Fuchtman, Ian	2) Remmert, Will	
3) Terwilliger, Luke	4) Fauser, Judah	
5 Danville	A	1:36.62
1) Bielser, Drake	2) Nealey, Byers	
3) Frazier, Ty	4) Horn, Noah	
6 Albia	A	1:36.90
1) Hemann, Parker	2) Hilton, Eli	
3) Hutchinson, Kael	4) Buckingham, Beau	
7 W Delaware	A	1:36.96
1) Cantwell, Jack	2) Schnieders, Austin	
3) Smith, Emerson	4) Hemann, Nolan	
8 Prairie, CR	A	1:37.29
1) Stevens, Bennett	2) Peterka, Brady	
3) Byishimo, Mereweneza	4) Irishura, Noel	
9 Ic, West	A	1:37.40
1) Davis, Corey	2) Pietrzak, Karston	
3) Olaleye, Tomi	4) Jacobsen, Logan	
10 Ic, Liberty	A	1:38.00
1) Rozz, Leo	2) Dixon, Demarcus	
3) Schweitzer, Rylen	4) McDowell, Jaylen	
11 Solon	A	1:38.08
1) Wildrick, Channing	2) Hancox, Sawyer	
3) Burg, Greyson	4) Holtkamp, Paxton	
12 Maquoketa Valley	A	1:38.47
1) Hunt, Kash	2) Knipper, Dylan	
3) Stone, Macoy	4) Strickland, Dashawn	
13 Pcm, Monroe	A	1:38.61
1) Houser, Jaden	2) Daye, Lewis	
3) Ferneding, Joey	4) Fraker, Dane	
14 Ic, City High	A	1:38.88
1) Sanders, Davon	2) Westerdahl, Arrow	
3) Byrd, Wyatt	4) Turnbough, Carter	
15 Regina, IC	A	1:39.40
1) Swen, Philip	2) Burke, Emmett	
3) Koch, Hudson	4) Hinkel, Holt	

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Finals ... (Event 2 Boys 800 Sprint Medley)

Team	Relay	Finals
16 South Tama	A	1:39.57
1) Schroeder, Izak	2) Villa, Alfredo	
3) Brant, Ryan	4) Houghton, Josiah	
17 Anamosa	A	1:39.87
1) Shaw, Reilly	2) Geltz, Preston	
3) Lasack, Parker	4) Burrell, Jackson	
18 Hudson	A	1:39.96
1) Coulson, Hunter	2) Nesteby, Jackson	
3) Griffin, Drake	4) Bell, Owen	
19 Denver	A	1:40.01
1) Jacque, Remmington	2) Rabenhorst, Josh	
3) Hovey, Brayton	4) Cooper, Jack	
20 Vinton-Shellbrg	A	1:40.06
1) Grimm, Kashton	2) Johnson, Jacoby	
3) Druschel, Tate	4) Lamont, Lincoln	
21 Springville	A	1:40.57
1) Lansing, Luke	2) Moorman, Kolson	
3) Hoy, Mason	4) Rouse, Conlin	
22 Muscatine	A	1:40.86
1) Roeth, Sam	2) Hardman, Chase	
3) Gonpue, Adrian	4) Becker, Talan	
--- Treynor	A	DQ
1) Sornson, Jett	2) Dirks, Keatyn	
3) Meyers, Drew	4) Mieska, Finn	
--- West Liberty	A	DQ
1) Simon, Asher	2) Bragg, Kaydn	
3) Simon, Lleyton	4) Shield, Pierre	

Event 4 Girls 3000 Meter Run

Name	School	Finals
Finals		
1 Sullivan, Joley	Dvpt, Centra	9:58.45
2 Burns, Abigail	Ic, City Hig	10:04.41
3 Rump, Avery	Fort Madison	10:28.43
4 Ollivierre, Nakia	Wat West	10:43.38
5 Landstrum, Kendal	Mid-Prairie,	10:50.34
6 Stutzman, Brooklyn	Mid-Prairie,	10:50.92
7 Brack, Rhemidy	Dvpt, Centra	10:56.95
8 Smith, Cora	Mt Vernon	10:59.41
9 Fruin, Calissa	Ic, City Hig	11:01.79
10 Groteluschen, Harper	Prairie, CR	11:04.97
11 Doster, Eliza	Ic, City Hig	11:13.14
12 Hostetler, Rachel	Mid-Prairie,	11:13.24
13 Bechen, Briel	Dub Senior	11:28.50
14 Rump, Addison	Fort Madison	11:36.13
15 Stanerson, Siena	Hillcrest	11:37.45
16 Prunty, Kinsey	Wayne, Coryd	11:46.38
17 Lee, Quintrie	Mt Pleasant	11:48.90
18 Hilsabeck, Ali	Pem, Monroe	11:52.64
19 Williams, Aleah	Ic, Liberty	12:05.41
20 Ahn, Mia	Ic, West	12:17.17
21 Nesbit, Maddie	Jesup	12:23.09

Event 5 Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Williams, Dominic	Cedar Falls	9:12.87
2 Johnson, Kyle	Prairie, CR	9:18.82
3 Kirman, Jack	Dub Senior	9:30.30
4 Anderson, Lucas	Chariton	9:32.92
5 Wendel, Simon	Mediapolis	9:38.79
6 Gall, Jeremy	Cedar Falls	9:44.43
7 Carrizales, Cole	Prairie, CR	9:45.02
8 Nimrod, Clarence	Decorah	9:45.70
9 Weiler, Jake	Ic, West	9:45.78
10 Stuart, Cy	Chariton	9:51.91
11 Formanek, Matthew	Prairie, CR	9:55.34
12 Kroger, Graden	Dub Senior	9:55.43
13 Jesina, Barrett	South Tama	9:56.60
14 Strohman, Cody	Cedar Falls	9:57.71
15 Randall, David	Ic, City Hig	10:05.60
16 Hrdlicka, Derek	Decorah	10:08.99
17 Nesbit, Will	Jesup	10:11.52
18 Swartzentruber, Max	Mid-Prairie,	10:14.83
19 Wiethorn, Dillon	Prairie, CR	10:15.27
20 Merrill, Evan	Ic, West	10:22.70
21 Elbeshti, Ahmed	Ic, West	10:39.75

Event 6 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Dub Senior	A	9:43.89
1) Kessler, Nevaeh	2) Hoyer, Lise	
3) Gilligan, Annie	4) Chesterman, Emma	
2 Van Meter	A	9:52.37
1) Halfpap, Olivia	2) Hunter, Lydia	
3) Streck, Laura	4) McCann, Lizzy	
3 Cedar Falls	A	9:58.44
1) Leehey, Olivia	2) Searfoss, Ainsley	
3) Cousin, June	4) McNally, Emerlyn	
4 Decorah	A	10:01.20
1) Volkmann, Olivia	2) Newhouse, Raelyn	
3) Holthaus, Lauren	4) Hurley, Eva	
5 Pcm, Monroe	A	10:11.15
1) Teeter, Abi	2) Wheeler, Bailey	
3) DeRaad, Darbey	4) Milani, Lila	
6 Ic, West	A	10:13.26
1) Hodge, Adrienne	2) Twait, Ava	
3) DeWaard, Ellie	4) Van Waning, Kate	
7 Mediapolis	A	10:22.57
1) Beschorner, Gracie	2) Wright, Bryn	
3) Zaugg, Maylen	4) Dietz, Avery	
8 Wat West	A	10:24.95
1) O'Brien, Taniya	2) Hernandez, Semani	
3) Younger, Maddison	4) Ollivierre, Nakia	
9 Prairie, CR	A	10:38.20
1) Faul, Ella	2) Roe, Anika	
3) Ajram, Lamise	4) Hughes, Sarah	

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Finals ... (Event 6 Girls 4x800 Meter Relay)

Team	Relay	Finals
10 Dvpt, Central	A	10:44.51
1) Moeller, Sloane	2) Hanson, Izzie	
3) Thiessen, Katie	4) DeToye, Emma	
11 CR Washington	A	10:48.52
1) LeVake, Haddie	2) Dyer, Madelyn	
3) Lindwall, Maya	4) Graw, Ava	

Event 7 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Decorah	A	7:55.59
1) See, Garrett	2) Coppola, Bennett	
3) Fullhart, Bill	4) Stemper, Mitchell	
2 Ic, Liberty	A	8:05.42
1) Hildebrand, Lars	2) Hildebrand, Hans	
3) Kinzer, Maxwell	4) Decker, Keegan	
3 Ic, City High	A	8:08.18
1) Palmberg, Emmett	2) Elwell, Benjamin	
3) McRoberts, Linus	4) McDowell, Maxwell	
4 Ic, West	A	8:11.02
1) Hanna, Michael	2) Olaleye, Dara	
3) Bruzek, Zachariah	4) Tong, Thomas	
5 Solon	A	8:22.29
1) Michels, Spencer	2) Recker, Kaden	
3) Young, Owen	4) Bevans, Jaimyn	
6 Chariton	A	8:23.17
1) Reed, Titan	2) Dixon, Cody	
3) Cain, Austin	4) Crabb, Brent	
7 Prairie, CR	A	8:25.72
1) Lange, Samuel	2) Dahlem, Elijah	
3) Frost, Jonah	4) Nove, Mason	
8 Waukon	A	8:31.83
1) Cahalan, Kelby	2) Stock, Sam	
3) Knox, Parker	4) Delaney, Beckham	
9 Muscatine	A	8:33.08
1) Bullock, Aiden	2) Houseman, Carter	
3) Goodwin, Owen	4) Martin, Carson	
10 Cedar Falls	A	8:47.89
1) Rea, Ethan	2) Martin, Gaige	
3) Friesner, Jason	4) Hudson, Jace	
11 South Tama	A	8:53.49
1) Jesina, Brady	2) Cecak, Carver	
3) Martinez-Alvarado, Henri	4) Lambert, Jonathan	
12 Nashua-Plainfld	A	8:57.12
1) Mitchell, Braeden	2) Hansen, Jase	
3) Schmitt, Andrew	4) Zwanziger, Luke	
13 Denver	A	9:12.52
1) Miller, Caleb	2) Dahlager, Kale	
3) Doepke, Mitchell	4) Tucker, Colby	
14 Keokuk	A	9:16.67
1) Killoren, Carter	2) Karre, Evan	
3) Totten, Ethan	4) Zetterlund, Rollan	

Event 8 Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Decorah	A	1:09.37
1) Kerndt, Kelby	2) Ivy, Addisyn	
3) Riehle, Kennady	4) Wilson, Renae	
2 Van Meter	A	1:09.62
1) Keller, Kylie	2) Hall, Harper	
3) Bruins, Bella	4) Harkins, Burkli	
3 Regina, IC	A	1:09.78
1) Gavin, Betsy	2) Keune, Ella	
3) Wiltz, Jada	4) Naeve, Reese	
4 Mt Pleasant	A	1:12.01
1) Yoder, Jayden	2) White, Kynlee	
3) Carter, Meadow	4) Williamson, Taylor	
5 Springville	A	1:12.17
1) Jacobi, Rowan	2) DeMean, Morgan	
3) Merritt, Addison	4) Robertson, Hayden	
6 Ic, West	A	1:13.14
1) Graham, Savannah	2) Sieren, Ava	
3) Wing, Chelsi	4) Willis, Eva	
7 West Liberty	A	1:15.07
1) Christensen, Lorelei	2) Daufeldt, Kylee	
3) Garcia, Molly	4) Garcia, Liv	
8 Ic, Liberty	A	1:19.61
1) Meyers, Ava	2) Sharp, Aleksandra	
3) Daniels, Greta	4) Eckhardt, Cindy	
9 Dub Senior	A	1:19.84
1) Toshmatov, Evelyn	2) Drapeau, Cambel	
3) Markham, Payton	4) Hubbard, JaLiyah	

Event 9 Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Ic, West	A	57.21
1) Smock, Ely	2) Ibrahim, Waleed	
3) Towler, Cade	4) Gorsh, Ryder	
2 Treynor	A	1:00.51
1) Casey, Brock	2) Mieska, Jude	
3) Dirks, Kratyn	4) Mieska, Finn	
3 Cedar Falls	A	1:00.80
1) Hansen, Austin	2) Pauli, Wil	
3) Tamayo-Lopez, Jeremiah	4) Pauli, Julian	
4 Prairie, CR	A	1:02.04
1) Boxa, Junior	2) Mai, Dane	
3) Lund, Ashton	4) Bush, KeAndre	
5 West Liberty	A	1:04.15
1) Nicholson, Andre	2) Shield, Pierre	
3) Simon, Lleyton	4) Simon, Asher	
6 Denver	A	1:04.71
1) Cooper, Jack	2) Matthias, Myles	
3) Schoville, Jackson	4) Joerger, Jackson	
7 Regina, IC	A	1:05.28
1) Hinkel, Holt	2) Keech, Conor	
3) Poe, Zachary	4) Schuessler, Gabe	

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Finals ... (Event 9 Boys 4x110 Meter Shuttle Hurdle)

Team	Relay	Finals
8 W Delaware	A	1:05.95
1) Weis, Kinnick	2) Pasker, Kyle	
3) Maury, Bryce	4) Wilson-Bries, Tate	
9 Solon	A	1:06.44
1) Brandt, Will	2) Bigelow, Michael	
3) Moore, Justin	4) Shipley, Easton	
10 Nashua-Plainfld	A	1:06.64
1) Foelske, Landon	2) Gerholdt, Clayden	
3) Blanchard, Devon	4) Zimmer, Tyler	
11 Mid-Prairie, W	A	1:07.51
1) Kos, Kendrick	2) Lueck, Thomas	
3) Miller, Oliver	4) Humphrey, Carson	

Event 10 Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Evans, Georgia	Mid-Prairie,	12.42
2 Johnson, Natalie	Algona	12.50
3 Stiefel, Mylee	Burlington	12.56
4 Evans, Jovi	Mid-Prairie,	12.58
5 Scott, Rya	Hillcrest	12.63
6 Cooper, Avah	Prairie, CR	12.64
7 Bruening, Lena	Ankeny	12.65
8 Whitaker, CaliAna	Mt Vernon	12.70
9 Netten, Aniston	Van Meter	12.72
10 Kpeayeh, Faith	Prairie, CR	12.77
11 Moore, Jaedyn	Washington	12.78
12 Stammeyer, Cassandra	Decorah	12.84
13 Anderson, Delaney	Mt Pleasant	12.87
14 Davis-Robinson, Kenya	Monticello	12.94
15 Whitney, Ella	Wayne, Coryd	12.96
16 Hansaker, Trista	Melcher-Dall	13.01
17 Christofferson, Ava	Lone Tree	13.09
18 Recker, Avery	Regina, IC	13.29
19 Scott, Adia	Hillcrest	13.37
20 Diaz, Mahlania	Dvpt, Centra	13.45
21 Rucker, Maylee	South Tama	13.55
22 McGonegle, Ella	Ic, Liberty	13.66
23 Wilson, Landry	Ic, Liberty	13.93

Event 11 Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Konz, Cauy	Treynor	10.78
2 Meeker, Jordan	Muscatine	11.00
3 Henry, Ryan	Mid-Prairie,	11.03
4 Weichert, William	Algona	11.06
5 Bair, Ryan	Keokuk	11.10
6 Gangba, Edwin	Regina, IC	11.12
7 Garman, Tate	Algona	11.14
7 Cantwell, Jack	W Delaware	11.14
9 Kampman, Eli	Solon	11.23
10 Cooling, Ryland	Prairie, CR	11.25
11 Gary, Carsen	Cedar Falls	11.31

12 Dirks, Keatyn	Treynor	11.35
13 Kpahn, Magnus	Prairie, CR	11.45
14 Williamson, Casey	South Hardin	11.47
15 Stumpff, Jayden	Prairie, CR	11.49
16 Hodge, Jr., Abdul	Ic, West	11.52
17 Wylton, Keshawn	Burlington	11.53
18 Luvandu, Bernoli	Ic, West	11.60
19 Daye, Lewis	Pcm, Monroe	11.61
20 Beaver, Brody	Ic, Liberty	11.99

Event 13 Boys 101 Meter Dash Ambulatory

Name	School	Finals
Finals		
1 Longmire, Thad	Ic, West	16.29

Event 14 Girls Distance Medley

Team	Relay	Finals
Finals		
1 Maquoketa	A	4:17.31
1) Wing, Millie	2) Hopson, Isabel	
3) Widel, Cora	4) Hackman, Natalie	
2 Monticello	A	4:23.10
1) Zimmerman, Ava	2) Atkinson, Laila	
3) Ries, Peyton	4) Lyons, Mary Grace	
3 CR Washington	A	4:32.35
1) Miles, Olivia	2) McCright, Evan	
3) Dyer, Madelyn	4) LeVake, Haddie	
4 Ic, Liberty	A	4:33.87
1) Kaut, Kelsey	2) Meyer, Olivia	
3) VeDepo, Chelsea	4) Swift, Gabriella	
5 Mt Vernon	A	4:37.40
1) Swart, Kiersten	2) Rupe, Caroline	
3) Telecky, Sorell	4) Hoffert, Madison	
6 Cedar Falls	A	4:38.66
1) Martin, MollyKate	2) Schrage, Macey	
3) Woods, Nina	4) Leehey, Olivia	
7 Decorah	A	4:40.76
1) Malanaphy, Caylee	2) Holthaus, Ava	
3) Murphy, Mahraz	4) Kueny, Ruth	
8 Van Buren	A	4:44.41
1) Troutman, Aida	2) Loeffler, Aubrey	
3) Loeffler, Ava	4) Philips, Rylee	
9 Prairie, CR	A	4:45.33
1) Hill, Emeri	2) Ressler, Harper	
3) Brakes, Ashanti	4) Faul, Ella	
10 West Liberty	A	4:47.48
1) Christensen, Lorelei	2) Garcia, Liv	
3) Burroughs, Jaylyn	4) Guerra, Addison	
11 Ic, West	A	4:48.85
1) Shaw, Aarianna	2) Ahern, Beatrice	
3) Frank, Jena	4) Crawford, Myra	
12 Wat West	A	4:53.90
1) Lynch, Adalynn	2) Muhammad, Safiah	
3) Dobbs, Jillian	4) Little, Amira	

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Finals ... (Event 14 Girls Distance Medley)

Team	Relay	Finals
13 Lone Tree	A	4:55.36
1) McCullough, Addison	2) Christofferson, Ava	
3) Baltazar, Lindsay	4) Nino, Jazmine	
14 Keokuk	A	4:56.94
1) Logan, Nevaeh	2) Snively, Remira	
3) Weigert, Preslie	4) Ames, Kali	

Event 15 Boys Distance Medley

Team	Relay	Finals
1 Cedar Falls	A	3:30.36
1) Tamayo-Lopez, Jeremiah	2) Clark, Ethan	
3) Williams, Dominic	4) Hoyer, Brennan	
2 Dub Senior	A	3:32.77
1) Birch, Mason	2) Stickley, Kael	
3) Crow, Charles	4) Anderson, Owen	
3 Mt Vernon	A	3:34.70
1) Stanerson, Logan	2) Johanningermeier, Landon	
3) Hlavacek, Holden	4) Scheil, Dawson	
4 Mediapolis	A	3:36.04
1) Spears, Brock	2) Crow, Kyler	
3) Luttenegger, Henry	4) Schmidgall, Will	
5 Ic, West	A	3:38.44
1) Brown, Atari	2) Headings, Ethan	
3) Dunham, Cael	4) Musa, Mohamed	
6 Pem, Monroe	A	3:38.81
1) Houser, Jaden	2) Heater, Wyatt	
3) DeRaad, Coby	4) Fischer, Kash	
7 Chariton	A	3:40.26
1) Masters, Gavin	2) Stratton, Charlie	
3) Crabb, Brent	4) Anderson, Lucas	
8 Ic, City High	A	3:41.10
1) Washpun, Zyaire	2) Sheldon, Marshall	
3) Washpun, Gavin	4) Prottzman, Jarris	
9 Vinton-Shellbrg	A	3:43.21
1) Grimm, Kashton	2) Bridgewater, Conner	
3) Druschel, Tate	4) Primrose, William	
10 South Hardin	A	3:46.30
1) Adams, Kameron	2) Williamson, Casey	
3) Benson, Sam	4) VanderWilt, Jonah	
11 Colfax-Mingo	A	3:46.81
1) Grove, Fisher	2) Trotter, Chase	
3) Thornton, Wyatt	4) Wilkins, Sullivan	
12 Anamosa	A	3:49.33
1) Shaw, Reilly	2) Bentley, Asa	
3) Lasack, Parker	4) Burrell, Jackson	
13 Prairie, CR	A	3:50.13
1) adams, Anquan	2) Patterson, Max	
3) Stevens, Bennett	4) Formanek, Matthew	
14 Decorah	A	3:50.65
1) Knutson, Grant	2) Pattison, Kyle	
3) Grimstad, Max	4) Hrdlicka, Derek	

15 Keokuk	A	3:55.64
1) Bair, Jackson	2) Hayner, Braxton	
3) Burton, Jady	4) Killoren, Carter	
16 Treynor	A	3:56.06
1) Dirks, Kratyn	2) Lauver, Riley	
3) Lovely, Alec	4) Parrott, Luke	
17 Nashua-Plainfld	A	4:05.53
1) Smith, Jake	2) Hansen, Jaxson	
3) Foelske, Landon	4) Hansen, Jase	

Event 16 Girls 400 Meter Dash

Name	School	Finals
1 Fisher, Morgan	Ankeny	55.97
2 Hocker, Ava	Williamsburg	57.50
3 Fedler, Avery	Mt Pleasant	57.51
4 Grossoehme, Isabel	Webster City	1:00.48
5 Schramm, Gillian	Ankeny	1:01.06
6 Hahn, Alexa	Highland	1:02.19
7 Strong, Lilah	Kee, Lansing	1:03.59
8 Skay, Lexi	West Branch	1:04.08
9 Holthaus, Lauren	Decorah	1:04.30
10 Montgomery, Mady	Albia	1:04.41
11 Moeller, Sloane	Dvpt, Centra	1:04.51
12 Nelson, Amita	Ic, West	1:05.58
13 Williams, Karsen	Keokuk	1:06.89
14 Ivy, Addisyn	Decorah	1:07.22
15 Perry, Carson	Ic, Liberty	1:07.41
16 Harnack, Lucy	Wat West	1:08.07
17 Philips, Rory	Van Buren	1:08.26
18 Buttz, Riley	Maquoketa	1:09.38
19 Fonua, Willow	South Tama	1:10.85
20 Ortiz, Reese	West Liberty	1:11.89

Event 17 Boys 400 Meter Dash

Name	School	Finals
1 Bainbridge, Lincoln	Van Buren	48.20
2 Tomlyanovich, Marcus	Cedar Falls	49.13
3 Svalstad, Mac	Solon	49.14
4 Davie, Brayden	Grundy Cente	49.82
5 Jirovsky, Judd	Grundy Cente	50.12
6 Callahan, Justin	Webster City	50.25
7 Smith, Travarius	Keokuk	50.32
8 Ward, Victor	Charles City	50.60
9 Osborn, Jack	English Vall	51.17
10 Anderson, Braydon	English Vall	51.22
11 Olney, Brendan	Regina, IC	51.94
12 Buckingham, Beau	Albia	52.67
13 Smith, Chayce	Keokuk	52.91
14 Hutchinson, Kael	Albia	52.96
15 Irishura, Noel	Prairie, CR	53.20
16 Schoville, Jackson	Denver	53.31
17 Houghton, Josiah	South Tama	53.75
18 Jacobsen, Logan	Ic, West	53.89
19 Rhymer, Liam	Hudson	54.34

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Results

Finals ... (Event 17 Boys 400 Meter Dash)

Name	School	Finals
20 Bell, Owen	Hudson	54.62
21 Glahn, Emmanuel	Muscatine	54.97

Event 20 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Mt Vernon	A	1:45.15
1) Karminski, Khloe	2) Franck, Taylor	
3) Hale, Grace	4) Whitaker, CaliAna	
2 Ic, West	A	1:46.02
1) Rahmouni, Myriam	2) Cornish, Evelyn	
3) MacLagan, Amara	4) Mathias, Savannah	
3 Decorah	A	1:46.48
1) Pole, Stella	2) Essa, Audrey	
3) Stammeyer, Cassandra	4) Massman, Avery	
4 Mid-Prairie, W	A	1:47.31
1) Evans, Jeorgia	2) Poll, Kyrie	
3) Hershberger, Myli	4) Evans, Jovi	
5 Cedar Falls	A	1:48.23
1) Hannam, Jenna	2) Halbur, Jo Jo	
3) Garvin, Lily	4) Bell, La'Neeha	
6 Hillcrest	A	1:49.60
1) Scott, Adia	2) Helmuth, Niva	
3) Bourha, Karina	4) Scott, Rya	
7 Mt Pleasant	A	1:49.75
1) Freeman, Ellie	2) White, Kynlee	
3) Anderson, Delaney	4) Scott, Alex	
8 Williamsburg	A	1:50.00
1) Dayton, Gabriella	2) Sanchez, Tenley	
3) Uhlmann, Graceyn	4) Larson, Morgan	
9 Wayne, Corydon	A	1:50.82
1) Pruiett, Ella	2) Murphy, Jolene	
3) Peck, Brystal	4) Whitney, Ella	
10 Prairie, CR	A	1:51.85
1) Kelley, Rowen	2) Tedrow, Kelsee	
3) Langton, Aubrey	4) Joens, Paisley	
11 Pcm, Monroe	A	1:52.13
1) Lathrum, Peyton	2) DeVore, Ryan	
3) Fagg, Lexi	4) Teeter, Jorja	
12 Ankeny	A	1:52.74
1) Graber, Lydia	2) Buckley, Lilly	
3) Bach, Brylee	4) Allison, Avah	
13 Monticello	A	1:53.10
1) Zimmerman, Ava	2) Norton, Addison	
3) McElmeel, Mallory	4) Davis-Robinson, Kenya	
14 Ic, Liberty	A	1:53.20
1) Maher, Mackenzie	2) Wilson, Landry	
3) Maassen, Margaret	4) Kirchner, Bailey	
14 Dvpt, Central	A	1:53.20
1) Dollison, Amiyah	2) Klarkowski, Ruby	
3) Diaz, Mahlania	4) Boston, Jada	
16 West Branch	A	1:55.29
1) Skay, Lexi	2) Senio, Kainoa	
3) Becker, Olivia	4) Hamann, Grace	

17 Dub Senior	A	1:59.05
1) FitzPatrick, Leighton	2) Sweet, Khloe	
3) Hubbard, JaLiyah	4) Boettner, Lillian	
18 Regina, IC	A	2:00.19
1) Nicpon, Grace	2) Nibaur, Lily	
3) Bell, Caitlyn	4) Wiltz, Jada	
19 Mediapolis	A	2:04.19
1) Steffener, Ella	2) Jackson, Hailey	
3) Jackson, Bailey	4) Hutcheson, Josie	
20 South Tama	A	2:06.53
1) Nelson, Brylee	2) Gomez, Jayva	
3) Peshel, Naomi	4) Rucker, Maylee	

Event 21 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Prairie, CR	A	1:28.21
1) Cooling, Ryland	2) Erickson, Kade	
3) Peterka, Brady	4) Bennis, Drew	
2 Algona	A	1:29.04
1) Weichert, William	2) Garman, Tate	
3) Walker, Levi	4) Allie, Evan	
3 Mid-Prairie, W	A	1:30.99
1) Miller, Oliver	2) Kos, Kendrick	
3) Jergens, Nolan	4) Henry, Ryan	
4 Muscatine	A	1:31.31
1) Meeker, Jordan	2) Gonpue, Adrian	
3) Sewa, Espere	4) Roeth, Sam	
5 Regina, IC	A	1:31.37
1) Koch, Hudson	2) Hegelheimer, Gabriel	
3) Swen, Philip	4) Gangba, Edwin	
6 Decorah	A	1:31.53
1) Quandahl, Landon	2) Webb, Peyton	
3) Kuennen, Trevor	4) Walter, Davis	
7 Ic, Liberty	A	1:31.58
1) Dixon, Demarcus	2) Schweitzer, Rylen	
3) Burnes, Jackson	4) Baldwin, Cale	
8 Ic, West	A	1:31.78
1) Craig, Kellen	2) James, Neil	
3) Hodge, Jr., Abdul	4) Nelson, Aidan	
9 Keokuk	A	1:32.22
1) Joy, Kurt	2) Crockett, Antonio	
3) Bair, Jackson	4) Bair, Ryan	
10 West Branch	A	1:32.48
1) Marsh, Arik	2) Gates, Keaton	
3) Pedersen, Brandon	4) Naber, Lincoln	
11 Solon	A	1:33.01
1) Burk, Jackson	2) Kampman, Eli	
3) Donnenwerth, Jacob	4) Stecher, Einar	
12 W Delaware	A	1:33.55
1) Cantwell, Jack	2) Schnieders, Austin	
3) Helle, Wesley	4) Smith, Emerson	
13 Denver	A	1:33.87
1) Jacque, Remington	2) Hovey, Brayton	
3) Knoblock, Tarek	4) Rabenhorst, Josh	

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Finals ... (Event 21 Boys 4x200 Meter Relay)

Team	Relay	Finals
14 Cedar Falls	A	1:33.94
1) Grete, Josh	2) Cunningham, Tyson	
3) Bryan, Francis	4) Lee, Noah	
15 Treynor	A	1:33.98
1) Sornson, Jett	2) Konz, Cauly	
3) Dirks, Keatyn	4) Meyers, Drew	
16 Ic, City High	A	1:34.24
1) Washpun, Zyaire	2) Lacy, Damari	
3) Kane, Adams	4) Turnbough, Carter	
17 Pcm, Monroe	A	1:34.36
1) James, Grady	2) Fraker, Dane	
3) Ferneding, Joey	4) Heater, Wyatt	
18 Jesup	A	1:35.42
1) Larson, Tyce	2) Sullivan, Abe	
3) Munson, Drew	4) Youngblut, Aiden	
19 Maquoketa Valley	A	1:35.62
1) Knipper, Dylan	2) LeGassick, Jaxson	
3) Hunt, Kash	4) Stone, Macoy	
20 Wapsie Val, F	A	1:36.38
1) Dana, Cadyn	2) Etringer, Dayton	
3) Cox, Kiptyn	4) Bantz, Braden	
21 West Liberty	A	1:40.30
1) Simon, Lleyton	2) Bragg, Kaydn	
3) Shield, Pierre	4) Simon, Beckham	

Event 22 Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Wilson, Renae	Decorah	15.31
2 Naeve, Reese	Regina, IC	15.33
3 Bruening, Lena	Ankeny	15.51
4 Winters, Addison	Kee, Lansing	15.74
5 Jacobi, Rowan	Springville	15.79
6 Castro, Mackenzie	Cedar Falls	16.00
7 Harkins, Burkli	Van Meter	16.17
8 Ridout, Scout	South Tama	16.38
9 Armbruster, Justice	Maquoketa	16.65
10 Spier, Addi	Cedar Falls	16.69
11 Carr, Alaya	Keokuk	16.81
12 Graham, Savannah	Ic, West	16.87
13 Calpito, Sophia	Charles City	16.91
14 Williamson, Taylor	Mt Pleasant	16.92
15 Roush, Quinn	Ankeny	17.02
16 Petrie, Laken	Cedar Falls	17.24
17 Daufeldt, Kylee	West Liberty	17.95
18 Eckhardt, Cindy	Ic, Liberty	17.96
19 Swart, Kiersten	Mt Vernon	18.02
20 Gavin, Betsy	Regina, IC	17:39.00

Event 23 Boys 110 Meter Hurdles

Name	School	Finals
Finals		
1 Ibrahim, Waleed	Ic, West	14.67
2 Gorsh, Ryder	Ic, West	14.75

3 Joerger, Jackson	Denver	14.92
4 Staker, Nolan	West Branch	15.19
5 Schuessler, Gabe	Regina, IC	15.27
6 Washpun, Gavin	Ic, City Hig	15.28
7 Towler, Cade	Ic, West	15.30
8 Simmons, Kayden	Van Buren	15.33
9 Boxa, Junior	Prairie, CR	15.54
10 Smock, Owen	Ic, West	15.84
11 Munson, Drew	Jesup	15.88
12 Humphrey, Carson	Mid-Prairie,	16.00
13 Simon, Asher	West Liberty	16.03
14 Casey, Brock	Treynor	16.04
15 Lebo, Pete	Grundy Cente	16.29
16 Selemani, Blaise	Ic, City Hig	16.74
17 Clerry, Adrian	Ic, Liberty	16.77
18 Cooper, Jack	Denver	17.04
19 Dunbar, Rylan	Hudson	17.06
20 Speller, Massiah	Prairie, CR	17.52
21 Pauli, Julian	Cedar Falls	17.69
22 Nicholson, Andre	West Liberty	19.20
23 Scott, Shane	Saydel	19.37

Event 24 Girls 800 Meter Run

Name	School	Finals
Finals		
1 Fedler, Avery	Mt Pleasant	2:15.18
2 Moeller, Evelyn	Mt Vernon	2:15.74
3 Hamann, Grace	West Branch	2:16.85
4 Wiley, Reese	Prairie, CR	2:16.92
5 Chesterman, Emma	Dub Senior	2:18.73
6 Hackman, Natalie	Maquoketa	2:21.06
7 Tomlyanovich, Katherine	Cedar Falls	2:23.00
8 Hughes, Sarah	Prairie, CR	2:24.61
9 Halfpap, Olivia	Van Meter	2:26.43
10 McCann, Lizzy	Van Meter	2:28.64
11 Roe, Anika	Prairie, CR	2:28.85
12 Brokaw, Tessa	Mid-Prairie,	2:29.00
13 McNally, Emerlyn	Cedar Falls	2:30.64
14 Bergman, Jordyn	Jesup	2:30.87
15 Hostetler, Rachel	Mid-Prairie,	2:31.70
16 Rupe, Caroline	Mt Vernon	2:33.84
17 Milani, Lila	Pcm, Monroe	2:35.62
18 Montgomery, Mady	Albia	2:37.66
19 Hurley, Eva	Decorah	2:39.04
20 Newhouse, Raelyn	Decorah	2:43.26

Event 25 Boys 800 Meter Run

Name	School	Finals
Finals		
1 Bainbridge, Lincoln	Van Buren	1:54.43
2 Stemper, Mitchell	Decorah	1:55.54
3 Olaleye, Dara	Ic, West	1:55.91
4 Gomez, Jesse	Denver	1:56.92
5 Leppert, Brandon	Waukon	1:57.07
6 Ahrens, Brody	Cedar Falls	1:58.59
7 Coppola, Bennett	Decorah	2:01.17

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Finals ... (Event 25 Boys 800 Meter Run)

	Name	School	Finals
8	Fauser, Judah	Cedar Falls	2:01.57
9	Primrose, William	Vinton-Shell	2:02.64
10	Fischer, Kash	Pcm, Monroe	2:03.21
11	Fullhart, Bill	Decorah	2:03.34
12	DeRaad, Coby	Pcm, Monroe	2:03.90
13	Bullock, Aiden	Muscatine	2:04.34
14	Rouse, Conlin	Springville	2:04.90
15	Doty, Ethan	Denver	2:05.14
16	Kirman, Jack	Dub Senior	2:06.90
17	Lamont, Lincoln	Vinton-Shell	2:07.19
18	Caskey, Chasen	Mt Vernon	2:08.29
19	Tong, Thomas	Ic, West	2:08.87

Event 26 Girls 200 Meter Dash

	Name	School	Finals
Finals			
1	Netten, Aniston	Van Meter	26.36
2	Kpeayeh, Faith	Prairie, CR	26.40
3	Widel, Cora	Maquoketa	26.47
4	Hansaker, Trista	Melcher-Dall	26.90
5	Teigland, Julia	Van Meter	27.07
6	Ridout, Scout	South Tama	27.34
7	Cooper, Avah	Prairie, CR	27.65
8	Grossoehme, Isabel	Webster City	27.78
9	Freeman, Ellie	Mt Pleasant	27.86
10	Carr, Alaya	Keokuk	27.90
11	Recker, Avery	Regina, IC	28.08
12	Shaw, Arianna	Ic, West	28.55
12	Kaysler, Riley	Ankeny	28.55
14	Murphy, Jolene	Wayne, Coryd	28.73

Event 27 Boys 200 Meter Dash

	Name	School	Finals
Finals			
1	Konz, Cauy	Treynor	21.92
2	Allie, Evan	Algona	21.96
3	Ward, Victor	Charles City	22.45
4	Henry, Ryan	Mid-Prairie,	22.47
5	Brown, Atari	Ic, West	22.66
6	Crow, Charles	Dub Senior	22.80
7	Tamayo-Lopez, Jeremiah	Cedar Falls	22.97
8	adams, Anquan	Prairie, CR	23.00
9	Terwilliger, Luke	Cedar Falls	23.02
10	Grimm, Kashton	Vinton-Shell	23.03
11	Byishimo, Mereweneza	Prairie, CR	23.10
12	Stone, Macoy	Maquoketa Va	23.20
13	Smith, Travarius	Keokuk	23.29
14	Hoy, Mason	Springville	23.36
15	Rabenhorst, Josh	Denver	23.82
16	Trotter, Chase	Colfax-Mingo	23.83
17	Stratton, Charlie	Chariton	23.90
18	Donnenwerth, Jacob	Solon	24.20
19	Hutchinson, Kael	Albia	24.59
20	Buckingham, Beau	Albia	25.14

Event 30 Girls 400 Meter Hurdles

	Name	School	Finals
Finals			
1	Winters, Addison	Kee, Lansing	1:08.04
2	Armbruster, Justice	Maquoketa	1:08.69
3	Bruins, Bella	Van Meter	1:09.89
4	Telecky, Sorell	Mt Vernon	1:10.58
5	Mead, Sara	Jesup	1:10.68
6	Willis, Eva	Ic, West	1:12.43
7	Bose, Emma	Jesup	1:12.50
8	Cerwinske, Kelly	Nashua-Plain	1:12.86
9	Merritt, Addison	Springville	1:13.35
10	Loeffler, Aubrey	Van Buren	1:13.46
11	Hanson, Izzie	Dvpt, Centra	1:14.20
12	Smith, Annabelle	Mt Vernon	1:14.83
13	Lefebvre, Lea	Dvpt, Centra	1:15.76
14	Schmitt, Ava	Nashua-Plain	1:19.57
15	Singbeil, Maiya	Highland	1:19.85
16	Garcia, Molly	West Liberty	1:21.32
17	Simon, Clara	West Liberty	1:29.13

Event 31 Boys 400 Meter Hurdles

	Name	School	Finals
Finals			
1	Pauli, Wil	Cedar Falls	53.45
2	Duncan, Jace	Van Buren	55.51
3	Smock, Ely	Ic, West	55.58
4	Laures, Carson	New Hampton	56.74
5	Callahan, Justin	Webster City	57.12
6	Sheldon, Marshall	Ic, City Hig	57.23
7	Hemann, Nolan	W Delaware	57.51
8	Wiseman, Dashael	Muscatine	57.60
9	Stock, Sam	Waukon	57.96
10	Wray, Lincoln	Keokuk	58.68
11	Schoville, Jackson	Denver	59.20
11	Gorsh, Ryder	Ic, West	59.20
13	Bennett, Ryker	Prairie, CR	59.52
14	Brandt, Will	Solon	59.77
15	Cooper, Jack	Denver	59.94
16	Speller, Massiah	Prairie, CR	1:00.43
17	Pattison, Kyle	Decorah	1:01.04
18	Hinkel, Holt	Regina, IC	1:01.27
19	Thornton, Wyatt	Colfax-Mingo	1:02.56
20	Simmons, Colton	Anamosa	1:02.71

Event 32 Girls 1500 Meter Run

	Name	School	Finals
Finals			
1	Sullivan, Joley	Dvpt, Centra	4:39.12
2	Burns, Abigail	Ic, City Hig	4:46.18
3	Lyons, Mary Grace	Monticello	4:49.17
4	Dahl, Iris	Washington	4:50.38
5	Montgomery, McKenna	Albia	4:51.26
6	Streck, Laura	Van Meter	4:54.87
7	Swart, Kiersten	Mt Vernon	4:55.25

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Finals ... (Event 32 Girls 1500 Meter Run)

Name	School	Finals
8 Doster, Eliza	Ic, City Hig	5:05.89
9 Twait, Ava	Ic, West	5:09.68
10 Landstrum, Kendal	Mid-Prairie,	5:13.72
11 Hodge, Adrienne	Ic, West	5:13.83
12 Hoyer, Lise	Dub Senior	5:14.26
13 Kay, Addison	Prairie, CR	5:14.46
14 Stutzman, Brooklyn	Mid-Prairie,	5:14.93
15 Thiessen, Katie	Dvpt, Centra	5:17.93
16 DeWaard, Ellie	Ic, West	5:21.32
17 Volkmann, Olivia	Decorah	5:24.30
18 Kessler, Nevaeh	Dub Senior	5:26.30
19 Prunty, Kinsey	Wayne, Coryd	5:28.61
20 Ajram, Lamise	Prairie, CR	5:34.70
21 Hoffert, Madison	Mt Vernon	5:44.74
--- Hardin, Izzy	Maquoketa	DNF

Event 33 Boys 1600 Meter Run

Name	School	Finals
1 Vokes, Emerson	Grundy Cente	4:19.47
2 Conner, Cadell	South Tama	4:21.47
3 Torres, Alex	Vinton-Shell	4:22.22
4 Weber, Gavin	Algona	4:22.35
5 Scheil, Dawson	Mt Vernon	4:26.50
6 See, Garrett	Decorah	4:28.31
7 Lange, Samuel	Prairie, CR	4:28.53
8 Hohmann, Ben	Dub Senior	4:30.65
9 Anderson, Lucas	Chariton	4:31.65
10 Johnson, Kyle	Prairie, CR	4:32.25
11 Hildebrand, Lars	Ic, Liberty	4:32.50
12 Weers, Nolan	Anamosa	4:34.09
13 Stuart, Cy	Chariton	4:35.89
14 Matthias, Myles	Denver	4:37.22
15 Hanna, Michael	Ic, West	4:39.57
16 Palmberg, Emmett	Ic, City Hig	4:40.03
17 Kinzer, Maxwell	Ic, Liberty	4:41.31
18 Pressler, Lars	Ic, West	4:41.88
19 Meraz, Carlos	West Liberty	4:43.51
20 Taube, Tyler	Springville	4:44.17
21 Martin, Gaige	Cedar Falls	4:45.47
22 McRoberts, Linus	Ic, City Hig	4:45.75
23 Prottzman, Jarris	Ic, City Hig	4:54.21
24 Nesbit, Will	Jesup	5:04.55

Event 34 Girls 4x100 Meter Relay

Team	Relay	Finals
1 Decorah	A	51.29
1) Pole, Stella	2) Essa, Audrey	
3) Holthaus, Ava	4) Stammeyer, Cassandra	
2 Ic, West	A	51.38
1) Rahmouni, Myriam	2) Cornish, Evelyn	
3) Graham, Savannah	4) MacLagan, Amara	

3 Van Meter	A	51.49
1) Harkins, Burkli	2) Teigland, Julia	
3) Keller, Kylie	4) Netten, Aniston	
4 Hillcrest	A	51.53
1) Scott, Adia	2) Helmuth, Niva	
3) Bourha, Karina	4) Scott, Rya	
5 Washington	A	51.67
1) Villa, Jaslyn	2) Moore, Jaedyn	
3) Salazar, Leighton	4) Messinger, Leighton	
6 Regina, IC	A	52.99
1) White, Margaret	2) Naeve, Reese	
3) Keune, Ella	4) Recker, Avery	
7 West Branch	A	53.08
1) Holmes, Rena	2) Becker, Olivia	
3) Skay, Lexi	4) Hamann, Grace	
8 Monticello	A	53.59
1) Zimmerman, Ava	2) Atkinson, Laila	
3) McElmeel, Mallory	4) Davis-Robinson, Kenya	
9 Pcm, Monroe	A	53.69
1) Lathrum, Peyton	2) DeVore, Ryan	
3) Fagg, Lexi	4) Teeter, Jorja	
10 Keokuk	A	54.01
1) Crew, Bella	2) Shead, Violet	
3) Carr, Alaya	4) Billings, Baylee	
11 Prairie, CR	A	54.58
1) Cronbaugh, Carly	2) Langton, Aubrey	
3) Ressler, Harper	4) Hill, Emeri	
12 Ic, Liberty	A	54.77
1) McGonegle, Ella	2) Thigpen, Alexi	
3) Wilson, Landry	4) Meyers, Ava	

Event 35 Boys 4x100 Meter Relay

Team	Relay	Finals
1 Prairie, CR	A	42.36
1) Cooling, Ryland	2) Pour, Patrick	
3) Erickson, Kade	4) Kpahn, Magnus	
2 Algona	A	42.81
1) Weichert, William	2) Garman, Tate	
3) Walker, Levi	4) Allie, Evan	
3 Muscatine	A	43.27
1) Glahn, Emmanuel	2) Gonpue, Adrian	
3) Holladay, Brendan	4) Roeth, Sam	
4 Decorah	A	43.32
1) Quandahl, Landon	2) Webb, Peyton	
3) Knutson, Grant	4) Walter, Davis	
5 Treynor	A	43.71
1) Sornson, Jett	2) Konz, Cauby	
3) Meyers, Drew	4) Dirks, Keatyn	
6 Grundy Center	A	43.91
1) Lebo, Pete	2) Jirovsky, Judd	
3) Hinders, Devin	4) Davie, Brayden	
7 Ic, West	A	44.16
1) Davis, Corey	2) James, Neil	
3) Craig, Kellen	4) Hodge, Jr., Abdul	

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Finals ... (Event 35 Boys 4x100 Meter Relay)

Team	Relay	Finals
8 Mid-Prairie, W	A	44.24
1) Henry, Ryan	2) Kos, Kendrick	
3) Jergens, Nolan	4) Kelley, Cecil	
9 Regina, IC	A	44.50
1) Olney, Brendan	2) Hegelheimer, Gabriel	
3) Schuessler, Gabe	4) Gangba, Edwin	
10 Ic, City High	A	44.52
1) Washpun, Gavin	2) Washpun, Zyaire	
3) Lacy, Damari	4) Pufall, Peter	
11 W Delaware	A	44.75
1) Smith, Emerson	2) Popp, Dylan	
3) Schnieders, Austin	4) Cantwell, Jack	
12 Ic, Liberty	A	45.01
1) Dixon, Demarcus	2) Nakihinga, Victor	
3) Clerry, Adrian	4) Rozz, Leo	
13 Keokuk	A	45.35
1) Joy, Kurt	2) Burton, Jady	
3) Crockett, Antonio	4) Bair, Ryan	
14 Albia	A	46.06
1) Hemann, Parker	2) Buckingham, Beau	
3) Hutchinson, Kael	4) Votrobeck, Cale	
15 Maquoketa Valley	A	46.69
1) Hunt, Kash	2) Smith, Colin	
3) Knipper, Dylan	4) Stone, Macoy	
--- Solon	A	DNF
1) Donnenwerth, Jacob	2) Kampman, Eli	
3) Hancox, Sawyer	4) Stecher, Einar	
--- Pem, Monroe	A	DNF
1) Houser, Jaden	2) Heater, Wyatt	
3) Ferneding, Joey	4) Daye, Lewis	

Event 36 Girls 4x400 Meter Relay

Team	Relay	Finals
1 Ic, West	A	4:06.85
1) Austen, Sophia	2) Van Waning, Kate	
3) Ahern, Beatrice	4) Mathias, Savannah	
2 Prairie, CR	A	4:08.69
1) Wiley, Reese	2) Kelley, Rowen	
3) Tedrow, Kelsee	4) Hughes, Sarah	
3 Washington	A	4:09.32
1) Drahota, Lauren	2) Messinger, Leighton	
3) Moore, Jaedyn	4) Dahl, Iris	
4 Maquoketa	A	4:16.77
1) Hackman, Natalie	2) Armbruster, Justice	
3) Hopson, Isabel	4) Widel, Cora	
5 Ic, Liberty	A	4:22.29
1) Maher, Mackenzie	2) Daniels, Greta	
3) Cannon, Claire	4) Prahm, Kate	
6 Decorah	A	4:26.59
1) Massman, Avery	2) Murphy, Mahraz	
3) Northup, Eden	4) Malanaphy, Caylee	

7 Dvpt, Central	A	4:34.25
1) Moeller, Sloane	2) Brack, Rhemidy	
3) Lefebvre, Lea	4) Hanson, Izzie	
8 Keokuk	A	4:58.80
1) Shead, Violet	2) Billings, Baylee	
3) Snively, Remira	4) Williams, Karsen	

Event 37 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Prairie, CR	A	3:23.75
1) Krambeer, Jacob	2) Mai, Dane	
3) Patterson, Max	4) Bennis, Drew	
2 Van Buren	A	3:27.00
1) Simmons, Kayden	2) Troxel, Jeran	
3) Duncan, Jace	4) Bainbridge, Lincoln	
3 Decorah	A	3:28.34
1) Kuennen, Trevor	2) Grimstad, Max	
3) Coppola, Bennett	4) Stemper, Mitchell	
4 Ic, West	A	3:28.70
1) Nelson, Aidan	2) Jacobsen, Logan	
3) Dunham, Cael	4) Brown, Atari	
5 Keokuk	A	3:28.76
1) Smith, Chayce	2) Burton, Jady	
3) Bair, Ryan	4) Smith, Travarius	
6 Ic, Liberty	A	3:31.74
1) Burnes, Jackson	2) Schweitzer, Rylen	
3) McDowell, Jaylen	4) Baldwin, Cale	
7 West Branch	A	3:32.48
1) Weckmann, Julian	2) Naber, Lincoln	
3) Staker, Nolan	4) Christoffel, Logan	
8 Nashua-Plainfld	A	3:36.19
1) Foelske, Landon	2) Kalainoff, Zeke	
3) Hansen, Jase	4) Smith, Jake	
9 Muscatine	A	3:36.69
1) Meeker, Jordan	2) Sewa, Espere	
3) Hardman, Chase	4) Becker, Talan	
10 Mid-Prairie, W	A	3:40.24
1) Miller, Oliver	2) Kos, Kendrick	
3) Jergens, Nolan	4) Northup, Morgan	
11 South Hardin	A	3:41.54
1) Benson, Sam	2) Nguyen, Viet	
3) Burk, Collin	4) Cable, Clayton	
12 Ic, City High	A	3:41.73
1) Sheldon, Marshall	2) Kane, Adams	
3) Washpun, Zyaire	4) Byrd, Wyatt	
13 South Tama	A	3:44.10
1) Hanus, Wesley	2) Schroeder, Izak	
3) Brant, Ryan	4) Houghton, Josiah	
14 Treynor	A	3:44.83
1) Lovely, Alec	2) Mieska, Jude	
3) Parrott, Luke	4) Mieska, Finn	
15 Colfax-Mingo	A	3:46.15
1) Trotter, Chase	2) Thornton, Wyatt	
3) Grove, Fisher	4) Wilkins, Sullivan	

Eastern Iowa Track and Field Festival - 4/11/2026

West High School

Results

Event 38 Girls Long Jump

Name	School	Finals
Finals		
1 Bruening, Lena	Ankeny	18-00.50
2 Whitney, Ella	Wayne, Coryd	17-09.00
3 MacLagan, Amara	Ic, West	17-05.25
4 Winters, Addison	Kee, Lansing	17-00.25
5 Evans, Jeorgia	Mid-Prairie,	16-10.50
6 Wischmeyer, Lucy	Mt Vernon	16-10.00
7 Hahn, Alexa	Highland	16-08.00
8 Sloat, Izzy	Mt Pleasant	16-07.50
9 Kpeayeh, Faith	Prairie, CR	16-06.75
10 Calpito, Sophia	Charles City	16-05.75
11 Davis-Robinson, Kenya	Monticello	16-00.25
12 Christofferson, Ava	Lone Tree	16-00.00
13 Fagg, Lexi	Pcm, Monroe	15-06.50
14 Fagg, Katelynn	Pcm, Monroe	15-06.25
15 Vargas, Adriana	Ic, West	15-04.75
16 Homewood, Jacey	Cedar Falls	15-02.50
17 Holthaus, Ava	Decorah	15-01.75
18 Bach, Brylee	Ankeny	14-11.25
19 Crutchley, Dani	West Branch	14-08.50
20 Schmidgall, Evie	Mediapolis	14-07.50
21 Daniels, Greta	Ic, Liberty	14-06.00

Event 39 Boys Long Jump

Name	School	Finals
Finals		
1 James, Neil	Ic, West	22-11.00
2 Luvandu, Bernoli	Ic, West	22-05.25
3 Lueck, Thomas	Mid-Prairie,	22-04.00
4 Lacy, Damari	Ic, City Hig	22-02.75
5 Sullivan, Dallin	Williamsburg	22-02.25
6 Hansen, Austin	Cedar Falls	22-01.25
7 Kurumeh, Stephen	Prairie, CR	21-03.75
8 Brown, Atari	Ic, West	20-08.75
9 Luttenegger, Henry	Mediapolis	20-08.00
10 Smith, Chayce	Keokuk	20-02.00
11 Welch, Peyton	South Hardin	20-00.25
12 Brown, Cash	Williamsburg	19-11.50
13 Griffin, Drake	Hudson	19-10.75
13 Makenda, Jeremy	Ic, West	19-10.75
15 Joy, Kurt	Keokuk	19-09.50
15 Larson, Truett	Mediapolis	19-09.50
17 Marsh, Arik	West Branch	19-07.00
18 Young, Wyatt	Solon	19-04.75
19 Harris, Jayden	West Branch	19-01.00
20 Major, Delonte	Ic, City Hig	18-10.25
21 Nesteby, Jackson	Hudson	18-09.25
22 Meyers, Drew	Treynor	18-01.25

Event 40 Girls High Jump

Name	School	Finals
Finals		
1 Drapeau, Cambel	Dub Senior	5-02.00

1 Mennen, Lilian	Burlington	5-02.00
3 Jacobi, Rowan	Springville	5-00.00
3 Kalvig, Elizabeth	Nashua-Plain	5-00.00
3 Strong, Lilah	Kee, Lansing	5-00.00
3 Cornish, Evelyn	Ic, West	5-00.00
7 Canny, Lyla	Prairie, CR	4-10.00
7 Daniels, Greta	Ic, Liberty	4-10.00
7 Hopson, Isabel	Maquoketa	4-10.00
10 Wiltz, Jada	Regina, IC	4-08.00
10 Weaver, Annie	Cedar Falls	4-08.00
10 Hood, Aliyah	Albia	4-08.00
10 Singbeil, Maiya	Highland	4-08.00
10 Brown, Natalia	Wayne, Coryd	4-08.00
10 Hall, Sullivan	West Liberty	4-08.00
10 Hiller, McKenna	West Liberty	4-08.00
17 Austen, Sophia	Ic, West	4-06.00
17 Hoard, Kylee	Keokuk	4-06.00
17 Gardner, Valarie	Wat West	4-06.00

Event 41 Boys High Jump

Name	School	Finals
Finals		
1 Laures, Carson	New Hampton	6-05.00
2 Bamrick, Albert	Williamsburg	6-04.00
3 Kane, Adams	Ic, City Hig	6-02.00
3 Keller, Lathan	Mediapolis	6-02.00
5 Grete, Josh	Cedar Falls	5-10.00
5 Lauer, Riley	Treynor	5-10.00
5 Larson, Truett	Mediapolis	5-10.00
5 Hobson, Colt	Prairie, CR	5-10.00
9 Turner, Joshua	Mid-Prairie,	5-08.00
9 Honore, Aaron	Regina, IC	5-08.00
9 Kalainoff, Zeke	Nashua-Plain	5-08.00
9 Youngblut, Aiden	Jesup	5-08.00
9 Koenig, Pete	West Branch	5-08.00
9 Spark, Carter	Ic, West	5-08.00
9 Gonpue, Adrian	Muscatine	5-08.00
9 White, Owen	Denver	5-08.00
9 Amani, Matthieu	Prairie, CR	5-08.00
18 Keech, Conor	Regina, IC	5-06.00
18 Williams, Justin	Charles City	5-06.00

Event 42 Girls Shot Put

Name	School	Finals
Finals		
1 Hill, Kylee	Burlington	49-02.50
2 Haack, Rachel	Ic, City Hig	43-08.25
3 Tangen, Grace	Decorah	40-01.00
4 Degahouey, Stephanie	Prairie, CR	38-07.50
5 Ness, Lilly	Williamsburg	38-02.25
6 Schroeder, Hannah	N Fayette Va	38-01.50
7 Ensminger, Ella	Mt Pleasant	37-10.50
8 Pacha, Harper	Mid-Prairie,	37-06.25
9 Lahr, Amanda	Webster City	37-02.50
10 Braun, Hannah	Ic, City Hig	35-04.50
11 Hawkinson, Micah	Dvpt, Centra	35-00.75

Eastern Iowa Track and Field Festival - 4/11/2026

West High School

Results

Finals ... (Event 42 Girls Shot Put)

Name	School	Finals
12 Lee, Eden	Dub Senior	34-08.25
13 Luzum, Lauren	Decorah	34-04.75
14 Bridgewater, Taylor	Vinton-Shell	34-04.00
15 Van Heukelom, Sydney	Ic, Liberty	34-03.00
16 Ensminger, Paityn	Mt Pleasant	33-05.75
17 Cronk, Emily	Ic, Liberty	33-02.00
18 Jones-Whitaker, Makayla	Cedar Falls	32-04.25
19 Matondo, Ilda	Prairie, CR	31-05.25
20 Klein, Jordec	Regina, IC	30-07.50
21 Ritter, Natalie	Cedar Falls	30-06.50
22 Himes-Luensman, Emece	Monticello	29-06.00
23 Helmuth, Niva	Hillcrest	29-03.00
24 Weber, Aubrey	Central Lee	25-11.00

Event 43 Boys Shot Put

Name	School	Finals
1 Nevitt, Max	Algona	58-03.75
2 Barnett, James	Ic, West	55-09.00
3 Parker, Timothy	Dub Senior	52-10.50
4 Whitters, Colin	Ic, West	52-01.00
5 Miller, Tommy	Mid-Prairie,	51-05.75
6 Wallace, Tate	Regina, IC	50-09.50
7 Mensah, Preston	Ic, City Hig	50-05.25
8 Franzen, Luke	Decorah	48-09.50
9 Salow, Preston	Maquoketa Va	47-05.50
10 Weisskopf, Dylan	Williamsburg	47-05.00
11 Montgomery, Michael	West Branch	47-02.50
12 Parker, Malachi	Vinton-Shell	46-04.50
13 Bishop, Hayden	Cedar Falls	46-02.25
14 Hoefler, Dominick	Charles City	43-05.00
15 Nelson, Christ Kelly	Prairie, CR	43-02.50
16 Dolash, Preston	South Hardin	42-09.50
17 Etuma, Raphael	Ic, City Hig	41-10.00
18 Batey, Aiden	Williamsburg	38-00.25

Event 44 Girls Discus Throw

Name	School	Finals
1 Hill, Kylee	Burlington	150-04
2 Haack, Rachel	Ic, City Hig	148-01
3 Braun, Hannah	Ic, City Hig	143-03.50
4 Schroeder, Hannah	N Fayette Va	127-00
5 Schmelzer, Annika	Decorah	125-07
6 Tangen, Grace	Decorah	125-03
7 Swarts, Maya	Cedar Falls	115-05
8 Crozier, Josie	Cedar Falls	113-09.50
9 Pacha, Harper	Mid-Prairie,	111-02.50
10 Weber, Aubrey	Central Lee	107-01.50
11 Van Heukelom, Sydney	Ic, Liberty	105-03
12 McElmeel, Kylee	Monticello	102-03
13 Himes-Luensman, Emece	Monticello	99-05
14 McCullough, Kaylee	Columbus, CJ	98-09.50
15 Bridgewater, Taylor	Vinton-Shell	93-00

16 Ritter, Natalie	Cedar Falls	91-08
17 Bodin, Eliza	Ic, West	91-02.50
18 Daufeldt, Kylee	West Liberty	88-00
19 Lee, Eden	Dub Senior	87-00.50
20 Wulf, Mallory	West Liberty	82-08
21 Cronk, Emily	Ic, Liberty	82-02
22 Grueter, Emelia	Ic, West	71-00

Event 45 Boys Discus Throw

Name	School	Finals
1 Christianson, Byron	Vinton-Shell	174-01.50
2 Whitters, Colin	Ic, West	172-05.50
3 Parizek, Nathan	Regina, IC	166-02.50
4 Nelson, Christ Kelly	Prairie, CR	164-05
5 Barnett, James	Ic, West	162-08.50
6 Kos, Kaden	Mid-Prairie,	157-09.50
7 Wendt, Alex	Pcm, Monroe	151-00.50
8 Mensah, Preston	Ic, City Hig	150-01.50
9 Mbulekoya, Elite	Ic, West	149-07
10 Batey, Aiden	Williamsburg	149-04.50
11 Shinkunas, Ivan	Ic, City Hig	143-09
12 Nevitt, Max	Algona	142-01
13 Benson, Sam	South Hardin	139-03
14 Montgomery, Michael	West Branch	137-06.50
15 Towler, Graham	Ic, West	136-06
16 Riley, Carter	Decorah	135-08.50
17 Brock, Oliver	Ic, Liberty	135-04.50
18 Wallace, Tate	Regina, IC	133-07
19 Moran, Ryan	Denver	126-06.50
20 Schultz, Tevin	Dub Senior	122-11
21 Weisskopf, Dylan	Williamsburg	118-06.50