

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

**Girls 100 Meter Dash Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Moore, Jaedyn	09	Washington	13.14	10
2 Walton, Emery	12	Washington	13.72	8
3 Lyons, Ashley	09	Fairfield	13.73	6
4 Takorbisong, Kelly	11	Keokuk	13.74	4
5 Sandberg, Reese	10	North Cedar	14.26	2
6 Stewart, Aaliyah	11	Keokuk	14.45	1
7 Delperdang, Emeline	09	Mediapolis	14.77	
8 Gittings, Kenna	09	Fort Madison	14.86	
9 Jones, Taylor	10	Danville	14.93	
10 Lange, Tailynn	09	North Cedar	15.17	
11 Bandy, Avery	09	Mediapolis	15.34	
12 Montgomery, Claire	09	Danville	15.60	
--- Gathers, Laci	11	Fort Madison	NT	
--- Bowers, Laney	09	Fairfield	NT	

**Girls 200 Meter Dash Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Moore, Jaedyn	09	Washington	26.25	10
2 Messinger, Leighton	10	Washington	27.16	8
3 Carr, Alaya	09	Keokuk	27.17	6
4 Atterberg, Camryn	11	Keokuk	28.52	4
5 Hedges, Annabelle	09	Mediapolis	29.40	2
6 Wagner, Macie	10	Danville	29.60	1
7 Lyons, Ashley	09	Fairfield	29.69	
8 Lane, Iris	10	Fairfield	29.88	
9 Sandberg, Reese	10	North Cedar	30.50	
10 Jackson, Hailey	09	Mediapolis	31.06	
11 Gittings, Kenna	09	Fort Madison	31.97	
12 Gathers, Laci	11	Fort Madison	41.72	

**Girls 400 Meter Dash Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Lyons, Samantha	09	Fairfield	1:05.11	10
2 Rump, Avery	10	Fort Madison	1:06.08	8
3 Kleese, Abigail	12	Washington	1:06.12	6
4 Levetzow, Eden	11	Washington	1:06.80	4
5 Holsteen, Grace	10	Mediapolis	1:08.23	2
6 Husmann, Cailyn	10	North Cedar	1:15.20	1
7 Pearson, Maelee	09	North Cedar	1:15.74	
8 Koser, Mira	09	Fort Madison	1:15.82	
9 Caratachea, Liahna	11	Mediapolis	1:17.80	
10 Martin, Valeria	11	Danville	1:18.40	
11 Grijalva, Sophie	11	Fairfield	1:19.05	
12 Haage, Reagan	11	Keokuk	1:19.60	
13 Malloy, Serenity	10	Keokuk	1:21.77	

**Girls 800 Meter Run Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Gourley, Alaina	10	Danville	2:26.39	10

2 Smith, Mara	10	Fort Madison	2:29.83	8
3 Wright, Bryn	10	Mediapolis	2:33.80	6
4 Kleese, Abigail	12	Washington	2:34.51	4
5 Jones, Maddie	12	Fairfield	2:38.01	2
6 Bartholomew, Taylor	12	Washington	2:40.65	1
7 Van Pelt, Caroline	10	Fairfield	2:46.77	
8 Shead, Violet	10	Keokuk	2:47.94	
9 Sherwood, Kamryn	12	Danville	2:49.00	
10 Griffith, Delaney	09	Mediapolis	2:49.73	
11 Tackes, Darby	10	Keokuk	2:52.43	
12 Lumsden, Addisyn	09	Fort Madison	2:58.78	

**Girls 1500 Meter Run Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Rump, Avery	10	Fort Madison	5:01.50	10
2 Rump, Addison	10	Fort Madison	5:20.90	8
3 Horak, Lauren	11	Washington	5:32.42	6
4 Seeley, Carley	12	Fairfield	5:33.12	4
5 Karre, Hannah	11	Keokuk	5:35.20	2
6 Horak, Emma	09	Washington	5:43.33	1
7 Bloomquist, Malena	12	Fairfield	5:53.28	
8 Olsen, Rylee	12	Keokuk	6:03.96	
9 Schmidgall, Grace	10	Mediapolis	6:09.85	
10 Schmidgall, Anna	10	Mediapolis	6:26.78	
11 Henkelvig, Addison	09	Danville	6:30.97	

**Girls 3000 Meter Run Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Rump, Avery	10	Fort Madison	10:42.61	10
2 Dahl, Iris	10	Washington	11:21.82	8
3 Seeley, Carley	12	Fairfield	11:35.19	6
4 Sherwood, Kamryn	12	Danville	11:39.94	4
5 Karre, Hannah	11	Keokuk	11:46.01	2
6 Arnett, Abby	11	Danville	12:07.88	1
7 Lujan, Isabella	11	Washington	12:23.13	
8 Kuntz, Aubrey	12	Mediapolis	13:21.51	
9 Nalley, Lily	09	Mediapolis	13:26.15	
10 Porter, Emerson	09	Fairfield	15:31.48	

**Girls 100 Meter Hurdles Class A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Messinger, Leighton	10	Washington	16.50	10
2 Bergren, Lilly	11	Fairfield	16.55	8
3 Stewart, Layonna	11	Keokuk	17.12	6
4 McCready, Isabel	10	Fairfield	18.36	4
5 Billings, Baylee	09	Keokuk	19.24	2
6 Sokolik, Chloe	12	Fort Madison	19.31	1
7 Bentley, Maleena	10	Fort Madison	19.62	
8 Troughton, Kaylea	09	North Cedar	20.20	
9 Hinrichsen, Kendall	11	Washington	21.21	
10 Logan, Ryann	11	Danville	21.45	
11 Miller, Cardin	10	Mediapolis	22.27	

## Ekstrand Relays - 4/25/2024

Wayland, IA  
Results**Girls 400 Meter Hurdles Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bergren, Lilly	11	Fairfield	1:12.47 10
2 Hinrichsen, Kendall	11	Washington	1:15.21 8
3 Reinier, Hayley	11	Fairfield	1:16.44 6
4 Miller, Addison	10	Washington	1:16.80 4
5 Zaugg, Maylen	09	Mediapolis	1:19.30 2
6 Walz, Alexa	11	Fort Madison	1:21.50 1
7 Claus, Olivia	09	Keokuk	1:21.80
8 Logan, Ryann	11	Danville	1:33.30

**Girls 4x100 Meter Relay Class A**

Team	Relay	Finals
<b>Finals</b>		
1 Washington	A	52.20 10
1) Walton, Emery 12	2) Sands, Rachel 11	
3) Salazar, Leighton 10	4) Moore, Jaedyn 09	
2 Mediapolis	A	52.41 8
1) Jackson, Bailey 10	2) Hutcheson, Josie 10	
3) Messer, Kira 11	4) Steffener, Haley 12	
3 Fairfield	A	54.37 6
1) Lane, Maya 12	2) Lyons, Ashley 09	
3) McCready, Isabel 10	4) Martin, Lauren 10	
4 Keokuk	A	54.71 4
1) Takorbisong, Kelly 11	2) Crew, Bella 10	
3) Carr, Alaya 09	4) Stewart, Aaliyah 11	
5 North Cedar	A	54.79 2
1) Ries, Mollie 11	2) Lehrman, Addyson 10	
3) Sandberg, Reese 10	4) O'Rourke, Maci 09	
6 Fort Madison	A	58.70 1
1) Kern, Emma 12	2) Sokolik, Chloe 12	
3) Yrigoyen, Andrea 09	4) Bentley, Maleena 10	

**Girls 4x200 Meter Relay Class A**

Team	Relay	Finals
<b>Finals</b>		
1 Keokuk	A	1:53.55 10
1) Takorbisong, Kelly 11	2) Sintern, Kimberly 10	
3) Carr, Alaya 09	4) Atterberg, Camryn 11	
2 Danville	A	1:54.32 8
1) Furnald, Kenna 12	2) Sowell, Violette 09	
3) Wagner, Macie 10	4) Molle, Jaeda 12	
3 Mediapolis	A	1:55.47 6
1) Jackson, Bailey 10	2) Hutcheson, Josie 10	
3) Pfeiff, Amelia 09	4) Steffener, Haley 12	
4 Fairfield	A	1:57.10 4
1) Martin, Maddy 10	2) Buckley, Bella 09	
3) Martin, Lauren 10	4) Lane, Maya 12	
5 North Cedar	A	1:58.89 2
1) Ries, Mollie 11	2) Lehrman, Addyson 10	
3) Dohmen, Lily 09	4) O'Rourke, Maci 09	
6 Washington	A	1:59.75 1
1) Williams, Kezyah 10	2) Sands, Rachel 11	
3) Salazar, Leighton 10	4) Miller, Addison 10	

7 Fort Madison	A	2:05.40
1) Gelsthorpe, Lillian 11	2) Yrigoyen, Andrea 09	
3) Walz, Alexa 11	4) Steffensmeier, Rylee 12	

**Girls 4x400 Meter Relay Class A**

Team	Relay	Finals
<b>Finals</b>		
1 Mediapolis	A	4:23.49 10
1) Steiner, Paige 10	2) Dietz, Avery 09	
3) Hutcheson, Josie 10	4) Steffener, Haley 12	
2 Washington	A	4:25.24 8
1) Kleese, Abigail 12	2) Levetzow, Eden 11	
3) Bartholomew, Taylor 12	4) Pepper, Ryan 10	
3 Keokuk	A	4:28.99 6
1) Atterberg, Camryn 11	2) Takorbisong, Kelly 11	
3) Tackes, Darby 10	4) Sintern, Kimberly 10	
4 Fairfield	A	4:30.88 4
1) Martin, Maddy 10	2) Abbott, Alyia 10	
3) Lyons, Samantha 09	4) Jones, Maddie 12	
5 Danville	A	4:51.78 2
1) Orbiana, Miya 11	2) Newberry, Delaney 09	
3) Wagner, Macie 10	4) Arnett, Abby 11	
6 North Cedar	A	4:54.56 1
1) Ries, Mollie 11	2) O'Rourke, Maci 09	
3) Dohmen, Lily 09	4) Pearson, Maelee 09	
7 Fort Madison	A	5:14.31
1) Koser, Mira 09	2) Schwerin, Alaina 09	
3) Huebner, Ellie 10	4) Lumsden, Addisyn 09	

**Girls 4x800 Meter Relay Class A**

Team	Relay	Finals
<b>Finals</b>		
1 Washington	A	10:23.30 10
1) Horak, Lauren 11	2) Kleese, Abigail 12	
3) Horak, Emma 09	4) Dahl, Iris 10	
2 Fort Madison	A	10:26.85 8
1) Huebner, Ellie 10	2) Schinstock, McKayla 10	
3) Rump, Addison 10	4) Smith, Mara 10	
3 Mediapolis	A	10:30.23 6
1) Holsteen, Grace 10	2) Steiner, Paige 10	
3) Dietz, Avery 09	4) Wright, Bryn 10	
4 Fairfield	A	11:16.97 4
1) Bloomquist, Malena 12	2) Van Pelt, Caroline 10	
3) Jones, Maddie 12	4) Ferrel, Addison 12	
5 Keokuk	A	11:33.53 2
1) Tackes, Darby 10	2) Ames, Kali 09	
3) Olsen, Jacie 10	4) Olsen, Rylee 12	
6 Danville	A	12:37.22 1
1) Henkelvig, Addison 09	2) Martin, Valeria 11	
3) Rogers, Zoey 09	4) Newberry, Delaney 09	

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

## Girls 800 Sprint Medley Class A

Team	Relay	Finals
<b>Finals</b>		
1 Danville	A	1:54.32 10
1) Furnald, Kenna 12	2) Newberry, Delaney 09	
3) Molle, Jaeda 12	4) Gourley, Alaina 10	
2 Fairfield	A	1:56.87 8
1) Lane, Maya 12	2) Bergren, Lilly 11	
3) Lyons, Ashley 09	4) Lyons, Samantha 09	
3 Washington	A	1:59.36 6
1) Kendall, Ada 12	2) Levetzow, Eden 11	
3) Moore, Jaedyn 09	4) Bartholomew, Taylor 12	
4 Keokuk	A	2:06.15 4
1) Stewart, Layonna 11	2) Crew, Bella 10	
3) Barnes, Emily 11	4) Shead, Violet 10	
5 Fort Madison	A	2:08.88 2
1) Steffensmeier, Rylee 12	2) Kern, Emma 12	
3) Gelsthorpe, Lillian 11	4) Schwerin, Alaina 09	
6 North Cedar	A	2:13.92 1
1) Sandberg, Reese 10	2) Dohmen, Lily 09	
3) Husmann, Cailyn 10	4) Troughton, Kaylea 09	
--- Mediapolis	A	DQ
1) Jackson, Hailey 09	2) Delperdang, Emeline 09	
3) Griffith, Delaney 09	4) Schmidgall, Grace 10	

## Girls Distance Medley Class A

Team	Relay	Finals
<b>Finals</b>		
1 Danville	A	4:25.65 10
1) Furnald, Kenna 12	2) Molle, Jaeda 12	
3) Orbiana, Miya 11	4) Gourley, Alaina 10	
2 Washington	A	4:40.20 8
1) Walton, Emery 12	2) Sands, Rachel 11	
3) Hinrichsen, Kendall 11	4) Horak, Lauren 11	
3 Fort Madison	A	4:41.67 6
1) Gelsthorpe, Lillian 11	2) Huebner, Ellie 10	
3) Smith, Mara 10	4) Schinstock, McKayla 10	
4 Mediapolis	A	4:54.41 4
1) Hedges, Annabelle 09	2) Crear, Avery 09	
3) Thie, Madden 09	4) Schulz, Shelby 11	
5 Keokuk	A	4:55.74 2
1) Barnes, Emily 11	2) Gardner, Jalyiah 11	
3) Shead, Violet 10	4) Karre, Hannah 11	
6 Fairfield	A	5:02.31 1
1) Lane, Iris 10	2) Ferrel, Addison 12	
3) Abbott, Alyia 10	4) Bloomquist, Malena 12	

## Girls 4x100 Meter Shuttle Hurdle Class A

Team	Relay	Finals
<b>Finals</b>		
1 Washington	A	1:09.54 10
1) Pepper, Ryan 10	2) Salazar, Leighton 10	
3) Hinrichsen, Kendall 11	4) Messinger, Leighton 10	

2 Keokuk	A	1:15.08 8
1) Stewart, Layonna 11	2) Carr, Alaya 09	
3) Claus, Olivia 09	4) Billings, Baylee 09	
3 Fairfield	A	1:15.48 6
1) Lane, Maya 12	2) Bergren, Lilly 11	
3) Reinier, Hayley 11	4) McCready, Isabel 10	
4 Fort Madison	A	1:18.55 4
1) Walz, Alexa 11	2) Sokolik, Chloe 12	
3) Schwerin, Alaina 09	4) Bentley, Maleena 10	
5 Mediapolis	A	1:21.27 2
1) Zugg, Maylen 09	2) Weiss, Ellie 10	
3) Pfeiff, Amelia 09	4) Miller, Cardin 10	

## Girls High Jump Class A

Name	Yr	School	Finals
<b>Finals</b>			
1 Messinger, Leighton	10	Washington	J4-10.00 10
2 Crear, Avery	09	Mediapolis	J4-10.00 8
3 Gittings, Kenna	09	Fort Madison	4-08.00 6
4 Thie, Madden	09	Mediapolis	J4-06.00 4
5 Sowell, Violette	09	Danville	J4-06.00 1.5
5 Atterberg, Camryn	11	Keokuk	J4-06.00 1.5
--- Tackes, Darby	10	Keokuk	NH
--- Miller, Addison	10	Washington	NH

## Girls Long Jump Class A

Name	Yr	School	Finals
<b>Finals</b>			
1 Furnald, Kenna	12	Danville	16-10.00 10
2 Ries, Mollie	11	North Cedar	15-09.00 8
3 Salazar, Leighton	10	Washington	15-05.00 6
4 Sowell, Violette	09	Danville	14-11.00 4
5 Levetzow, Eden	11	Washington	14-08.00 2
6 Hedges, Annabelle	09	Mediapolis	14-06.00 1
7 Huebner, Ellie	10	Fort Madison	13-10.50
8 Buckley, Bella	09	Fairfield	13-09.00
9 Schwerin, Alaina	09	Fort Madison	13-06.00
10 Troughton, Kaylea	09	North Cedar	12-05.50
11 King, Alayna	09	Keokuk	12-04.00
11 Bandy, Avery	09	Mediapolis	12-04.00
13 Ames, Kenadi	10	Keokuk	10-10.00

## Girls Shot Put Class A

Name	Yr	School	Finals
<b>Finals</b>			
1 Frazier, Taegan	12	Danville	33-07.50 10
2 Setterstrom, Elyse	10	Fairfield	30-01.50 8
3 Stewart, Kiera	09	Keokuk	27-06.25 6
4 Brammer, Olivia	09	North Cedar	26-10.00 4
5 Crowley, Delilah	09	North Cedar	26-04.25 2
6 Schilling, Eden	12	Keokuk	25-09.00 1
7 Wright, Lyric	09	Washington	24-10.75
8 Van Der Molen, Sadie	12	Washington	24-02.00
9 Powers, Ava	10	Mediapolis	23-06.50
10 Wonderlich, Madeline	09	Mediapolis	22-05.75
11 Haynes, Kenna	11	Fairfield	21-11.50

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

**Finals ... (Girls Shot Put Class A)**

Name	Yr	School	Finals
12 Palar, Taylea	09	Danville	19-09.00

**Girls Discus Throw Class A**

Name	Yr	School	Finals
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**Finals**

1 Setterstrom, Elyse	10	Fairfield	107-10 10
2 Miksch, Taylor	10	Washington	102-03 8
3 Van Der Molen, Sadie	12	Washington	91-05 6
4 Schmidgall, Abi	10	Mediapolis	85-04 4
5 Crowley, Delilah	09	North Cedar	84-06 2
6 Schilling, Eden	12	Keokuk	70-05 1
7 Smith, Sadie	11	Danville	68-02
8 Haynes, Kenna	11	Fairfield	68-00
9 Stewart, Kiera	09	Keokuk	66-04
10 Curran, Evelyn	09	Mediapolis	63-02
11 Brammer, Olivia	09	North Cedar	62-02
12 Parrott, Natalie	10	Danville	52-08

**Girls 100 Meter Dash Class B**

Name	Yr	School	Finals
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**Finals**

1 Scott, Rya	10	Hillcrest	13.09 10
2 Meeker, Aurey	12	Winfield-Mt.	13.19 8
3 Randall, Lily	11	Hlv, Victor	13.22 6
4 Brun, Hailey	09	Highland	13.70 4
5 Barre, Lilly	11	Highland	13.78 2
6 Nafziger, Morgyn	11	Hillcrest	13.81 1
7 Wagler, Natalie	09	WACO	13.88
8 Montgomery, Kia	09	Sigourney	14.23
9 Magruder, Olivia	09	Lone Tree	15.20
10 Watkinson, Eliana	09	WACO	15.35
11 Sternhagen, Isabelle	09	Hlv, Victor	15.37
12 Phillips, Miah	12	New London	16.12
13 Nealey, Colbie	10	New London	16.39
--- Branson, Sami	11	Lone Tree	NT
--- Simmons, Brooklynn	12	Winfield-Mt.	NT
--- Belvel, Makenzie	11	Sigourney	NT

**Girls 200 Meter Dash Class B**

Name	Yr	School	Finals
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**Finals**

1 Scott, Rya	10	Hillcrest	26.54 10
2 Meeker, Aurey	12	Winfield-Mt.	27.72 8
3 Helmuth, Niva	10	Hillcrest	29.35 6
4 Smallwood, Amiya	12	Sigourney	29.73 4
5 Fisch, Ava	11	Sigourney	30.70 2
6 Watkinson, Eliana	09	WACO	31.03 1
7 Graber, Drew	09	WACO	31.07
8 Gensley, Nicole	10	Hlv, Victor	31.58
9 Nelson, Madelynn	09	New London	32.42
10 Sexton, Cate	11	Lone Tree	32.62
11 Graap, Dalanie	10	Lone Tree	32.83
12 Stearns, Alexis	10	Winfield-Mt.	32.90
13 Frahm, Nyla	09	Hlv, Victor	33.96

14 Nealey, Colbie	10	New London	34.47
15 Chalupa, Marissa	09	Highland	39.37

**Girls 400 Meter Dash Class B**

Name	Yr	School	Finals
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**Finals**

1 Gatton, Gwen	09	Sigourney	1:12.16 10
2 Magruder, Olivia	09	Lone Tree	1:13.39 8
3 Bahlman, Ella	09	Sigourney	1:21.86 6
4 Craun, Sarah	10	WACO	1:23.52 4
5 Mills, Lilly	12	Lone Tree	1:26.38 2
6 Mortimer, Cadance	10	New London	1:30.60 1
7 Titus, Karilyn	10	Winfield-Mt.	1:31.46
8 Chalupa, Marissa	09	Highland	1:45.94

**Girls 800 Meter Run Class B**

Name	Yr	School	Finals
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**Finals**

1 Lunsford, Carlee	09	WACO	2:43.38 10
2 Yates, Addison	10	Sigourney	2:47.62 8
3 Nino, Jazmine	10	Lone Tree	2:51.32 6
4 Gretter, Bailey	09	Sigourney	2:56.46 4
5 Sexton, Carlee	09	Lone Tree	2:57.84 2
6 Wilkerson, Afton	12	Winfield-Mt.	3:05.77 1
7 Swanson, Ashlyn	09	New London	3:20.18
8 Heckethorn, Lilly	09	Winfield-Mt.	3:32.52

**Girls 1500 Meter Run Class B**

Name	Yr	School	Finals
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**Finals**

1 Yoder, Marie	09	Hillcrest	5:19.98 10
2 Stanerson, Siena	10	Hillcrest	5:44.84 8
3 Graber, Elyssa	11	WACO	5:49.51 6
4 Wilson, Cloee	09	Sigourney	6:35.79 4
5 Owens, Taryn	10	New London	6:38.10 2
6 Wilkerson, Afton	12	Winfield-Mt.	6:46.25 1
7 Weiskircher, Emily	09	Winfield-Mt.	6:46.81
8 Zaruba, Abby	09	Lone Tree	6:51.27
9 Lynn, Justine	11	WACO	6:53.90
10 Swanson, Ashlyn	09	New London	7:03.27
11 Mills, Lilly	12	Lone Tree	7:32.36

**Girls 3000 Meter Run Class B**

Name	Yr	School	Finals
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**Finals**

1 Yoder, Marie	09	Hillcrest	11:28.32 10
2 Stanerson, Siena	10	Hillcrest	11:50.50 8
3 Yates, Addison	10	Sigourney	12:05.11 6
4 Lynn, Justine	11	WACO	15:28.58 4

**Girls 100 Meter Hurdles Class B**

Name	Yr	School	Finals
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**Finals**

1 Nelson, Josie	11	Winfield-Mt.	16.91 10
2 Davis, Mackenzie	10	Highland	17.79 8
3 Dennler, Zoey	12	WACO	18.05 6
4 Huston, Tessa	12	Winfield-Mt.	18.53 4

**Ekstrand Relays - 4/25/2024**

**Wayland, IA**

**Results**

**Finals ... (Girls 100 Meter Hurdles Class B)**

Name	Yr	School	Finals
5 Clarahan, Reagan	11	Sigourney	18.62 2
6 Chalupa, Courtney	12	Highland	19.19 1
7 Waterhouse, Courtney	09	WACO	21.14
8 Sexton, Cate	11	Lone Tree	21.20
9 Jones, Morgan	11	New London	22.01

**Girls 400 Meter Hurdles Class B**

Name	Yr	School	Finals
1 Huston, Tessa	12	Winfield-Mt.	1:13.31 10
2 Clarahan, Reagan	11	Sigourney	1:14.10 8
3 Dennler, Zoey	12	WACO	1:14.75 6
4 Davis, Mackenzie	10	Highland	1:18.60 4
5 Curry, Brooklyn	12	New London	1:33.50 2
6 Cooper, Aaliyah	11	Hlv, Victor	1:40.21 1

**Girls 4x100 Meter Relay Class B**

Team	Relay	Finals
1 Lone Tree	B	52.20 10
1) McCullough, Addison 09	2) Shield, Rylee 11	
3) Zaruba, Vivian 11	4) Christofferson, Ava 10	
2 Winfield-Mt. U	B	53.96 8
1) Nelson, Josie 11	2) Huston, Tessa 12	
3) Meeker, Aurey 12	4) Smith, Quin 10	
3 Waco	B	55.16 6
1) Leichty, Mei 09	2) Wagler, Natalie 09	
3) Farmer, Madelyn 09	4) Graber, Brenna 09	
4 Sigourney	B	56.20 4
1) Smallwood, Amiya 12	2) Goodwin, Carly 12	
3) Clarahan, Reagan 11	4) Montgomery, Kia 09	
5 Highland	B	56.66 2
1) Boyd, Graci 11	2) Hahn, Alexa 09	
3) Barre, Lilly 11	4) Brun, Hailey 09	
6 Hlv, Victor	B	1:01.21 1
1) Sternhagen, Isabelle 09	2) Gensley, Nicole 10	
3) Frahm, Nyla 09	4) Schmidt, Caiya 10	
7 New London	B	1:03.42
1) Nelson, Madelynn 09	2) Curry, Brooklyn 12	
3) Phillips, Miah 12	4) Jones, Morgan 11	

**Girls 4x200 Meter Relay Class B**

Team	Relay	Finals
1 Lone Tree	B	1:51.22 10
1) McCullough, Addison 09	2) Shield, Rylee 11	
3) Zaruba, Vivian 11	4) Christofferson, Ava 10	
2 Winfield-Mt. U	B	1:52.49 8
1) Nelson, Josie 11	2) Huston, Tessa 12	
3) Meeker, Aurey 12	4) Smith, Quin 10	
3 Hlv, Victor	B	1:59.21 6
1) Hall, Ayla 11	2) Gensley, Nicole 10	
3) Schmidt, Caiya 10	4) Hall, Emery 09	

4 Sigourney	B	1:59.43 4
1) Smallwood, Amiya 12	2) Goodwin, Carly 12	
3) Fisch, Ava 11	4) Montgomery, Kia 09	
5 Highland	B	2:02.45 2
1) Boyd, Graci 11	2) Hahn, Alexa 09	
3) Barre, Lilly 11	4) Brun, Hailey 09	
6 Hillcrest	B	2:05.04 1
1) Nafziger, Morgyn 11	2) Helmuth, Niva 10	
3) Meganathan, Natalie 11	4) Shaw, Delaney 11	
7 New London	B	2:18.60
1) Jones, Morgan 11	2) Woodsmall, Marlianna 10	
3) Schlarbaum, Angelica 09	4) Curry, Brooklyn 12	
--- Waco	B	DNF
1) Leichty, Mei 09	2) Wagler, Natalie 09	
3) Farmer, Madelyn 09	4) Graber, Brenna 09	

**Girls 4x400 Meter Relay Class B**

Team	Relay	Finals
1 Hlv, Victor	B	4:26.82 10
1) Hall, Ayla 11	2) Schmidt, Caiya 10	
3) Hall, Emery 09	4) Cooper, Aaliyah 11	
2 Hillcrest	B	4:50.15 8
1) Scott, Rya 10	2) Stanerson, Siena 10	
3) Yoder, Marie 09	4) Shaw, Delaney 11	
3 Lone Tree	B	5:01.59 6
1) Magruder, Olivia 09	2) Sexton, Carlee 09	
3) Nino, Jazmine 10	4) Graap, Dalanie 10	
4 Sigourney	B	5:06.12 4
1) Gatton, Gwen 09	2) Gretter, Bailey 09	
3) Fineran, Ava 12	4) Bahlman, Ella 09	

**Girls 4x800 Meter Relay Class B**

Team	Relay	Finals
1 Lone Tree	B	12:05.94 10
1) Sexton, Carlee 09	2) Nino, Jazmine 10	
3) Graap, Dalanie 10	4) Zaruba, Abby 09	

**Girls 800 Sprint Medley Class B**

Team	Relay	Finals
1 Lone Tree	B	1:55.86 10
1) Sexton, Cate 11	2) Zaruba, Vivian 11	
3) Christofferson, Ava 10	4) Shield, Rylee 11	
2 Hlv, Victor	B	1:59.32 8
1) Randall, Lily 11	2) Hall, Ayla 11	
3) Cooper, Aaliyah 11	4) Hall, Emery 09	
3 Waco	B	2:06.73 6
1) Leichty, Mei 09	2) Graber, Brenna 09	
3) Wagler, Natalie 09	4) Lunsford, Carlee 09	
4 Sigourney	B	2:06.83 4
1) Smallwood, Amiya 12	2) Montgomery, Kia 09	
3) Clarahan, Reagan 11	4) Goodwin, Carly 12	

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

**Finals ... (Girls 800 Sprint Medley Class B)**

Team	Relay	Finals
5 Highland	B	2:10.71 2
1) Cole, Emma 10	2) Chalupa, Courtney 12	
3) Boyd, Graci 11	4) Davis, Mackenzie 10	
6 Winfield-Mt. U	B	2:22.99 1
1) Simmons, Brooklynn 12	2) Stearns, Alexis 10	
3) Weiskircher, Emily 09	4) Wilkerson, Afton 12	
7 New London	B	2:25.13
1) Phillips, Miah 12	2) Nealey, Colbie 10	
3) Nelson, Madelynn 09	4) Woodsmall, Marlianna 10	

**Girls Distance Medley Class B**

Team	Relay	Finals
<b>Finals</b>		
1 Lone Tree	B	4:34.77 10
1) McCullough, Addison 09	2) Christofferson, Ava 10	
3) Shield, Rylee 11	4) Zaruba, Vivian 11	
2 Hlv, Victor	B	4:36.88 8
1) Randall, Lily 11	2) Hall, Ayla 11	
3) Cooper, Aaliyah 11	4) Hall, Emery 09	
3 Waco	B	5:04.16 6
1) Graber, Peyton 11	2) Hildebrand, Kinsey 09	
3) Waterhouse, Courtney 09	4) Graber, Elyssa 11	
4 New London	B	5:33.44 4
1) Schlarbaum, Angelica 09	2) Jones, Morgan 11	
3) Curry, Brooklyn 12	4) Swanson, Ashlyn 09	
5 Sigourney	B	5:34.56 2
1) Aller, Dani 11	2) Gretter, Bailey 09	
3) Fineran, Ava 12	4) Wilson, Cloee 09	

**Girls 4x100 Meter Shuttle Hurdle Class B**

Team	Relay	Finals
<b>Finals</b>		
1 Waco	B	1:14.25 10
1) Rinner, Ally 11	2) Graber, Brenna 09	
3) Farmer, Madelyn 09	4) Dennler, Zoey 12	

**Girls High Jump Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Gensley, Nicole	10	Hlv, Victor	4-10.00 10
2 Smith, Quin	10	Winfield-Mt.	4-08.00 8
3 Farmer, Madelyn	09	WACO	J4-04.00 6
4 Magruder, Olivia	09	Lone Tree	J4-04.00 4
--- Miller, Katie	10	Winfield-Mt.	NH

**Girls Long Jump Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Scott, Rya	10	Hillcrest	15-11.00 10
2 Shaw, Delaney	11	Hillcrest	14-04.00 8
3 Hahn, Alexa	09	Highland	13-08.00 6
4 Graber, Drew	09	WACO	13-07.00 4
5 Randall, Lily	11	Hlv, Victor	13-04.00 2
6 Leichty, Mei	09	WACO	J12-11.00 1

7 Sexton, Cate	11	Lone Tree	J12-11.00
8 Nelson, Madelynn	09	New London	12-03.00
9 Sternhagen, Isabelle	09	Hlv, Victor	12-01.00
10 Phillips, Miah	12	New London	11-07.00

**Girls Shot Put Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Yoder, Hayden	11	Lone Tree	31-02.00 10
2 Moore, Josephine	11	Sigourney	29-06.50 8
3 Zittergruen, Aubrey	09	Hlv, Victor	27-06.75 6
4 Dautremont, Alex	11	Lone Tree	27-03.00 4
5 Lee, Megan	10	New London	26-03.00 2
6 Helmuth, Niva	10	Hillcrest	26-00.00 1
7 Horn, Rhiannon	12	WACO	25-08.50
8 McDowell, Chianne	11	Winfield-Mt.	24-03.00
9 Gerot, Adyson	11	Highland	24-00.00
10 Nelson, Lena	10	New London	22-07.00
11 Clarahan, Madison	09	Sigourney	19-03.75
12 Tapia, Rachel	11	Winfield-Mt.	19-00.00
13 Plank, Hailey	10	Highland	18-01.25

**Girls Discus Throw Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Zittergruen, Aubrey	09	Hlv, Victor	95-05 10
2 Moore, Josephine	11	Sigourney	89-07 8
3 Dautremont, Alex	11	Lone Tree	79-02.50 6
4 Yoder, Hayden	11	Lone Tree	76-04 4
5 Gerot, Adyson	11	Highland	65-00 2
6 Denney, Abigail	09	New London	54-06 1
7 Miller, Katie	10	Winfield-Mt.	53-00.50
8 Wilka, Shay	09	New London	52-00.50
9 Moats, Jada	09	Winfield-Mt.	50-06
10 Plank, Hailey	10	Highland	43-00
11 Bernhardt, Cora	10	Sigourney	36-01

**Boys 100 Meter Dash Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bates, Tallon	12	Fairfield	11.30 10
2 Campbell, Drew	11	Keokuk	11.51 8
3 Ferris, Will	11	Central Lee	11.67 6
4 Saine, Ousman	11	Fairfield	11.68 4
5 Fogarty, Evan	09	Central Lee	11.77 2
6 Edmonds, Nate	11	Washington	11.92 1
7 Spears, Brock	09	Mediapolis	12.07
8 Wolkenhauer, Kamryn	10	Danville	12.51
9 Mehta, Rehaan	11	Danville	12.81
10 Guy, Creighton	09	Washington	12.83
11 Rahn, Murphy	09	Keokuk	12.90
12 Terry, Marques	09	North Cedar	13.38
13 Sturtz, Cameron	10	North Cedar	13.86
14 Heitmann, Marshall	09	Fort Madison	13.97
15 Miller, Taylen	09	Mediapolis	14.22

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

**Boys 200 Meter Dash Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bates, Tallon	12	Fairfield	23.07 10
2 Myhre, Grant	12	Central Lee	23.43 8
3 Smith, Travarius	09	Keokuk	23.55 6
4 Saine, Ousman	11	Fairfield	23.78 4
5 Smith, Kiawante	12	Fort Madison	24.44 2
6 Spears, Brock	09	Mediapolis	24.67 1
7 Ross, Aden	12	Central Lee	24.92
8 Lambert, Peyton	11	Fort Madison	25.06
9 Garrison, James	10	Mediapolis	25.18
10 Smith, Tramell	11	Keokuk	25.35
11 Whisler, Grant	10	Washington	25.54
11 Walker, Grady	11	Danville	25.54
13 Nealey, Byers	10	Danville	25.58
14 Balichek, Brayden	11	North Cedar	26.51
15 Schmitz, Aidan	10	Washington	27.14
16 Terry, Marques	09	North Cedar	27.84

**Boys 400 Meter Dash Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Myhre, Grant	12	Central Lee	53.02 10
2 Lambert, Peyton	11	Fort Madison	53.62 8
3 Ross, Aden	12	Central Lee	55.49 6
4 Shepherd, Andrew	12	Washington	55.63 4
5 Hutcheson, Jackson	12	Mediapolis	57.30 2
6 Ourth, Carson	12	Danville	57.72 1
7 Griffin, Max	10	Mediapolis	57.74
8 Smith, Chayce	10	Keokuk	57.90
9 Frazier, Ty	09	Danville	58.43
10 Krogmeier, Noah	10	Fort Madison	58.80
11 Rees, Blaine	09	Washington	59.24
12 Crew, Jacob	10	Fairfield	59.79
13 Rahn, Murphy	09	Keokuk	59.80
14 Cass, Clae	10	Fairfield	1:00.45
15 Sturtz, Cameron	10	North Cedar	1:04.17

**Boys 100 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klein, Brandon	10	Fort Madison	31.90

**Boys 200 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klein, Brandon	10	Fort Madison	1:10.17

**Boys 400 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klein, Brandon	10	Fort Madison	2:36.65

**Boys 800 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Guzman, Nolan	10	Fort Madison	2:02.98 10
2 Tejada, Gabe	11	Fairfield	2:03.74 8
3 Horn, Noah	10	Danville	2:04.92 6
4 Alderton, Tyler	11	Washington	2:10.68 4
5 Boatright, Ben	12	Fairfield	2:14.85 2
6 Cook, Brett	09	Central Lee	2:17.40 1
7 Turner, Soren	11	North Cedar	2:21.05
8 Frank, Logan	10	Mediapolis	2:22.29
9 Rothe, Dirk	11	Washington	2:23.78
10 Killoren, Carter	10	Keokuk	2:28.56
11 Zinnert, Lane	11	Keokuk	2:35.20
12 Ball, Trevin	09	Central Lee	2:36.88

**Boys 1600 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fesler, Carter	12	Danville	4:48.03 10
2 Tripp, Riley	10	Fort Madison	4:54.83 8
3 Wendel, Simon	10	Mediapolis	4:56.29 6
4 Tschantz, Sawyer	10	Washington	5:00.87 4
5 Tejada, Gabe	11	Fairfield	5:04.73 2
6 Shinn, Isaac	10	Danville	5:06.69 1
7 Thomas, Leo	11	Central Lee	5:07.28
8 Johnson, Calvin	11	Fort Madison	5:11.86
9 Lindeen, Mason	09	Mediapolis	5:22.09
10 Regur, Aaden	10	Fairfield	5:27.23
11 Fraise, Ward	10	Central Lee	5:30.71
12 Gibbs, Elijah	12	Keokuk	5:33.25
13 Zetterlund, Rollan	09	Keokuk	5:39.10
14 Dircks, Weston	10	North Cedar	5:45.73
15 Flathers, Benjamin	09	North Cedar	6:46.67

**Boys 3200 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Alderton, Tyler	11	Washington	10:43.70 10
2 Shinn, Isaac	10	Danville	10:50.60 8
3 Clauson, Solomon	09	Fairfield	11:32.80 6
4 Cass, Clae	10	Fairfield	11:41.00 4
5 Gerber, Noah	12	Central Lee	12:05.00 2
6 Rees, Andrew	10	Washington	14:57.80 0.5
6 Flathers, Benjamin	09	North Cedar	14:57.80 0.5

**Boys 110 Meter Hurdles Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Claus, Mason	10	Keokuk	15.63 10
2 Gunn, Grady	12	Mediapolis	16.00 8
3 Smith, Kiawante	12	Fort Madison	16.52 6
4 Hoard, Brenton	11	Keokuk	16.76 4
5 Aplara, Ian	11	Fairfield	17.48 2
6 Greiner, Caden	10	Washington	18.01 1

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

## Finals ... (Boys 110 Meter Hurdles Class A)

Name	Yr	School	Finals
7 Chenoweth, Mark	09	Washington	19.30
8 Porter, Aiden	09	Fairfield	21.45
9 Stoffer, Paul	12	North Cedar	23.93
--- Gunn, Gannon	10	Mediapolis	NT

## Boys 400 Meter Hurdles Class A

Name	Yr	School	Finals
<b>Finals</b>			
1 Claus, Mason	10	Keokuk	56.56 10
2 Adam, Dylan	11	Fairfield	59.62 8
3 McCready, Spencer	10	Fairfield	59.76 6
4 Wolter, Ben	12	Mediapolis	1:00.00 4
5 McDole, Logan	11	Washington	1:02.56 2
6 Kleinkopf, Cooper	12	Danville	1:03.58 1
7 Worster, Brendan	12	Keokuk	1:04.71
8 Greiner, Caden	10	Washington	1:05.60
9 Stoffer, Paul	12	North Cedar	1:06.60
10 Fogarty, Austin	09	Central Lee	1:06.64
11 Johnson, Zander	09	Mediapolis	1:08.33
12 Zimmerman, Lucius	09	Fort Madison	1:10.00
13 Gibb, Hudson	10	Danville	1:12.28

## Boys 4x100 Meter Relay Class A

Team	Relay	Finals
<b>Finals</b>		
1 Danville	A	44.67 10
1) Bauer, Jaden 11	2) Bielser, Drake 10	
3) Seibert, Landon 11	4) Doyle, Ayden 12	
2 Fairfield	A	45.35 8
1) Kreuter, Aidan 12	2) Workman, Dayson 10	
3) Lyons, Brody 11	4) Saine, Ousman 11	
3 Mediapolis	A	46.27 6
1) Luttenegger, Will 10	2) Griffin, Max 10	
3) Oliver, Braeden 11	4) Hutcheson, Jackson 12	
4 North Cedar	A	46.56 4
1) Wachendorf, Dylan 10	2) Wood, Nate 12	
3) Clark, Peyton 12	4) Troughton, James 10	
5 Central Lee	A	46.97 2
1) Damico, Kegan 11	2) Fogarty, Evan 09	
3) Ferris, Will 11	4) Myhre, Grant 12	
6 Washington	A	47.85 1
1) Richardson, Blayze 09	2) Leyden, Conner 11	
3) Brown, Boden 09	4) Edmonds, Nate 11	
7 Fort Madison	A	49.37
1) Wiseman, Henry 12	2) Callahan, Gavin 11	
3) Smrt, Hunter 09	4) Smith, Kiawante 12	

## Boys 4x200 Meter Relay Class A

Team	Relay	Finals
<b>Finals</b>		
1 Keokuk	A	1:34.41 10
1) Smith, Travarius 09	2) Swainey, Lucas 12	
3) Bair, Ryan 10	4) Campbell, Drew 11	

2 Mediapolis	A	1:35.12 8
1) Luttenegger, Will 10	2) Schmidgall, Nathan 10	
3) Oliver, Braeden 11	4) Campbell, Reese 11	
3 Danville	A	1:37.34 6
1) Bauer, Jaden 11	2) Whaley, Kessler 11	
3) Kleinkopf, Cooper 12	4) Bielser, Drake 10	
4 North Cedar	A	1:39.74 4
1) Wachendorf, Dylan 10	2) Wood, Nate 12	
3) Clark, Peyton 12	4) Troughton, James 10	
5 Fairfield	A	1:39.80 2
1) Workman, Dayson 10	2) Pumphery, Julian 10	
3) Lyons, Brody 11	4) Kreuter, Aidan 12	
6 Washington	A	1:44.36 1
1) Richardson, Blayze 09	2) Brown, Boden 09	
3) Manz, Ashton 09	4) Rees, Blaine 09	
7 Central Lee	A	1:44.39
1) Kitzman, Cody 10	2) Wyrick, Brayden 11	
3) Fogarty, Evan 09	4) Cook, Brett 09	
8 Fort Madison	A	1:52.54
1) Koser, Mason 11	2) Johnson, Rainer 09	
3) McGinity-McKasson, Hunter	4) Richmond, Evan 11	

## Boys 4x400 Meter Relay Class A

Team	Relay	Finals
<b>Finals</b>		
1 Keokuk	A	3:38.98 10
1) Smith, Travarius 09	2) Claus, Mason 10	
3) Worster, Brendan 12	4) Bair, Ryan 10	
2 Danville	A	3:40.65 8
1) Whaley, Kessler 11	2) Fesler, Carter 12	
3) Shacklett, Jackson 11	4) Horn, Noah 10	
3 Fairfield	A	3:52.26 6
1) Boatright, Ben 12	2) Crew, Jacob 10	
3) Atwood, Brock 10	4) McCready, Spencer 10	
4 Central Lee	A	4:01.79 4
1) Cook, Brett 09	2) Fogarty, Austin 09	
3) Salter-Rickman, Riley 10	4) Humes, Kaidin 09	
5 Washington	A	4:03.70 2
1) Greiner, Caden 10	2) Shepherd, Andrew 12	
3) Rothe, Dirk 11	4) Sanders, Jace 11	
6 North Cedar	A	4:08.47 1
1) Turner, Soren 11	2) Balicheck, Brayden 11	
3) Dircks, Weston 10	4) Sturtz, Cameron 10	
7 Fort Madison	A	4:21.51
1) Johnson, Rainer 09	2) Krogmeier, Noah 10	
3) Lightfoot, Justice 10	4) Cornelis, Eric 10	
--- Mediapolis	A	DQ
1) Campbell, Reese 11	2) Schmidgall, Nathan 10	
3) Spears, Brock 09	4) Morian, Logan 11	

## Boys 4x800 Meter Relay Class A

Team	Relay	Finals
<b>Finals</b>		
1 Danville	A	9:03.81 10
1) Shacklett, Jackson 11	2) Whaley, Kessler 11	
3) Fesler, Carter 12	4) Horn, Noah 10	



## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

## Finals ... (Boys 4x800 Meter Relay Class A)

Team	Relay	Finals	
2 Washington	A	9:07.63	8
1) Malichky, Kael 12	2) Tschantz, Sawyer 10		
3) Hotchkiss, Ethan 09	4) Sanders, Jace 11		
3 Mediapolis	A	9:12.07	6
1) Wendel, Simon 10	2) DeLang, Brayton 10		
3) Massner, Caleb 11	4) Frank, Logan 10		
4 Fairfield	A	9:36.28	4
1) Miller, John 09	2) Starr, Axl 10		
3) Regur, Aaden 10	4) Konczal, Nate 12		
5 North Cedar	A	9:38.54	2
1) Turner, Soren 11	2) Dircks, Weston 10		
3) Stoffer, Paul 12	4) Sturtz, Cameron 10		
6 Central Lee	A	10:03.96	1
1) Salter-Rickman, Riley 10	2) Thomas, Leo 11		
3) Hayes, Will 10	4) Fraise, Ward 10		
7 Keokuk	A	10:13.39	
1) Zinnert, Lane 11	2) Zetterlund, Rollan 09		
3) Killoren, Carter 10	4) Gibbs, Elijah 12		

## Boys 800 Sprint Medley Class A

Team	Relay	Finals	
1 Danville	A	1:37.51	10
1) Bauer, Jaden 11	2) Whaley, Kessler 11		
3) Seibert, Landon 11	4) Doyle, Ayden 12		
2 Fairfield	A	1:37.72	8
1) Kreuter, Aidan 12	2) Workman, Dayson 10		
3) Bates, Tallon 12	4) Tejada, Gabe 11		
3 Mediapolis	A	1:40.59	6
1) Luttenegger, Will 10	2) Griffin, Max 10		
3) Oliver, Braeden 11	4) Campbell, Reese 11		
4 Keokuk	A	1:43.84	4
1) Smith, Travarius 09	2) Swainey, Lucas 12		
3) Campbell, Drew 11	4) Bair, Ryan 10		
5 North Cedar	A	1:46.17	2
1) Wachendorf, Dylan 10	2) Wood, Nate 12		
3) Clark, Peyton 12	4) Troughton, James 10		
6 Washington	A	1:46.59	1
1) Richardson, Blayze 09	2) Brown, Boden 09		
3) Leyden, Conner 11	4) Shepherd, Andrew 12		
7 Central Lee	A	1:50.20	
1) Fogarty, Evan 09	2) Ferris, Will 11		
3) Ross, Aden 12	4) Damico, Kegan 11		

## Boys Distance Medley Class A

Team	Relay	Finals	
1 Danville	A	3:48.30	10
1) Doyle, Ayden 12	2) Seibert, Landon 11		
3) Horn, Noah 10	4) Shacklett, Jackson 11		
2 Fairfield	A	4:00.69	8
1) Burnett, Blake 09	2) McCready, Spencer 10		
3) Atwood, Brock 10	4) Boatright, Ben 12		

3 Mediapolis	A	4:02.63	6
1) Garrison, James 10	2) Elder, Reece 09		
3) Morian, Logan 11	4) Wendel, Simon 10		
4 Keokuk	A	4:07.63	4
1) Wray, Lincoln 09	2) Smith, Tramell 11		
3) Worster, Brendan 12	4) Gibbs, Elijah 12		
5 Washington	A	4:17.73	2
1) Richardson, Blayze 09	2) Guy, Creighton 09		
3) Ryan, Carson 10	4) Sanders, Jace 11		
6 Fort Madison	A	4:17.78	1
1) Johnson, Rainer 09	2) Maitner, Justin 11		
3) McGinity-McKasson, Hunter	4) Lightfoot, Justice 10		
7 North Cedar	A	4:23.24	
1) Terry, Marques 09	2) Balichek, Brayden 11		
3) Dircks, Weston 10	4) Turner, Soren 11		
8 Central Lee	A	4:33.75	
1) Arrowood, Kain 10	2) Fogarty, Austin 09		
3) Humes, Kaidin 09	4) Crozier, Caden 09		

## Boys 4x110 Meter Shuttle Hurdle Class A

Team	Relay	Finals	
1 Mediapolis	A	1:05.36	10
1) Hutcheson, Jackson 12	2) Wolter, Ben 12		
3) Stotlar, Kamden 12	4) Gunn, Grady 12		
2 Fairfield	A	1:08.05	8
1) McCready, Spencer 10	2) Aplara, Ian 11		
3) Adam, Dylan 11	4) Pumphery, Julian 10		
3 Keokuk	A	1:08.06	6
1) Worster, Brendan 12	2) Hoard, Brenton 11		
3) Finch, Jaykob 12	4) Claus, Mason 10		
4 Washington	A	1:10.08	4
1) Greiner, Caden 10	2) Leyden, Conner 11		
3) Ryan, Carson 10	4) Chenoweth, Mark 09		
5 North Cedar	A	1:19.85	2
1) Clark, Peyton 12	2) Williams, Tyler 11		
3) Stoffer, Paul 12	4) Sturtz, Cameron 10		
--- Fort Madison	A	DNF	
1) Zimmerman, Lucius 09	2) Callahan, Gavin 11		
3) Smith, Kiawante 12	4) Wiseman, Henry 12		

## Boys High Jump Class A

Name	Yr	School	Finals	
1 Saine, Ousman	11	Fairfield	6-00.00	10
2 Guzman, Nolan	10	Fort Madison	5-10.00	8
3 Mohr, Chett	12	Mediapolis	5-06.00	6
4 Hoard, Brenton	11	Keokuk	J5-04.00	4
5 Smrt, Hunter	09	Fort Madison	J5-04.00	1.5
5 Burnett, Blake	09	Fairfield	J5-04.00	1.5
--- Keller, Lathan	09	Mediapolis	NH	
--- Smith, Tramell	11	Keokuk	NH	

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

**Boys Long Jump Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Myhre, Grant	12	Central Lee	19-09.00 10
2 Schmidgall, Nathan	10	Mediapolis	19-08.25 8
3 Troughton, James	10	North Cedar	19-02.00 6
4 Luttenegger, Will	10	Mediapolis	18-11.75 4
5 Adam, Dylan	11	Fairfield	18-04.50 2
6 Smith, Trammell	11	Keokuk	17-09.00 1
7 Westercamp, Aiden	10	Fairfield	17-02.00
8 Wray, Lincoln	09	Keokuk	16-11.00
9 McGinity-McKasson, Hun	09	Fort Madison	16-02.00
10 Arrowood, Kain	10	Central Lee	15-10.50
11 Edmonds, Nate	11	Washington	15-07.50
12 Smrt, Hunter	09	Fort Madison	14-11.50

**Boys Shot Put Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klein, Brandon	10	Fort Madison	14.06m

**Boys Shot Put Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hartman, Greyson	09	Washington	45-01.00 10
2 Joy, Kevin	12	Keokuk	41-04.25 8
3 Brooks, Urijah	09	Fort Madison	41-01.00 6
4 Saldivar, Xander	12	North Cedar	40-00.00 4
5 Hallgren, Gavin	12	Mediapolis	38-11.25 2
6 Allison, Caden	12	Fairfield	38-01.25 1
7 Vorwerk, Kyle	12	Mediapolis	38-00.75
8 Moore, Ostyn	11	Central Lee	37-07.00
9 Wendt, Henry	10	North Cedar	37-03.50
10 Zahs, Lucas	11	Washington	36-06.00
11 Davis, Hayden	12	Keokuk	35-07.75
12 Johnson, Wyatt	11	Fairfield	35-06.75
13 Heitmann, Marshall	09	Fort Madison	32-06.50
14 Thornburg, Cam	10	Central Lee	30-10.25
15 Nealey, Byers	10	Danville	30-01.00
16 Wolkenhauer, Kamryn	10	Danville	25-04.25

**Boys Discus Throw Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Arnett, Cory	11	Fort Madison	142-03 10
2 Seibert, Landon	11	Danville	128-07 8
3 Schneider, Brayton	11	Fort Madison	128-00 6
4 Hartman, Greyson	09	Washington	122-02 4
5 Schroeder, Noah	10	North Cedar	121-11 2
6 Allison, Caden	12	Fairfield	117-10 1
7 Joy, Kevin	12	Keokuk	116-01
8 Sharp, Joe	12	Mediapolis	109-08
9 Stone, Nic	09	Washington	109-06
10 Davis, Hayden	12	Keokuk	106-06
11 Smithburg, Dre	11	Fairfield	102-00

12 Krogmeier, Owen	11	Central Lee	99-06
13 Benner, Jack	09	Central Lee	89-04
14 Parker, Nick	09	Danville	85-05
15 Heister, Cooper	09	North Cedar	85-00
16 Samberg, Reid	09	Mediapolis	77-06

**Boys 100 Meter Dash Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Franklin, London	10	New London	11.54 10
2 Rich, Isaac	11	WACO	11.98 8
3 Van Waus, Aiden	10	Hlv, Victor	11.99 6
4 Shelman, Hayden	09	WACO	12.25 4
5 Day, Cayden	11	Highland	12.26 2
6 Genkinger, Lane	11	Winfield-Mt.	12.27 1
7 Bailey, Kale	09	Hillcrest	12.32
8 Molyneux, Ike	09	Sigourney	12.44
9 Tapia, Jarit	12	Winfield-Mt.	12.54
10 Roorda, Boston	10	Hlv, Victor	12.65
11 Magruder, Brody	11	Lone Tree	12.74
12 Wulfkule, Jack	09	Lone Tree	14.78
13 Shalla, Sawyer	10	Highland	15.25
14 Bruns, Isaac	11	Sigourney	16.59
15 Lee, James	10	WACO	x18.58

**Boys 200 Meter Dash Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Van Waus, Aiden	10	Hlv, Victor	24.52 10
2 Reed, Colt	10	Sigourney	24.88 8
3 Johnson, Kael	12	Winfield-Mt.	25.13 6
4 Day, Cayden	11	Highland	25.27 4
5 Bailey, Kale	09	Hillcrest	25.45 2
6 Edeker, Trey	10	WACO	25.71 1
7 Bruns, Isaac	11	Sigourney	25.83
8 Stauffer, Braxton	09	WACO	26.11
9 Wilson, Parker	09	Winfield-Mt.	26.18
10 Magruder, Brody	11	Lone Tree	26.23
11 Roorda, Boston	10	Hlv, Victor	26.98
12 Patterson, Jack	11	Lone Tree	28.45
13 Robinson, Jackson	09	Highland	31.30

**Boys 400 Meter Dash Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Porter, Brigham	10	New London	55.13 10
2 Bailey, Kale	09	Hillcrest	58.46 8
3 Jacobs-Jewell, Corbin	11	New London	1:00.99 6
4 Jones, Jaxton	10	Winfield-Mt.	1:01.50 4
5 Wehr, Wyatt	10	Sigourney	1:01.61 2
6 Giese, Isaac	10	Winfield-Mt.	1:03.35 1
7 O'Rourke, Cael	11	Sigourney	1:04.78
8 Cavin, Eli	10	WACO	1:06.19
9 Bachman, Lane	11	WACO	1:09.12
10 McDonald, Landon	09	Hlv, Victor	1:12.39
11 Wulfkule, Jack	09	Lone Tree	1:17.18

**Ekstrand Relays - 4/25/2024**

**Wayland, IA**

**Results**

**Finals ... (Boys 400 Meter Dash Class B)**

Name	Yr	School	Finals
12 Shalla, Sawyer	10	Highland	1:20.91
13 Robinson, Jackson	09	Highland	1:21.11

**Boys 800 Meter Run Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Newsom, Kohlby	11	Winfield-Mt.	2:07.98 10
2 Wood, Brayden	10	Sigourney	2:15.18 8
3 Jacobs-Jewell, Corbin	11	New London	2:22.15 6
4 Nebergall, Brock	09	Lone Tree	2:22.35 4
5 Berg, John	10	Sigourney	2:23.24 2
6 Nelson, Jacob	11	Winfield-Mt.	2:25.84 1
7 PirkI, Nolan	12	Hlv, Victor	2:30.43
8 Hartsock, Braden	09	Hillcrest	2:36.60
9 Thys, Andrew	09	Hlv, Victor	2:40.12
10 Birtcher, Joey	12	Lone Tree	2:58.11

**Boys 1600 Meter Run Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klett, Troy	10	Sigourney	4:54.36 10
2 Raines, Riley	09	New London	4:54.64 8
3 Sternhagen, Brody	12	Hlv, Victor	5:31.90 6
4 Thomson, Bowen	10	Winfield-Mt.	5:35.34 4
5 Beeding, Jaiden	10	Winfield-Mt.	5:41.11 2
6 Davis, Wesley	11	Hlv, Victor	5:55.32 1
7 Bird, Deacon	11	WACO	6:05.80
8 Bachman, Lane	11	WACO	6:14.99
9 Wulfkule, Jack	09	Lone Tree	6:45.55

**Boys 3200 Meter Run Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Klett, Troy	10	Sigourney	10:52.10 10
2 Hartsock, Braden	09	Hillcrest	12:45.90 8
3 Thomson, Bowen	10	Winfield-Mt.	12:49.70 6
4 Davis, Wesley	11	Hlv, Victor	13:15.70 4

**Boys 110 Meter Hurdles Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Clarahan, Caden	11	Sigourney	16.89 10
2 Henstorf, Max	12	Hlv, Victor	17.20 8
3 Menke, Owen	10	Sigourney	17.78 6
4 Schneider, Jackson	12	Highland	20.08 4

**Boys 400 Meter Hurdles Class B**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hemsworth, Gabriel	12	Winfield-Mt.	57.83 10
2 Scorpil, Ty	12	Winfield-Mt.	1:00.50 8
3 Westerbeck, Cale	10	New London	1:01.92 6
4 Huisenga, Loudan	11	WACO	1:04.82 4
5 O'Rourke, Carson	09	Sigourney	1:05.01 2
6 Henstorf, Max	12	Hlv, Victor	1:05.94 1

7 Millspaugh, Layke	09	WACO	1:08.20
8 O'Rourke, Cael	11	Sigourney	1:14.80
9 Walmsley, Cole	09	Lone Tree	1:18.00

**Boys 4x100 Meter Relay Class B**

Team	Relay	Finals
<b>Finals</b>		
1 Waco	B	46.09 10
1) Shelman, Hayden 09	2) Rich, Isaac 11	
3) Samo, Gage 11	4) Miller, Clayton 11	
2 Winfield-Mt. U	B	46.37 8
1) Milks, Cole 12	2) Johnson, Kael 12	
3) Miller, Eli 12	4) Edwards, Abram 12	
3 Lone Tree	B	46.58 6
1) Setti, Pietro 12	2) Bockelman, Ethan 12	
3) Burke, Emmett 10	4) Garcia, Domonic 10	
4 Sigourney	B	47.84 4
1) Clark, Brady 11	2) Reed, Colt 10	
3) Clarahan, Caden 11	4) Bruns, Isaac 11	
5 Hlv, Victor	B	50.06 2
1) Westerdale, Mason 11	2) Scott, Allan 09	
3) Demeulenaere, Gavin 10	4) Weisskopf, Cael 09	
6 Highland	B	58.00 1
1) Robinson, Jackson 09	2) Sobolik, Brody 10	
3) Schneider, Jackson 12	4) Day, Cayden 11	

**Boys 4x200 Meter Relay Class B**

Team	Relay	Finals
<b>Finals</b>		
1 Winfield-Mt. U	B	1:34.92 10
1) Hemsworth, Gabriel 12	2) Edwards, Abram 12	
3) Newsom, Kohlby 11	4) Adams, Sheaden 11	
2 Waco	B	1:36.51 8
1) Huisenga, Loudan 11	2) Rich, Isaac 11	
3) Samo, Gage 11	4) Miller, Clayton 11	
3 Lone Tree	B	1:37.08 6
1) Burke, Emmett 10	2) Garcia, Domonic 10	
3) Bockelman, Ethan 12	4) Setti, Pietro 12	
4 Hlv, Victor	B	1:43.63 4
1) Westerdale, Mason 11	2) Weisskopf, Cael 09	
3) Roth, Peyton 11	4) McCulloch, Sean 09	
5 Sigourney	B	1:46.61 2
1) O'Rourke, Carson 09	2) Clarahan, Chase 09	
3) Schwab, Ashton 11	4) Knepper, Aiden 09	

**Boys 4x400 Meter Relay Class B**

Team	Relay	Finals
<b>Finals</b>		
1 Winfield-Mt. U	A	3:33.24 10
1) Adams, Sheaden 11	2) Newsom, Kohlby 11	
3) Hemsworth, Gabriel 12	4) Scorpil, Ty 12	
2 Sigourney	B	3:45.65 8
1) Moore, Jake 12	2) Molyneux, Ike 09	
3) Wood, Brayden 10	4) Klett, Troy 10	

## Ekstrand Relays - 4/25/2024

## Wayland, IA

## Results

## Finals ... (Boys 4x400 Meter Relay Class B)

Team	Relay	Finals
3 Hlv, Victor	B	3:51.24 6
1) VanHamme, Austin 12	2) McCulloch, Sean 09	
3) Roth, Peyton 11	4) Henstorf, Max 12	
4 Waco	B	4:11.73 4
1) Egli, Isaac 09	2) Coakley, Casey 09	
3) Waterhouse, Bryson 09	4) Velasco, Octavio 10	
--- Lone Tree	B	DNF
1) Magruder, Brody 11	2) Spilman, Grey 10	
3) Nebergall, Brock 09	4) Holbrook, Reece 10	

## Boys 4x800 Meter Relay Class B

Team	Relay	Finals
1 Hlv, Victor	B	9:44.80 10
1) VanHamme, Austin 12	2) Pirkl, Nolan 12	
3) Thys, Andrew 09	4) Roth, Peyton 11	
2 Lone Tree	B	10:10.12 8
1) Spilman, Grey 10	2) Nebergall, Brock 09	
3) Holbrook, Reece 10	4) Moffitt, Jacoby 09	
3 Winfield-Mt. U	B	10:38.91 6
1) Beeding, Jaiden 10	2) Nelson, Jacob 11	
3) Cupps, William 11	4) Miller, Eli 12	

## Boys 800 Sprint Medley Class B

Team	Relay	Finals
1 Winfield-Mt. U	A	1:41.21 10
1) Genkinger, Lane 11	2) Edwards, Abram 12	
3) Adams, Sheaden 11	4) Scorpil, Ty 12	
2 Hlv, Victor	B	1:45.88 8
1) Henstorf, Max 12	2) Weisskopf, Cael 09	
3) Roth, Peyton 11	4) McCulloch, Sean 09	
3 Lone Tree	B	1:47.64 6
1) Burke, Emmett 10	2) Magruder, Brody 11	
3) Spilman, Grey 10	4) Bockelman, Ethan 12	
4 Sigourney	B	1:49.43 4
1) Clark, Brady 11	2) Molyneux, Ike 09	
3) Moore, Jake 12	4) Wehr, Wyatt 10	
5 Waco	B	1:53.45 2
1) Velasco, Octavio 10	2) Cavin, Eli 10	
3) Edeker, Trey 10	4) Egli, Isaac 09	
6 Highland	B	2:04.36 1
1) Robinson, Jackson 09	2) Shalla, Sawyer 10	
3) Day, Cayden 11	4) Schneider, Jackson 12	

## Boys Distance Medley Class B

Team	Relay	Finals
1 Winfield-Mt. U	B	3:45.34 10
1) Adams, Sheaden 11	2) Hemsworth, Gabriel 12	
3) Scorpil, Ty 12	4) Newsom, Kohlby 11	
2 Sigourney	B	4:00.94 8
1) Clark, Brady 11	2) Reed, Colt 10	
3) Moore, Jake 12	4) Wood, Brayden 10	

3 Waco	B	4:50.17 6
1) Millspough, Layke 09	2) Waterhouse, Bryson 09	
3) Shelman, Kellen 10	4) Bird, Deacon 11	
4 Hlv, Victor	B	4:52.81 4
1) Read, Garrett 09	2) Jack, Bryer 09	
3) Demeulenaere, Gavin 10	4) Scott, Allan 09	
5 Lone Tree	B	5:07.55 2
1) Moffitt, Jacoby 09	2) Walmsley, Cole 09	
3) Holbrook, Reece 10	4) Birtcher, Joey 12	

## Boys 4x110 Meter Shuttle Hurdle Class B

Team	Relay	Finals
1 Waco	B	1:07.04 10
1) Huisenga, Loudan 11	2) Samo, Gage 11	
3) Coakley, Casey 09	4) Miller, Clayton 11	
2 Sigourney	B	1:12.24 8
1) Clarahan, Chase 09	2) Menke, Owen 10	
3) Knepper, Aiden 09	4) Clarahan, Caden 11	
3 Winfield-Mt. U	B	1:21.01 6
1) Prior, Gavin 10	2) Gieselman, August 09	
3) Wilson, Parker 09	4) Jones, Jaxton 10	

## Boys High Jump Class B

Name	Yr	School	Finals
1 Edwards, Jake	11	Winfield-Mt.	6-02.00 10
2 Huisenga, Loudan	11	WACO	6-00.00 8
3 Bailey, Kale	09	Hillcrest	5-08.00 6
4 McCulloch, Sean	09	Hlv, Victor	5-06.00 4
5 Spilman, Grey	10	Lone Tree	5-04.00 2
--- Shelman, Kellen	10	WACO	NH

## Boys Long Jump Class B

Name	Yr	School	Finals
1 Franklin, London	10	New London	J19-11.00 10
2 Scott, Owen	10	Hillcrest	J19-11.00 8
3 Samo, Gage	11	WACO	J18-09.00 6
4 Miller, Clayton	11	WACO	J18-09.00 4
5 Milks, Cole	12	Winfield-Mt.	18-08.00 2
6 Shelman, Hayden	09	WACO	x18-05.00
7 Wilson, Parker	09	Winfield-Mt.	16-08.00 1
8 Knepper, Aiden	09	Sigourney	16-06.00
9 O'Rourke, Carson	09	Sigourney	16-05.00
10 Hartsock, Braden	09	Hillcrest	15-07.00

## Boys Shot Put Class B

Name	Yr	School	Finals
1 Clarahan, Caden	11	Sigourney	41-07.50 10
2 Thompson, Jayden	11	Sigourney	39-07.75 8
3 Denney, Josiah	12	New London	37-06.75 6
4 Johnson, Kael	12	Winfield-Mt.	36-02.25 4
5 Wilka, Cael	11	New London	35-10.75 2
6 Westerdale, Mason	11	Hlv, Victor	35-03.25 1

**Ekstrand Relays - 4/25/2024****Wayland, IA****Results****Finals ... (Boys Shot Put Class B)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
7	Patterson, Jack	11	Lone Tree	34-01.00
8	Stauffer, Braxton	09	WACO	31-01.00
9	Meyer, Sam	09	WACO	28-09.25
10	Gambleton, Tristan	10	Hlv, Victor	27-06.00
11	Sobolik, Brody	10	Highland	26-04.00
12	Rugg, Kyler	10	WACO	x23-01.25

**Boys Discus Throw Class B**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Buffington, Cooper	11	Winfield-Mt.	117-09 10
2	Wilka, Cael	11	New London	113-06 8
3	Thompson, Jayden	11	Sigourney	111-08.50 6
4	Schwab, Ashton	11	Sigourney	102-03 4
5	Meyer, Sam	09	WACO	96-07 2
6	Mangold, Wyatt	09	New London	87-00 1
7	Patterson, Jack	11	Lone Tree	86-04
8	Ballard, Tyler	12	Hlv, Victor	81-06.50
9	Stauffer, Braxton	09	WACO	75-01
10	Sobolik, Brody	10	Highland	73-09
11	Shafer, Hayden	10	Hlv, Victor	67-08