

Iowa Girls & Boys State Track Meet 2023 - 5/18/2023 to 5/20/2023

Des Moines, Iowa
Drake Stadium
Performance List

Event 2 Boys 100 Meter Dash 1A (24) Prelims

Thursday 5/18/2023 - 1:05 PM

State Record: 10.82 2022 Liam Carlson, Tripoli
All-Time: 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Seed	Time
1 Bryer Prochniak	12	North Union	10.85	1
2 Baylor Speidel	11	Lisbon	10.87	1
3 Isaiah Johnson	11	George-Little Rk	10.93	2
4 Kaden Amigon	11	Columbus, CJ	11.00	1
5 Jeff Hoback	12	Columbus, CJ	11.23	2
6 Austin Kunkle	12	ACGC	11.23	1
7 Cal Birkey	12	Bishop Garrigan	11.24	3
8 Cam Buffington	11	Winfield-Mt. U	11.27	3
9 Jared Crock	12	Midland, Wyoming	11.27	1
10 Tiernan Boots	10	Lisbon	11.32	2
11 Rowan Carlson	12	Tripoli	11.33	1
12 Dylan Brennecke	12	Seymour	11.34	3
13 Ian Miller	12	Edgewd-Colesburg	11.41	2
14 Casey Tath	11	Bellevue	11.42	3
15 Brendan Monahan	12	St. Albert, CB	11.43	1
16 Sawyer House	11	Midland, Wyoming	11.46	2
17 Noah Brady	12	Springville	11.47	3
18 Keaten Bonderson	12	Gehlen Cath, L	11.47	1
19 Cash Emgarten	11	EHK-Exira	11.47	2
20 Clayton Kinzenbaw	12	Iowa Valley, M	11.48	4
21 Boden Pickle	12	New London	11.55	4
22 Zach Thornburg	11	East Mills	11.55	2
23 Noah Hanson	12	Turkey Val, JJ	11.66	1
24 Isaac Brown	10	Collins-Maxwell	11.69	1

Event 10 Boys 200 Meter Dash 1A (24) Prelims

Thursday 5/18/2023 - 11:00 AM

State Record: 21.80 2003 Lee Elbert, Bishop Garrigan
All-Time: 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Seed	Time
1 Bryer Prochniak	12	North Union	22.16	1
2 Baylor Speidel	11	Lisbon	22.24	1
3 Isaiah Johnson	11	George-Little Rk	22.37	2
4 Kaden Amigon	11	Columbus, CJ	22.55	1
5 Austin Kunkle	12	ACGC	22.72	1
6 Evan Kearney	12	Iowa Valley, M	22.72	1
7 Casey Tath	11	Bellevue	22.81	1
8 Jeff Hoback	12	Columbus, CJ	22.93	2
9 Rowan Carlson	12	Tripoli	22.93	2
10 Ayden Doyle	11	Danville	22.98	3
11 Tyler Bracy	12	BCLUW	22.99	2
12 Ian Miller	12	Edgewd-Colesburg	22.99	3
13 Keaten Bonderson	12	Gehlen Cath, L	23.04	1
14 Cash Emgarten	11	EHK-Exira	23.05	2
15 Dylan Brennecke	12	Seymour	23.08	3
16 Cal Birkey	12	Bishop Garrigan	23.20	3

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Event 10 ... (Boys 200 Meter Dash 1A (24) Prelims)

Name	Year	School	Seed Time	
17 Brayden Grau	12	Midland, Wyoming	23.25	2
18 Dylan Brumm	10	Saint Ansgar	23.27	1
19 Alex Jensen	11	Regina, IC	23.38	4
20 Andy Knockel	11	N Mahaska	23.41	4
21 Loudon Grimsley	10	Lawton-Bronson	23.42	2
22 Brendan Monahan	12	St. Albert, CB	23.42	1
23 Colin Harris	12	Edgewood-Colesburg	23.53	4
24 Isaac Brown	10	Collins-Maxwell	23.71	1

Event 18 Boys 400 Meter Dash 1A (24)

Thursday 5/18/2023 - 1:40 PM

State Record: 48.32 5/17/2007 Jordan Cornilsen, Preston

All-Time: 46.99 5/17/2019 Darien Porter, Bettendorf

Name	Year	School	Seed Time	
1 Theo Moseman	12	Lawton-Bronson	49.23	1
2 Isaiah Johnson	11	George-Little Rk	50.40	1
3 Ryce Reynolds	11	Mount Ayr	50.57	1
4 Conner Maston	12	Lynnville-Sully	50.61	1
5 James Gruver	12	Lynnville-Sully	50.62	2
6 Lance McShane	11	Maquoketa Valley	50.91	1
7 Ayden Salais	12	Riverside, Oak	50.96	1
8 Chance Kallsen	11	Gehlen Cath, L	51.07	2
9 Frank Lewis	11	Westwood, Sloan	51.24	3
10 Adric Schmitz	12	Valley Lutheran	51.45	1
11 Ryan Franzen	12	Turkey Val, JJ	51.54	1
12 Evan Robertson	12	Springville	51.56	2
13 Cale Maas	12	CAM, Anita	51.62	2
14 Josh Osborn	12	English Valleys	51.63	3
15 Will Howes	11	Central Sprngs	51.74	2
16 Casey Tath	11	Bellevue	51.83	2
17 Jabari Woodbury	11	GMG, Garwin	51.92	3
18 Justin Bauer	11	Bishop Garrigan	51.97	2
19 Dustin Hoksbergen	11	Trinity Christ	52.13	3
20 Brody Sternhagen	11	HLV, Victor	52.17	4
21 Carson Scroggins	12	Baxter	52.22	1
22 Alex Jensen	11	Regina, IC	52.25	1
23 Jeffrey Crawford	10	Iowa Valley, M	52.45	4
24 Drew Powers	11	Saint Ansgar	53.00	3

Event 26 Boys 800 Meter Run 1A (24)

Saturday 5/20/2023 - 11:10 AM

State Record: 1:52.10 5/19/2018 Riley Bauer, North Union

All-Time: 1:50.18 2007 Aaron Stockstell, Mid-Prairie

Name	Year	School	Seed Time	
1 Parker Heisterkamp	10	St. Albert, CB	2:01.67	1
2 Michael Gadberry	11	Lisbon	2:01.88	1
3 Cayden White	10	BCLUW	2:01.98	2
4 Tyson McDole	12	Lamoni	2:02.13	2
5 Rylan Martin	12	New London	2:02.25	1
6 Sam DeMeulenaere	10	Belle Plaine	2:02.97	1

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Event 26 ... (Boys 800 Meter Run 1A (24))

Name	Year	School	Seed Time
7	Aaron Lursen	12 St. Edmond, FD	2:03.09 1
8	Kohlby Newsom	10 Winfield-Mt. U	2:03.11 2
9	Landon Bendgen	11 Woodbine	2:03.40 1
10	Samuel Welter	10 Regina, IC	2:03.47 3
11	Zeke Konkler	11 Audubon	2:04.05 1
12	Carter Kunze	10 Tri-Center	2:04.25 2
13	Malakai Hale	12 Earlham	2:04.32 1
14	Lucas Eichhorn	10 Belle Plaine	2:04.33 2
15	Gavin Clayton	12 CAM, Anita	2:04.71 3
16	Henry Peterson	10 Dunkerton	2:04.71 1
17	Evan Robertson	12 Springville	2:04.85 3
18	Ryan Augustine	12 Gehlen Cath, L	2:04.85 2
19	Luke Wettengel	11 St. Albert, CB	2:05.10 3
20	Keaton Reimer	12 Clayton Ridge	2:05.10 2
21	Daniel Schoening	11 Ankeny Christ	2:05.14 2
22	Myles Grove	11 English Valleys	2:05.27 4
23	Sam Mericle	11 St. Edmond, FD	2:05.28 2
24	Will Howes	11 Central Sprngs	2:05.98 1

Event 34 Boys 1600 Meter Run 1A (24)

Saturday 5/20/2023 - 2:15 PM

State Record: 4:13.78 5/19/2018 Gable Sieperda, Cent Lyon

All-Time: 4:05.61 2021 Nate Mueller, ADM

Name	Year	School	Seed Time
1	AJ Bonnesen	12 Danville	4:32.14 1
2	Reed Hinners	12 IKM-Manning	4:35.84 1
3	Landon Bendgen	11 Woodbine	4:36.26 1
4	Aidan Shannon	11 Wapsie Val, F	4:36.80 1
5	Aaron Lursen	12 St. Edmond, FD	4:37.15 1
6	Patrick Heffernan	12 Boyer Valley	4:39.10 2
7	Gavin Grunhovd	10 North Iowa	4:40.01 2
8	Colin Lillie	12 St. Albert, CB	4:40.92 1
9	Justin Reinhart	12 ACGC	4:41.25 2
10	Caden Keller	12 IKM-Manning	4:41.28 3
11	Matthew Schaul	10 Maquoketa Valley	4:41.37 2
12	Rylan Martin	12 New London	4:41.42 2
13	Eein McKinley	12 W Monona	4:41.64 3
14	Brayden Veiseth	11 N Mahaska	4:41.91 1
15	Doug Berg	12 Nodaway Vall	4:42.81 4
16	Owen Almeli	12 North Butler	4:43.24 1
17	Gage Heyne	10 English Valleys	4:43.34 1
18	Jack Stamp	10 Springville	4:43.40 2
19	Charlie Sieck	12 West Central, M	4:43.49 3
20	Brady McWhirter	10 Pekin	4:43.78 3
21	Owen Wise	11 St. Albert, CB	4:44.45 2
22	Clay Warson	11 Madrid	4:45.31 1
23	Joey Ringo	12 Newman Catholic	4:45.63 2
24	Kaden Galles	11 MMCRU	4:46.57 4

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Event 42 Boys 3200 Meter Run 1A (24)

Thursday 5/18/2023 - 10:10 AM

State Record: 9:09.60 5/17/2018 Gable Sieperda, Cent Lyon

All-Time: 8:50.43 5/22/2014 Thomas Pollard, Gilbert

Name	Year	School	Seed Time
1	AJ Bonnesen	12 Danville	9:44.90 1
2	Aidan Shannon	11 Wapsie Val, F	9:46.98 1
3	Landon Bendgen	11 Woodbine	9:48.87 1
4	Charlie Sieck	12 West Central, M	9:51.78 2
5	Patrick Heffernan	12 Boyer Valley	9:53.56 2
6	Kaden Galles	11 MMRU	9:55.04 3
7	Justin Reinhart	12 ACGC	9:55.23 1
8	Owen Almelien	12 North Butler	9:56.05 1
9	Colin Lillie	12 St. Albert, CB	9:59.20 1
10	Clay Warson	11 Madrid	10:03.96 1
11	Caden Keller	12 IKM-Manning	10:05.01 2
12	Brady McWhirter	10 Pekin	10:05.22 2
13	Jackson Shacklett	10 Danville	10:08.87 3
14	Ronan Jimenez	12 SE Warren	10:10.17 2
15	Matt Richardson	10 Baxter	10:11.04 3
16	Owen Wise	11 St. Albert, CB	10:11.90 2
17	Doug Berg	12 Nodaway Vall	10:14.48 3
18	Ryan Kelly	12 Newman Catholic	10:14.73 2
19	Keaton Reimer	12 Clayton Ridge	10:17.71 3
20	Joey Ringo	12 Newman Catholic	10:18.46 3
21	Ethan Haus	12 Collins-Maxwell	10:19.45 4
22	Cayden McLeland	12 BCLUW	10:48.82 1
23	Gage Heyne	10 English Valleys	10:50.48 1
24	Brett Petersen	10 St. Mary's, SL	10:55.00 1

Event 52 Boys 110 Meter Hurdles 1A (24) Prelims

Friday 5/19/2023 - 10:40 AM

State Record: 14.41 1997 Cory Woods, Treynor

All-Time: 13.81 2022 Jack Latham, Spirit Lake

Name	Year	School	Seed Time
1	Triston Miller	12 Columbus, CJ	14.10 1
2	Mitchell Smith	11 West Hancock	15.03 1
3	Ben Morningstar	12 Lisbon	15.26 1
4	Riley Carrier	12 Bellevue	15.35 1
5	Sam Foreman	12 CAM, Anita	15.37 1
6	Simeon Reichenbach	12 WACO	15.42 2
7	Connor Timm	12 Belle Plaine	15.43 1
8	Jack Follmann	11 CAM, Anita	15.47 2
9	Gabe Funk	10 Lenox	15.48 1
10	Carter Holtz	11 North Linn	15.52 2
11	Gage Holub	10 Lisbon	15.75 2
12	Boston Riedemann	12 South O'Brien	15.84 2
13	Cole McCarty	10 Gehlen Cath, L	15.89 1
14	Calvin Wallis	12 Logan-Magnolia	15.94 2
15	Bryce Schroeder	12 Tripoli	15.95 2
16	Kaden Wilken	12 Nashua-Plainfld	16.00 1

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Event 52 ... (Boys 110 Meter Hurdles 1A (24) Prelims)

Name	Year	School	Seed Time
17 Alexander Rees	09	Columbus, CJ	16.02 3
18 Bradly Roder	12	AGWSR	16.03 2
19 Cooper Winter	12	B-G-M, Brook	16.03 3
20 Peyton Embree	12	East Mills	16.08 2
21 Garrett Watts	11	Montezuma	16.11 4
22 Peyton Cook	10	Griswold	16.17 3
23 Daniel Comer	12	Tripoli	16.18 3
24 Logan Rainsbarger	10	Baxter	16.31 1

Event 61 Boys 400 Meter Hurdles 1A (24)

Friday 5/19/2023 - 12:20 PM

State Record: 52.85 5/20/2011 Nick Efkamp, Madrid

All-Time: 50.96 1996 Dustin Avey, Ames

Name	Year	School	Seed Time
1 Ryce Reynolds	11	Mount Ayr	54.22 1
2 Riley Carrier	12	Bellevue	54.99 1
3 Lance McShane	11	Maquoketa Valley	55.40 2
4 Gabriel Hemsworth	11	Winfield-Mt. U	55.50 1
5 Gabe Funk	10	Lenox	55.74 2
6 Jack Follmann	11	CAM, Anita	56.27 1
7 James Gruver	12	Lynnville-Sully	56.32 1
8 Clayton Towsley	10	North Butler	56.60 1
9 Davis McGrew	12	East Mills	56.68 3
10 Micah Farrens	12	W Monona	56.75 1
11 Joe Dewald	10	Westwood, Sloan	56.96 2
12 Calvin Wallis	12	Logan-Magnolia	56.97 3
13 JaeDon Wolver	11	Pekin	57.00 2
14 Willie Conley	11	South O'Brien	57.07 1
15 Jackson McDanel	11	Moravia	57.31 2
16 Kaden Bullerman	12	S Winn, Calmar	57.63 2
17 Carson Fuegen	12	Easton Valley	57.68 3
18 Spencer Nelson	12	Danville	57.77 3
19 Breckin Clatt	10	Colo-Nesco	57.81 1
20 Jonas LaCanne	11	EHK-Exira	58.07 2
21 Samson Adams	12	Lenox	58.07 4
22 Max Carlson	10	Newell-Fonda	58.64 2
23 Daniel Sutcliff	10	Saint Ansgar	58.65 3
24 Kanye Caryl	11	North Linn	59.77 1

Event 71 Boys 4x100 Meter Relay 1A (24) Prelims

Friday 5/19/2023 - 1:00 PM

State Record: 43.01 2003 Lisbon, Lisbon

M. Stephens, N. Dains, M. Murphy, D. Stephens

All-Time: 41.33 1996 Iowa City High, Iowa City High

Team	Relay	Seed Time
1 Lawton-Bronson	1	42.98 1
1) Leighton Olesen 12	2) Theo Moseman 12	3) Caleb Garnand 11
5) Evan Teager 10	6) Domenik Smith 10	7) Caler Garnand 10
		4) Loudon Grimsley 10
		8) Kurtus Palsma 12

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Event 71 ... (Boys 4x100 Meter Relay 1A (24) Prelims)

Event	Team	Relay	Seed Time
2	Columbus, CJ	1	43.24 1
	1) Jeff Hoback 12	2) Riley Kaalberg 10	3) Triston Miller 12
	5) Juan Chairez 10	6) Jon Miranda 10	7) Damian Vergara 11
3	Lisbon	1	43.50 1
	1) Kaden Caspers 12	2) Luke Czarniecki 12	3) Tiernan Boots 10
	5) Ben Morningstar 12	6) Dakota Clark 10	7) Quinn Coleman 10
4	Midland, Wyoming	1	43.98 1
	1) Justin Block 12	2) Sawyer House 11	3) Brayden Grau 12
	5) Anthony Harrington 09	6) Caden Ballou 12	7) Zain Sauer 12
5	Iowa Valley, M	1	44.12 2
	1) Clayton Kinzenbaw 12	2) Pierce Kienitz 12	3) Caleb Haack 10
	5) Caden Knapp 12	6) Jeffrey Crawford 10	7) Karter Thiessen 11
6	Edgewd-Colesburg	1	44.55 1
	1) Colin Harris 12	2) Cael Funk 12	3) Dawson Bergan 12
	5) Chase Kirby 12	6) Pryce Rochford 10	7) Bennett Steger 11
7	Wapsie Val, F	1	44.65 2
	1) Braden Knight 12	2) Hunter Kane 12	3) Weston Schares 10
	5) Dallas Tisue 10	6) Hunter Curley 09	7) Chase Ackerman 10
8	Newell-Fonda	1	44.66 1
	1) Trenton Struss 11	2) Ryan Greenfield 12	3) Mason Dicks 12
	5) Max Carlson 10	6) Eli Roberts 11	7) Nathan Caretto 12
9	West Hancock	1	44.82 2
	1) Jaxen Peterson 11	2) Evan Ford 11	3) Kellen Smith 11
	5) Pablo Calles 12	6) Brandon Nieto Mendez 11	7) Brady Bixel 10
10	New London	1	44.88 2
	1) Boden Pickle 12	2) London Franklin 09	3) Kade Benjamin 12
	5) Cael Wilka 10	6) Cale Westerbeck 09	7) Leo Gebauer 11
11	ACGC	1	44.89 1
	1) Brock Littler 12	2) Jedd Weinkoetz 12	3) Lance Bunde 11
	5) Alex Spack 12	6) Eli Madsen 10	7) Taye Faulkner 12
12	Mount Ayr	1	44.90 1
	1) Braydon Pierson 12	2) Tate Dugan 09	3) Preston Fleharty 11
	5) Ryce Reynolds 11	6) Dalton Barnes 11	7) Jackson Ruggles 09
13	Winfield-Mt. U	1	45.06 3
	1) Caleb Giese 12	2) Cam Buffington 11	3) Eli Miller 11
	5) Cole Milks 11	6) Preston Prior 12	7) Lane Genkinger 10
14	Regina, IC	1	45.14 4
	1) Levi Daniel 12	2) Edwin Gangba 09	3) Colin Olney 11
	5) Jackson Naeve 11	6) Jack Ingalls 10	7) Alex Jensen 11
15	WACO	1	45.17 5
	1) Braden Spain 12	2) Isaac Oswald 12	3) Mason Miller 12
	5) Isaac Rich 10	6) Clayton Miller 10	7) Simeon Reichenbach 12
16	George-Little Rk	1	45.18 3
	1) Lane Kruger 11	2) Jack Krull 10	3) Brandon Van Briesen 12
	5) Gavin Bruns 09	6) Sam Gruis 12	7) Elton Mairu 10
17	Lynnville-Sully	1	45.36 2
	1) Kyle Squires 12	2) Bryce Richards 12	3) Caleb Rea 12
	5) Dawson James 09	6) Jaiden Richards 09	7) CJ Nikkel 11
18	Tripoli	1	45.38 3
	1) Javontae Simpson 12	2) Bryce Schroeder 12	3) Daniel Comer 12
	5) Giles Cowell 12	6) Taebien Wright 12	7) Kyle Boeckmann 10
			8) McKoy Nuss 09

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Event 71 ... (Boys 4x100 Meter Relay 1A (24) Prelims)

Team	Relay	Seed Time
19 East Mills	1	45.42 2
1) Ryan Stortenbecker 12	2) Zach Thornburg 11	3) Mason Crouse 12
5) Jiri Brodigan 09	6) Davis McGrew 12	7) Cooper Stearns 10
4) Matthew Haley 10	8) Caleb Urban 10	
20 Westwood, Sloan	1	45.44 2
1) Tatum Cooper 10	2) Jackson Dewald 12	3) Frank Lewis 11
5) Josiah McFarland 10	6) Joe Dewald 10	7) Carson Topf 11
4) Joe Morris 10		
21 Gehlen Cath, L	1	45.49 3
1) Kale Pearson 10	2) Aiden Spangler 12	3) Connor Kraft 12
5) Ashton Budden 11	6) Jaxten Kramer 11	7) Chance Kallsen 11
4) Cole McCarty 10	8) Keaten Bonderson 12	
22 Central Sprngs	1	45.50 1
1) Rory Prazak 11	2) Brayden Mills 11	3) Austin Lloyd 12
5) Michael Liggins 09	6) Braydin Crum 09	7) Jesse Benson 10
4) Avery Gregoire 10	8) Edric Coleman 12	
23 Logan-Magnolia	1	45.53 4
1) Evan Roden 11	2) Cael Wallis 09	3) Calvin Wallis 12
5) Calvin Collins 11	6) Clay Westphal 09	7) Carson Edney 09
4) William Anderson 10	8) Adam Roden 09	
24 Baxter	1	45.61 1
1) Cade Robinson 10	2) Carson Scroggins 12	3) Jake Travis 12
5) Treyton Travis 11	6) Alex Dille 10	7) Logan Rainsbarger 10
4) Cainan Travis 10	8) Cody Damman 12	

Event 79 Boys 4x200 Meter Relay 1A (24)

Friday 5/19/2023 - 11:30 AM

State Record: 1:29.62 1997

Panorama, Panorama

J. McDermott, B. McFadden, S. Moylan, T. Geopfert

All-Time: 1:26.17 2019

Valley, WDM, Valley, WDM

J Shaner, M Mahoney, R Neu, C Mitchell

Team	Relay	Seed Time
1 Lawton-Bronson	1	1:29.94 1
1) Leighton Olesen 12	2) Evan Teager 10	3) Domenik Smith 10
5) Theo Moseman 12	6) Caleb Garnand 11	7) Caler Garnand 10
4) Loudon Grimsley 10	8) Kurtus Palsma 12	
2 Lisbon	1	1:30.91 1
1) Tiernan Boots 10	2) Dakota Clark 10	3) Reid Fridley 11
5) Kaden Caspers 12	6) Ben Morningstar 12	7) Cohen Kamaus 12
4) Baylor Speidel 11	8) Quinn Coleman 10	
3 Iowa Valley, M	1	1:31.71 1
1) Clayton Kinzenbaw 12	2) Pierce Kienitz 12	3) Caleb Haack 10
5) Caden Knapp 12	6) Jeffrey Crawford 10	7) Karter Thiessen 11
4) Evan Kearney 12	8) Aiden Rabe 12	
4 Gehlen Cath, L	1	1:31.81 2
1) Kale Pearson 10	2) Aiden Spangler 12	3) Connor Kraft 12
5) Chance Kallsen 11	6) Ashton Budden 11	7) Nolan Teel 09
4) Keaten Bonderson 12	8) Alex Peters 10	
5 West Hancock	1	1:32.30 1
1) David Smith 11	2) Evan Ford 11	3) Kellen Smith 11
5) Pablo Calles 12	6) Brady Bixel 10	7) Nolan Vaske 11
4) Jaxen Peterson 11	8) Brandon Nieto Mendez 11	
6 Lynnville-Sully	1	1:32.40 2
1) Bryce Richards 12	2) Corder Noun Harder 11	3) Caleb Rea 12
5) Kyle Squires 12	6) Jack Bowlin 09	7) Gentry Walston 12
4) Conner Maston 12	8) Isaac Ver Ploeg 09	
7 Midland, Wyoming	1	1:32.46 2
1) Justin Block 12	2) Sawyer House 11	3) Brayden Grau 12
5) Kael Cress 10	6) Seth Bixler 11	7) Caden Ballou 12
4) Jared Crock 12	8) Zain Sauer 12	
8 Newell-Fonda	1	1:33.23 2
1) Ryan Greenfield 12	2) Mason Dicks 12	3) Max Carlson 10
5) Trenton Struss 11	6) Nathan Caretto 12	7) Ty Tauber 11
4) Carter Sievers 12	8) Eli Roberts 11	

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	Team	Relay	Seed Time
9	North Linn	1	1:33.32 3
	1) Mason Bechen 10	2) Ben Wheatley 12	3) Jake Van Etten 11
	5) Breckyn Betenbender 11	6) Isaac Pfab 10	7) Cole Griffith 10
			8) Hayden Schmidt 10
10	WACO	1	1:33.45 1
	1) Braden Spain 12	2) Isaac Oswald 12	3) Mason Miller 12
	5) Isaac Rich 10	6) Gage Samo 10	4) Clayton Miller 10
11	Edgewd-Colesburg	1	1:33.63 1
	1) Colin Harris 12	2) Cael Funk 12	3) Dawson Bergan 12
	5) Bennett Steger 11	6) Chase Kirby 12	7) Pryce Rochford 10
			8) Grady Mather 11
12	ACGC	1	1:33.64 1
	1) Brock Littler 12	2) Eli Madsen 10	3) Lance Bunde 11
	5) Taye Faulkner 12	6) Jedd Weinkoetz 12	7) Alex Spack 12
			8) Joe Crawford 09
13	Lenox	1	1:33.87 1
	1) Isaac Grundman 12	2) Samson Adams 12	3) Gabe Funk 10
	5) Keigan Kitzman 12	6) Caeden David 12	4) Donald Bashor 11
14	S Hamilton	1	1:34.01 1
	1) Kolby Hodnefield 09	2) Reece Ricke 11	3) Nick Severseike 10
	5) Landen Skartvedt 12	6) Jonathan Drake 11	7) Chayton Ewurs 12
			8) Landon Grove 12
15	Clarksville	1	1:34.10 1
	1) Connor Tesone 12	2) MaKade Bloker 11	3) Ethan Myers 12
	5) Kaiven Kielman 09	6) Owen Backer 09	7) Sam Hoodjer 10
			8) Levi Kampman 12
16	IKM-Manning	1	1:34.19 2
	1) Jase Lueth 11	2) Cooper Irlmeier 12	3) Eli Dreyer 12
	5) Justin Segebart 11	6) Hunter Smith 12	7) Abe Polzien 10
			8) Davis Rasmussen 09
17	Lone Tree	1	1:34.21 2
	1) Emmett Burke 09	2) Tyce Alt 12	3) Ethan Bockelman 11
	5) Harry Brennehan 11	6) Domonic Garcia 09	7) Brody Magruder 10
			4) Drew Gauley 12
18	MMCRU	1	1:34.39 3
	1) Xander Tentinger 10	2) Brayson Mulder 09	3) Kaden Neddermeyer 12
	5) Michael Peterson 10	6) Andrew Barinsky 12	7) Grant Prescott 10
			8) Jonah Petersen 11
19	North Union	1	1:34.41 3
	1) Landon Price 10	2) Gavyn Morphew 11	3) Preston Guerdet 11
	5) Kaden Laabs 11	6) Carter Morphew 12	4) Bryer Prochniak 12
20	Alta/Aurelia	1	1:34.48 4
	1) Cade Ahnemann 12	2) Gavin Sleezer 10	3) Isaiah Powers 12
	5) Hayden Garlow 10	6) Joe White 11	7) DJ Rodriguez 11
			8) Camden Reinert 09
21	Westwood, Sloan	1	1:35.04 4
	1) Joe Dewald 10	2) Jackson Dewald 12	3) Carson Topf 11
	5) Frank Lewis 11	6) Tatum Cooper 10	4) Joe Morris 10
22	Moravia	1	1:35.16 3
	1) Wyatt Throckmorton 11	2) Riley Hawkins 12	3) Lincoln Albertson 09
	5) Shane Helmick 11	6) Declan DeJong 09	7) Cole Hamilton 12
			8) Jackson McDanel 11
23	Mount Ayr	1	1:35.20 2
	1) Preston Fleharty 11	2) Jackson Ruggles 09	3) Tate Dugan 09
	5) Ryce Reynolds 11	6) Braydon Pierson 12	7) Drew Ehlen 12
			8) Trey Fookan 12
24	Starmont	1	1:35.63 2
	1) Nick Willfong 10	2) Keegan McTaggart 12	3) Isaiah Maker 11
	5) Ian Odoerfer 10	6) Lane German 12	7) Keaton Moeller 09
			4) Anthony King 11

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Event 87 Boys 4x400 Meter Relay 1A (24) Prelims

Friday 5/19/2023 - 2:10 PM

State Record: 3:22.13 5/20/2006 North Linn Troy Mills, North Linn
T Sherman, T Holub, J Waring, S Schuhmacher

All-Time: 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
B Collins, Z Sandvig, R Keairnes, B McSkimming

Team	Relay	Seed Time
1 Gehlen Cath, L	1	3:28.09 1
1) Chance Kallsen 11	2) Ryan Augustine 12	3) Ashton Budden 11
5) Nolan Teel 09	6) Alex Peters 10	7) Zac Harpenau 10
4) Keaten Bonderson 12	8) Kale Pearson 10	
2 Lynnville-Sully	1	3:28.59 1
1) Caleb Rea 12	2) Corder Noun Harder 11	3) James Gruver 12
5) Gentry Walston 12	6) Bryce Richards 12	7) Hendrick Lowry 10
8) Jack Bowlin 09		
3 Lawton-Bronson	1	3:28.62 2
1) Evan Teager 10	2) Connor Clausen 09	3) Domenik Smith 10
5) Kurtus Palsma 12	6) Ivan Smith 11	7) Cowan Jaminet 10
4) Theo Moseman 12	8) Loudon Grimsley 10	
4 Bellevue	1	3:29.38 1
1) Gabe Manders 10	2) Kaden Guenther 11	3) Riley Carrier 12
5) Nolan Dunne 10	6) Keenan Kilburg 09	7) Tait Nemmers 11
4) Casey Tath 11		
5 Belle Plaine	1	3:29.62 1
1) Connor Timm 12	2) Lane Vokoun 10	3) Lucas Eichhorn 10
5) Rhett Parrott 11	6) Hunter Henry 09	7) Aidan Timm 09
4) Sam DeMeulenaere 10	8) Ty Alcott 10	
6 Mount Ayr	1	3:30.40 1
1) Drew Ehlen 12	2) Jackson Ruggles 09	3) Braydon Pierson 12
5) Jaydon Knight 12	6) Tate Dugan 09	7) Adan Trujillo 10
4) Ryce Reynolds 11	8) Preston Fleharty 11	
7 W Monona	1	3:30.84 3
1) Grant Russell 12	2) Micah Sorensen 12	3) Laken Bellis 11
5) Jesse Boynton 12	6) Johnny Fester 12	4) Micah Farrens 12
8 Wapsie Val, F	1	3:31.25 2
1) Dawson Schmit 12	2) Traeton Sauerbrei 11	3) Ian Buzynski 11
5) Aidan Shannon 11	6) Dallas Tisue 10	7) Hunter Kane 12
4) Weston Schares 10	8) Brock Kleitsch 11	
9 CAM, Anita	1	3:31.61 1
1) Jack Follmann 11	2) Gavin Clayton 12	3) Sam Foreman 12
5) Collin Bower 09	6) Kegan Croghan 10	7) Gabe Rouse 12
4) Cale Maas 12	8) Declan Cabbage 09	
10 North Linn	1	3:31.62 2
1) Mason Bechen 10	2) Jake Van Etten 11	3) Kanye Caryl 11
5) Cole Griffith 10	6) Ben Wheatley 12	7) Carter Holtz 11
4) Tate Haughenbury 12	8) Ty Pflughaupt 11	
11 West Hancock	1	3:31.96 1
1) Jaxen Peterson 11	2) Evan Ford 11	3) Creighton Kelly 10
5) Tyler Ford 12	6) Pablo Calles 12	7) Brandon Nieto Mendez 11
4) Kellen Smith 11	8) Nolan Vaske 11	
12 S Hamilton	1	3:32.01 1
1) Ty Koehn 11	2) Reece Ricke 11	3) Nick Severseike 10
5) Jonathan Drake 11	6) Landon Grove 12	7) Landen Skartvedt 12
4) Kolby Hodnefield 09	8) Chayton Ewurs 12	
13 Riverside, Oak	1	3:32.30 2
1) Jaxon Gordon 09	2) Grady Jeppesen 11	3) Keaten Rieken 10
5) Hayden Hensley 12	6) Mason McCready 11	7) Teegan Schechinger 12
4) Ayden Salais 12	8) Kellen Oliver 10	
14 Turkey Val, JJ	1	3:32.49 1
1) Noah Hanson 12	2) Chase Hayek 12	3) Burke Busta 11
5) John Kruse 09	6) Russell Nieman 11	7) Troy Schmitt 12
4) Ryan Franzen 12		
15 Central Sprngs	1	3:32.58 2
1) Will Howes 11	2) Austin Lloyd 12	3) Brayden Mills 11
5) Braydin Crum 09	6) Michael Liggins 09	7) Avery Gregoire 10
4) Carter Lanphere 11	8) Owen Wetter 11	

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	Team	Relay	Seed Time	
16	BCLUW	1	3:33.04	2
	1) Cael Keller 11	2) Connor Lynch 12	3) Lane Hartwig 12	4) Cayden White 10
	5) Tyler Bracy 12	6) Cayden McLeland 12	7) Kevin Hill 10	8) Andrew Frank 12
17	Winfield-Mt. U	1	3:33.41	1
	1) Sheaden Adams 10	2) Gabriel Hemsworth 11	3) Ty Scorpil 11	4) Kohlby Newsom 10
	5) Cam Buffington 11	6) Carter Loyd 11	7) Caleb Giese 12	
18	St. Edmond, FD	1	3:34.27	2
	1) Grant Galles 09	2) Johnny Dickerson 12	3) Thomas Cosgrove 11	4) Klay Baker 10
	5) Leo Ehn 11	6) Carter Rial 12	7) Sam Mericle 11	8) Tyler McDowell 12
19	Lisbon	1	3:35.02	3
	1) Ben Morningstar 12	2) Dakota Clark 10	3) Cohen Kamaus 12	4) Michael Gadberry 11
	5) Cole Butteris 11	6) Junior Krob 12		
20	Nashua-Plainfld	1	3:35.22	3
	1) Bo Harrington 12	2) Blaine Brannon 09	3) Kaden Wilken 12	4) Titus Evans 11
	5) Dylan Blanchard 11	6) Joel Winters 12	7) Eli Kalainoff 09	
21	Saint Ansgar	1	3:35.42	4
	1) Dylan Brumm 10	2) Daniel Sutcliffe 10	3) Tyke Remster 11	4) Drew Powers 11
	5) Joe Clevenger 09	6) Connor Mullenbach 09	7) Regan Witt 11	8) Mikhail Meyer 12
22	IKM-Manning	1	3:35.60	3
	1) Hunter Smith 12	2) Eli Dreyer 12	3) Cooper Irlmeier 12	4) Ross Kusel 11
	5) Caden Keller 12	6) Ben Ramsey 09	7) Reed Hinners 12	8) Abe Polzien 10
23	Iowa Valley, M	1	3:36.46	3
	1) Jeffrey Crawford 10	2) Karter Thiessen 11	3) Taite Peach 11	4) Josh Read 09
	5) Caden Knapp 12	6) Ian Smith 10	7) Carter Hassebroek 10	
24	Bishop Garrigan	1	3:36.86	3
	1) Caden Roethler 11	2) Andrew Lichter 10	3) Trayton Cink 10	4) Justin Bauer 11
	5) Cal Birkey 12	6) Kyle Bormann 09	7) Skyler Morse Jr. 10	8) Owen Murphy 10

Event 95 Boys 4x800 Meter Relay 1A (24)**Thursday 5/18/2023 - 12:10 PM**

State Record: 7:58.63 5/18/2017 Pekin, Pekin
C Eckley, S Roth, I Wittrock, R Millikin
All-Time: 7:41.43 5/21/2015 Ames, Ames
L Grim, K Chol, A Akok, D Chan

	Team	Relay	Seed Time	
1	BCLUW	1	8:21.72	1
	1) Lane Hartwig 12	2) Connor Lynch 12	3) Cayden White 10	4) Cael Keller 11
	5) Cayden McLeland 12	6) Andrew Frank 12	7) Kevin Hill 10	8) Dane Petty 12
2	St. Edmond, FD	1	8:23.89	1
	1) Sam Mericle 11	2) Carter Rial 12	3) Anthony Valles 09	4) Aaron Lursen 12
	5) Liam Shannon 10	6) Thomas Cosgrove 11	7) Klay Baker 10	8) Thomas Knobbe 09
3	W Monona	1	8:24.21	1
	1) Eein McKinley 12	2) Johnny Fester 12	3) Jayce Lynn 12	4) Laken Bellis 11
	5) Jesse Boynton 12	6) Gabe McKinley 11		
4	Earlham	1	8:25.98	1
	1) Caleb Smith 10	2) Blake Tiemeyer 10	3) Carson Maly 10	4) Malakai Hale 12
	5) Dallas Canoyer 10	6) Jackson Berkley 10	7) Donovan Braet 09	
5	IKM-Manning	1	8:26.01	1
	1) Reed Hinners 12	2) Hunter Smith 12	3) Ben Ramsey 09	4) Caden Keller 12
	5) Abe Polzien 10	6) Isaac Blankman 09	7) Nathan Johnson 12	

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Event 95 ... (Boys 4x800 Meter Relay 1A (24))

	Team	Relay	Seed Time	
6	Nwood-Kensett	1	8:26.43	1
	1) Lamonte Sims 12	2) Dalton Logeman 12	3) Kooper Julseth 10	4) Treycen Rollene 12
	5) Dagen Peterson 09	6) Aden Bice 10	7) Weston Willand 09	
7	MMCRU	1	8:26.73	2
	1) Lucas Braun 10	2) Owen Alesch 12	3) Wyatt Alesch 09	4) Jace Colling 10
	5) Kyler Bork 11	6) Brandon Dreckman 09	7) Kaden Galles 11	8) Clint Staab 10
8	Tri-Center	1	8:28.22	2
	1) Brennan Boden 10	2) Michael Turner 12	3) Sean McGee 12	4) Carter Kunze 10
	5) Lincoln Thomas 10	6) Zach Nelson 09		
9	North Iowa	1	8:29.34	2
	1) Noah Hofmann 12	2) Jackson Potter 10	3) Brogyn Greensky 11	4) Gavin Grunhovd 10
	5) Isaac Hillesland 11	6) Noah Hanson 10	7) Walker Johnson 09	8) Jaycob Guthart 10
10	Danville	1	8:29.41	1
	1) Noah Horn 09	2) Spencer Nelson 12	3) Jackson Shacklett 10	4) AJ Bonnesen 12
	5) Isaac Shinn 09	6) Parker Buck 09	7) Carter Fesler 11	
11	ACGC	1	8:29.58	3
	1) Gavin Sloss 10	2) Tyconder Ellis 12	3) Jarrett McClain 11	4) Andrew Mahaffey 11
	5) Justin Reinhart 12	6) Justin Davis 12	7) Joe Crawford 09	
12	N Mahaska	1	8:31.81	2
	1) Lane Harmon 12	2) Nate Sampson 11	3) Ben Yang 10	4) Brayden Veiseth 11
	5) Charlie Goemaat 09	6) Asher DeBoef 10		
13	Nashua-Plainfld	1	8:31.96	2
	1) Bo Harrington 12	2) Dylan Blanchard 11	3) Jase Hansen 09	4) Eli Kalainoff 09
	5) Levi Winters 12	6) Caleb Lentz 11		
14	Springville	1	8:33.07	1
	1) Jack Stamp 10	2) Mason Hoy 09	3) Conlin Rouse 09	4) Evan Robertson 12
	5) Creston Cordes 10			
15	St. Albert, CB	1	8:33.39	1
	1) Luke Wettengel 11	2) Colin Lillie 12	3) Owen Wise 11	4) Parker Heisterkamp 10
	5) Joe Hughes 10	6) Jacob Boswell 10		
16	English Valleys	1	8:33.45	2
	1) Jonathyn Downing 11	2) Cecil Smallwood 12	3) Myles Grove 11	4) Gage Heyne 10
	5) Josh Osborn 12	6) AJ Bruns 11		
17	Wapsie Val, F	1	8:34.53	1
	1) Dawson Schmit 12	2) Brock Kleitsch 11	3) Dallas Tisue 10	4) Ian Buzynski 11
	5) Aidan Shannon 11	6) Traeton Sauerbrei 11	7) Aidan Brady 09	8) Weston Schares 10
18	Graet-T/Ruth-Ayr	1	8:36.91	3
	1) Collin Hoffman 11	2) Jaxson Schnell 09	3) Andrew Kral 12	4) Aiden Egerton 12
	5) Drew Schnell 12	6) Max Hough 12	7) Colton Kluever 12	
19	Baxter	1	8:37.21	2
	1) Perrin Sulzle 10	2) Cody Samson 11	3) Logan Jones 11	4) Cody Damman 12
	5) Matt Richardson 10	6) Logan Rainsbarger 10	7) Carson Scroggins 12	8) James Esqueda 10
20	Gehlen Cath, L	1	8:37.24	3
	1) Trevor Teel 11	2) Zac Harpenau 10	3) Eric Scheitler 12	4) Ryan Augustine 12
	5) Owen Seivers 09	6) Chance Kallsen 11	7) Bradan Weber 10	8) Bela Bornhoeft 10
21	Lisbon	1	8:37.85	3
	1) Junior Krob 12	2) Wesley Sadler 10	3) Brody Speidel 09	4) Michael Gadberry 11
	5) Micah Knapp 12	6) Teague Krob 11		
22	Riverside, Oak	1	8:38.28	4
	1) Mason McCready 11	2) Landyn Schoenrock 09	3) Teegan Schechinger 12	4) Hayden Hensley 12
	5) Brody Henderson 09	6) Dawson Henderson 09	7) Kellen Oliver 10	8) Ayden Salais 12

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Event 95 ... (Boys 4x800 Meter Relay 1A (24))

	Team	Relay	Seed Time
23	Madrid	1	8:40.12 3
	1) Ethan Loutzenheiser 11	2) Blake Renze 10	3) Chase Davis 11
	4) Jacob Kockler 12	5) Clay Warson 11	6) Kyle Kruckenberg 11
	7) Caydon Tucker 12	8) Brody Buck 10	
24	Alta/Aurelia	1	8:40.67 4
	1) Blayke Johnson 11	2) Gabe Olsen 09	3) Hayden Garlow 10
	4) Braden Sonksen 12	5) Mason Barnes 11	6) Isaiah Powers 12
	7) Parker Buckendahl 11	8) Sam Colerick 12	

Event 105 Boys 200 Meter Run WC (1)

Saturday 5/20/2023 - 1:50 PM

State Record: 29.17 5/22/2021 Evan Correll, Waukee

All-Time: 27.97 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time
1	Eli Johnson	09	Bedford	42.52

Event 107 Boys 400 Meter Run WC (1)

Saturday 5/20/2023 - 3:20 PM

State Record: 56.09 5/22/2021 Evan Correll, Waukee

All-Time: 51.96 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time
1	Eli Johnson	09	Bedford	1:26.51

Event 109 Boys Distance Medley 1A (24)

Friday 5/19/2023 - 9:40 AM

State Record: 3:31.48 2022 Earlham, Earlham

C Smith, W Hale, M Hale, J Dickson

All-Time: 3:22.69 2001 Iowa City High, Iowa City High

	Team	Relay	Seed Time
1	St. Edmond, FD	1	3:39.77 1
	1) Johnny Dickerson 12	2) Jonathan Xiao 10	3) Klay Baker 10
	4) Aaron Lursen 12	5) Sam Mericle 11	6) Grant Galles 09
	7) Thomas Cosgrove 11	8) John Nemmers 12	
2	BCLUW	1	3:40.10 1
	1) Tyler Bracy 12	2) Cael Keller 11	3) Connor Lynch 12
	4) Cayden White 10	5) Carter Gallentine 11	6) Lane Hartwig 12
	7) Alex Paxson 11	8) Cayden McLeland 12	
3	Earlham	1	3:40.29 1
	1) Trevor Lane 10	2) Walker Hale 11	3) Caleb Smith 10
	4) Malakai Hale 12	5) Dallas Canoyer 10	6) Brody Morrison 12
4	New London	1	3:40.97 1
	1) Boden Pickle 12	2) London Franklin 09	3) Brigham Porter 09
	4) Rylan Martin 12	5) Aiden Borton 11	6) Cale Westerbeck 09
	7) Nicholas Powell 10	8) Cauy Garrett 12	
5	Belle Plaine	1	3:41.15 1
	1) Rhett Parrott 11	2) Connor Timm 12	3) Lucas Eichhorn 10
	4) Sam DeMeulenaere 10	5) Aidan Timm 09	6) Lane Vokoun 10
	7) Hunter Henry 09	8) Ty Alcott 10	
6	Winfield-Mt. U	1	3:41.49 2
	1) Lane Genkinger 10	2) Abram Edwards 11	3) Ty Scorpil 11
	4) Kohlby Newsom 10	5) Cam Buffington 11	6) Gabriel Hemsworth 11
	7) Eli Miller 11		
7	S Hamilton	1	3:41.79 2
	1) Kolby Hodnefield 09	2) Reece Ricke 11	3) Ty Koehn 11
	4) Nick Severseike 10	5) Jonathan Drake 11	6) Chayton Ewurs 12
	7) Landen Skartvedt 12	8) Landon Grove 12	
8	Woodbine	1	3:41.92 1
	1) Colton Walsh 12	2) Dillon Reed 09	3) Brodyn Pryor 09
	4) Landon Bendgen 11	5) Cameron Cline 12	6) Bernie Nelson 12
	7) Lane Vennink 12	8) Gunner Wagner 10	

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Event 109 ... (Boys Distance Medley 1A (24))

Event	Team	Relay	Seed	Time
9	Wapsie Val, F	1	3:42.11	1
	1) Weston Schares 10	2) Hunter Kane 12	3) Dawson Schmit 12	4) Aidan Shannon 11
	5) Ian Buzynski 11	6) Dallas Tisue 10	7) Brock Kleitsch 11	8) Traeton Sauerbrei 11
10	St. Albert, CB	1	3:42.28	1
	1) Tony Busch 11	2) Parker Heisterkamp 10	3) Brendan Monahan 12	4) Colin Lillie 12
	5) Owen Marshall 10	6) Luke Wettengel 11		
11	Danville	1	3:43.32	3
	1) Drake Nicholson 12	2) Ayden Doyle 11	3) Ashton McCane 12	4) AJ Bonnesen 12
	5) Jaden Bauer 10	6) Noah Horn 09	7) Cooper Kleinkopf 11	
12	Central Sprngs	1	3:43.97	1
	1) Avery Gregoire 10	2) Brayden Mills 11	3) Austin Lloyd 12	4) Carter Lanphere 11
	5) Will Howes 11	6) Thomas Haas 10	7) Michael Liggins 09	8) Lincoln Blickenderfer 09
13	Mount Ayr	1	3:44.19	2
	1) Preston Fleharty 11	2) Jaydon Knight 12	3) Braydon Pierson 12	4) Drew Ehlen 12
	5) Ryce Reynolds 11	6) Tate Dugan 09	7) Jackson Ruggles 09	8) Adan Trujillo 10
14	Alta/Aurelia	1	3:44.24	2
	1) DJ Rodriguez 11	2) Gavin Sleezer 10	3) Parker Buckendahl 11	4) Braden Sonksen 12
	5) Isaiah Powers 12	6) Cade Ahnemann 12	7) Camden Reinert 09	8) Jacob Launderville 09
15	IKM-Manning	1	3:44.55	1
	1) Eli Dreyer 12	2) Ross Kusel 11	3) Hunter Smith 12	4) Caden Keller 12
	5) Reed Hinners 12	6) Cooper Irlmeier 12	7) Jase Lueth 11	8) Davis Rasmussen 09
16	MMCRU	1	3:45.27	2
	1) Gunnar Johnson 12	2) Kaden Neddermeyer 12	3) Jace Colling 10	4) Owen Alesch 12
	5) Kaden Galles 11	6) Lucas Braun 10	7) Xander Tentinger 10	8) Brayson Mulder 09
17	Glad-Reinbeck	1	3:45.44	2
	1) Austin Vaverka 11	2) William Kiburis 12	3) Hudson Clark 09	4) Caleb Egesdal 12
	5) Kaden Kauffman 10	6) Drew Eilers 10	7) Christopher Utterback 10	8) Drew Stanek 10
18	W Monona	1	3:45.88	3
	1) Grant Russell 12	2) Micah Sorensen 12	3) Laken Bellis 11	4) Eein McKinley 12
	5) Jeriah Sorensen 11	6) Parker Zima 11		
19	Lisbon	1	3:46.52	2
	1) Kaden Caspers 12	2) Quinn Coleman 10	3) Michael Gadberry 11	4) Junior Krob 12
	5) Tiernan Boots 10	6) Ben Morningstar 12	7) Baylor Speidel 11	8) Dakota Clark 10
20	North Iowa	1	3:47.19	3
	1) Noah Hofmann 12	2) Brogyn Greensky 11	3) Jackson Potter 10	4) Gavin Grunhovd 10
	5) Isaac Hillesland 11	6) Jaycob Guthart 10	7) Charlie Schaefer 11	8) Walker Johnson 09
21	Madrid	1	3:47.23	3
	1) Jacob Farrell 09	2) Caydon Tucker 12	3) Tyler Fuller 11	4) Clay Warson 11
	5) Loken Velky 09	6) Ethan Loutzenheiser 11	7) Nick Bueb 11	8) Tyler Sonnenfelt 09
22	Collins-Maxwell	1	3:47.40	4
	1) Isaac Brown 10	2) Caleb Dvorak 12	3) Josef Dvorak 10	4) Ethan Haus 12
	5) Jace Huntrods 12	6) Cooper Wierson 09		
23	Riverside, Oak	1	3:47.82	2
	1) Jaxon Gordon 09	2) Ayden Salais 12	3) Grady Jeppesen 11	4) Mason McCready 11
	5) Hayden Hensley 12	6) AC Roller 10	7) Keaten Rieken 10	8) Teegan Schechinger 12
24	N Mahaska	1	3:48.63	3
	1) Lucas Nunnikoven 10	2) Andy Knoeckel 11	3) Kaleb Stout 10	4) Lane Harmon 12
	5) Nate Sampson 11	6) Ben Yang 10		

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Event 117 Boys High Jump 1A (24)

Friday 5/19/2023 - 9:00 AM

State Record: 6-11 5/19/2006 Ehi Oamen, Hinton
All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Name	Year	School	Seed	Mark
1	Kade Benjamin	12 New London	6-06.00	1
2	Triston Miller	12 Columbus, CJ	6-06.00	2
3	Luke Czarnecki	12 Lisbon	6-06.00	1
4	Lance Bunde	11 ACGC	6-04.00	1
5	Samson Adams	12 Lenox	6-04.00	1
6	Kolby Culbertson	11 CR-Bayard	6-03.00	2
7	Johny Amina	11 North Cedar	6-03.00	1
8	Ty Alcott	10 Belle Plaine	6-02.00	2
9	Logan Godfrey	12 Melcher-Dallas	6-02.00	2
10	Willie Conley	11 South O'Brien	6-02.00	1
11	Louden Huisenga	10 WACO	6-01.00	3
12	Caden Vanden Bosch	12 Newell-Fonda	6-01.00	2
13	Ross Kusel	11 IKM-Manning	6-01.00	3
14	Aiden Lamborn	12 Nashua-Plainfld	6-00.00	1
15	Dustin Hoksbergen	11 Trinity Christ	6-00.00	3
16	Tyson Ross	12 Orient-Macksbg	6-00.00	4
17	Clayton Williams	11 Moravia	6-00.00	3
18	Nathan McFarland	12 Colo-Nesco	6-00.00	1
19	Drew Volkman	12 Boyer Valley	6-00.00	1
20	Braydin Crum	09 Central Sprngs	5-10.00	2
21	Mason Harter	12 Wapsie Val, F	5-10.00	1
22	Lucas Braun	10 MMCRU	5-10.00	2
23	Jarret Petersen	11 Earlham	5-10.00	3
24	Connor Pruiett	11 Wayne, Corydon	5-10.00	2

Event 125 Boys Long Jump 1A (24)

Thursday 5/18/2023 - 9:00 AM

State Record: 23-02.50 5/19/2011 Nick Efkamp, Madrid
All-Time: 24-10 2022 Abu Sama, Southeast Polk

Name	Year	School	Seed	Mark
1	Cam Buffington	11 Winfield-Mt. U	21-07.50	1
2	Tyler Fuller	11 Madrid	21-07.00	1
3	Luke Czarnecki	12 Lisbon	21-06.50	1
4	Carter Sievers	12 Newell-Fonda	21-03.25	1
5	Kaden Amigon	11 Columbus, CJ	21-00.50	2
6	Simeon Reichenbach	12 WACO	20-10.50	3
7	Jake Van Etten	11 North Linn	20-10.00	1
8	Landon Grove	12 S Hamilton	20-07.50	2
9	Mason Bechen	10 North Linn	20-07.50	2
10	Joe Morris	10 Westwood, Sloan	20-07.00	1
11	Logan Godfrey	12 Melcher-Dallas	20-07.00	2
12	Anthony Harrington	09 Midland, Wyoming	20-05.00	3
13	Isaac Grundman	12 Lenox	20-04.00	1
14	Lane Vokoun	10 Belle Plaine	20-04.00	4
15	Trevor Lane	10 Earlham	20-03.50	3
16	Owen Scott	09 Hillcrest	20-03.50	4

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Event 125 ... (Boys Long Jump 1A (24))

	Name	Year	School	Seed	Mark
17	Caler Garnand	10	Lawton-Bronson	20-03.00	2
18	Eli Schmidt	11	Clarksville	20-00.50	1
19	Tony Racine	11	Essex	20-00.50	2
20	Cole McCarty	10	Gehlen Cath, L	20-00.00	3
21	Austin Jordan	10	Grand View Christ	19-11.50	4
22	Dylan Brennecke	12	Seymour	19-11.00	3
23	Charlie Simpson	12	Easton Valley	19-09.00	1
24	Carter Kunze	10	Tri-Center	19-01.50	1

Event 133 Boys Discus Throw 1A (24)

Friday 5/19/2023 - 11:30 AM

State Record: 197-05 5/20/2016 Tom Yezek, Nwood-Kenset
 All-Time: 207-08 1978 Scott Crowell, Mason City

	Name	Year	School	Seed	Mark
1	Ian Blowe	11	Akron-Westfield	169-00	1
2	Oleh Shtefanchuk	12	WACO	164-10	1
3	Ryan Hackbart	12	Saint Ansgar	150-03	1
4	Luke Huntrods	12	Collins-Maxwell	148-03	1
5	Mack Ortner	12	Don Bosco	145-06	1
6	Russell Coil	11	Columbus, CJ	145-03	2
7	Drew Streb	11	Regina, IC	141-09	3
8	Riley Simmons	11	Belle Plaine	141-06	2
9	Carter Balvanz	12	S Hamilton	139-02	2
10	Koleson Evans	12	W Harrison	138-07	2
11	Jayden Beckman	10	St. Albert, CB	138-00	1
12	Mitchell Schnepf	11	MMCRU	137-08	3
13	Corbin Peach	12	CAM, Anita	137-02	1
14	Lance Clayburg	12	CR-Bayard	136-06	2
15	Ambrose Savage	10	Lamoni	136-05	2
16	Ty Jensen	11	Midland, Wyoming	135-03	3
17	Aiden Heitland	11	AGWSR	135-03	2
18	Tate Dierking	11	SE Warren	134-02	3
19	Braden Halvorson	09	Saint Ansgar	133-06	3
20	Kai Malone	12	Winfield-Mt. U	133-02	4
21	Evan Kruger	12	George-Little Rk	132-06	1
22	Trenton Warner	10	Nodaway Vall	132-02	3
23	Hudson Underwood	11	Easton Valley	127-04	1
24	Gage VandeVoort	11	N Mahaska	126-05	1

Event 141 Boys Shot Put 1A (24)

Thursday 5/18/2023 - 11:30 AM

State Record: 60-10.25 1975 Bob Feurerbach, Preston
 All-Time: 70-11 1968 Doug Lane, Cedar Rapids Jefferson

	Name	Year	School	Seed	Mark
1	Ian Blowe	11	Akron-Westfield	52-08.25	1
2	Ryan Hackbart	12	Saint Ansgar	52-04.50	1
3	Ethan Thimmes	11	North Cedar	51-09.00	1
4	Mack Ortner	12	Don Bosco	51-01.50	2
5	Colin Rasch	11	North Union	50-01.50	1
6	Ryan McDonough	12	Wapello	49-09.00	1

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	Name	Year	School	Seed	Mark
7	Lance Clayburg	12	CR-Bayard	49-07.00	1
8	Payton Jacobe	11	ACGC	49-05.75	2
9	Corbin Woods	12	North Linn	49-04.50	3
10	Jonah Reiling	11	Lisbon	48-09.00	1
11	Josiah Chibambo	12	West Fork	48-08.25	2
12	Cooper Marvel	11	Fremont-Mills	48-07.00	1
13	Orlando Montoya	11	BCLUW	48-06.25	2
14	Grant Brix	11	Logan-Magnolia	48-05.00	2
15	Russell Coil	11	Columbus, CJ	48-02.50	2
16	Aiden Heitland	11	AGWSR	48-01.00	3
17	Corbin Peach	12	CAM, Anita	47-08.00	3
18	Trice Clapper	12	Baxter	47-08.00	1
19	Cal Heydon	09	CR-Bayard	47-08.00	3
20	Jackson Dewald	12	Westwood, Sloan	47-02.00	3
21	Anthony Harrington	09	Midland, Wyoming	46-10.00	4
22	Caden Meyer	12	Newell-Fonda	46-09.75	2
23	Trenton Warner	10	Nodaway Vall	46-09.00	5
24	Oakley Semelroth	12	Tripoli	46-02.25	1

Event 153 Boys Shot Put WC (1)

Saturday 5/20/2023 - 10:00 AM

State Record: 40-05.50 5/18/2013 Alex Gudenkauf, Dubuque, Senior

All-Time: 40-05.50 5/18/2013 Alex Gudenkauf, DBQ Senior WC

	Name	Year	School	Seed	Mark
1	Eli Johnson	09	Bedford	14-06.00	

Event 154 Boys 4x110 Meter Shuttle Hurdle 1A (24) Prelims

Thursday 5/18/2023 - 2:00 PM

State Record: 1:00.19 5/20/2021 Lisbon, Lisbon

C Kamaus, L Czarnecki, B Clausen, K Becker

All-Time: 57.18 5/18/2019 Valley, WDM, Valley, WDM

P Marschel, U Gbarjolo, T Thornton, J Williams

	Team	Relay	Seed	Time
1	Lisbon	1	1:00.44	1
	1) Ben Morningstar 12	2) Cohen Kamaus 12	3) Gage Holub 10	4) Luke Czarnecki 12
	5) Dakota Clark 10			
2	CAM, Anita	1	1:01.25	1
	1) Jack Follmann 11	2) Cale Maas 12	3) Collin Bower 09	4) Sam Foreman 12
	5) Gavin Clayton 12	6) Brayden Chester 10	7) Kegan Croghan 10	8) Chase Spieker 10
3	Lenox	1	1:01.46	1
	1) Gabe Funk 10	2) Isaac Grundman 12	3) Trenton Beck 12	4) Samson Adams 12
	5) Jordan Martin-England 10	6) Donald Bashor 11		
4	Columbus, CJ	1	1:01.52	1
	1) Riley Kaalberg 10	2) Dante Zuniga 12	3) Alexander Rees 09	4) Triston Miller 12
	5) Jon Miranda 10	6) Jeff Hoback 12	7) Tyson Kaalberg 09	
5	Tripoli	1	1:01.95	1
	1) Rowan Carlson 12	2) Taebien Wright 12	3) Daniel Comer 12	4) Bryce Schroeder 12
	5) Tony Uribe 12	6) McKoy Nuss 09	7) Christian Boldt 11	8) Kyle Boeckmann 10
6	West Hancock	1	1:01.98	1
	1) Evan Ford 11	2) Jaxen Peterson 11	3) Kellen Smith 11	4) Mitchell Smith 11
	5) Teague Smith 09	6) Luis Sandoval 11	7) Zephyr Jamtgaard 10	8) Gustavo Gomez 09

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Event	Team	Relay	Seed	Time
7	Earlham	1		1:02.79 1
	1) Cason Amsden 09	2) Walker Hale 11	3) Will Frommelt 11	4) Jarret Petersen 11
	5) Josh Winey 09	6) Ethan Winey 09		
8	North Linn	1		1:02.93 1
	1) Carter Holtz 11	2) Kanye Caryl 11	3) Breckyn Betenbender 11	4) Tate Haughenbury 12
	5) Hayden Schmidt 10	6) Isaac Pfab 10	7) Mason Bechen 10	8) Jake Van Etten 11
9	Maquoketa Valley	1		1:03.02 2
	1) Carter Klaren 12	2) Arion Rave 10	3) Kash Hunt 09	4) Lance McShane 11
	5) Colin Smith 09			
10	WACO	1		1:03.04 2
	1) Isaac Oswald 12	2) Mason Miller 12	3) Louden Huisenga 10	4) Simeon Reichenbach 12
	5) Clayton Miller 10	6) Gage Samo 10		
11	Lawton-Bronson	1		1:03.20 1
	1) Kurtus Palsma 12	2) Caler Garnand 10	3) Cowan Jaminet 10	4) Leighton Olesen 12
	5) Ivan Smith 11	6) Eli Stadsvold 10		
12	Nashua-Plainfld	1		1:03.34 1
	1) Kaden Wilken 12	2) Aiden Lamborn 12	3) Bo Harrington 12	4) Titus Evans 11
	5) Landon Foelske 09	6) Braeden Mitchell 09		
13	Belle Plaine	1		1:03.37 2
	1) Ty Alcott 10	2) Lane Vokoun 10	3) Sam DeMeulenaere 10	4) Connor Timm 12
	5) Aidan Timm 09			
14	East Mills	1		1:03.59 2
	1) Ryan Stortenbecker 12	2) Davis McGrew 12	3) Jackson Embree 10	4) Peyton Embree 12
	5) Jiri Brodigan 09	6) Mason Crouse 12	7) Zach Thornburg 11	8) Brodyn Wray 12
15	Stanton	1		1:04.29 3
	1) Nolan Grebin 11	2) Joshua Martin 12	3) Jacob Martin 10	4) Gavin Ford 10
	5) Jonan Wookey 12	6) Rylan Grebin 09	7) Preston Carpenter 11	8) Evan Hopf 11
16	Wapsie Val, F	1		1:04.35 3
	1) Dawson Schmit 12	2) Aidan Shannon 11	3) Brock Kleitsch 11	4) Mason Harter 12
	5) Bryce Zimmerman 12	6) Logan Sauerbrei 09	7) Garet Shannon 09	8) Chase Ackerman 10
17	S Winn, Calmar	1		1:04.39 2
	1) Lukas Weiss 10	2) Kaden Bullerman 12	3) Parker Timp 11	4) Keagen Streeter 12
	5) Brady Ohrt 11	6) Abe Conway 11	7) Kaden Barton Franzen 10	8) Brody Tieskoetter 11
18	Logan-Magnolia	1		1:04.39 2
	1) Adam Roden 09	2) Evan Roden 11	3) Carson Edney 09	4) Calvin Wallis 12
	5) Calvin Collins 11	6) Kalab Kuhl 10		
19	South O'Brien	1		1:04.54 2
	1) Grant Wagner 12	2) Brennan Billick 09	3) Willie Conley 11	4) Boston Riedemann 12
	5) Cole Cox 11	6) Brody Van Beek 09	7) Damian Villarreal 09	8) Dominic Rounds 09
20	Gehlen Cath, L	1		1:04.75 3
	1) Cole McCarty 10	2) Brandon Gengler 12	3) Ethan Nuebel 11	4) Jaxten Kramer 11
	5) Jack Roberts 09			
21	ACGC	1		1:04.80 2
	1) Tate Fever 09	2) Jathan South 10	3) Brexton Schneider 09	4) Treyton Schneider 11
	5) Tommy Skram 09	6) Charlie Christensen 09		
22	W Monona	1		1:04.88 4
	1) Jeriah Sorensen 11	2) Micah Farrens 12	3) Aiden Holverson 11	4) Micah Sorensen 12
	5) Richard Green 10	6) Elias Sorensen 09		
23	CR-Bayard	1		1:05.07 3
	1) Lucas Obert 10	2) Johnny Cortez 09	3) Parker Hays 10	4) Cal Heydon 09
	5) Lance Clayburg 12	6) Wyatt Oswald 10	7) Kolby Culbertson 11	8) Ethan Bauer 09

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Team	Relay	Seed Time
24 Madrid	1	1:05.13 2
1) Jake Leonard 11	2) Tyler Fuller 11	3) Kyle Kruckenberg 11
4) Alex Saxton 11	5) Brody Buck 10	6) Landon Fox 11
7) Cory Saxton 09	8) Jayce Fuson 11	

Event 158 Boys 800 Sprint Medley 1A (24)

Saturday 5/20/2023 - 9:50 AM

State Record: 1:33.57 5/22/2021 **Wapsie Valley, Wapsie Valley**
D Schmit, E Oltrogge, H Robinson, T Sauerbrei
All-Time: 1:30.92 5/18/2019 **Bettendorf, Bettendorf**
A Kalar, C Bell, L Desequeira, D Porter

Team	Relay	Seed Time
1 Lawton-Bronson	1	1:32.59 1
1) Leighton Olesen 12	2) Caleb Garnand 11	3) Louden Grimsley 10
4) Theo Moseman 12	5) Domenik Smith 10	6) Evan Teager 10
7) Caler Garnand 10	8) Mark Moseman 11	
2 Lynnville-Sully	1	1:34.14 1
1) Bryce Richards 12	2) Corder Noun Harder 11	3) James Gruver 12
4) Conner Maston 12	5) Kyle Squires 12	6) Caleb Rea 12
7) Gentry Walston 12	8) Hendrick Lowry 10	
3 Iowa Valley, M	1	1:35.06 1
1) Clayton Kinzenbaw 12	2) Pierce Kienitz 12	3) Caleb Haack 10
4) Evan Kearney 12	5) Caden Knapp 12	6) Jeffrey Crawford 10
7) Karter Thiessen 11	8) Josh Read 09	
4 Mount Ayr	1	1:35.26 1
1) Preston Fleharty 11	2) Jaydon Knight 12	3) Braydon Pierson 12
4) Ryce Reynolds 11	5) Jackson Ruggles 09	6) Tate Dugan 09
7) Drew Ehlen 12	8) Adan Trujillo 10	
5 Newell-Fonda	1	1:35.65 1
1) Trenton Struss 11	2) Ryan Greenfield 12	3) Mason Dicks 12
4) Carter Sievers 12	5) Max Carlson 10	6) Ty Tauber 11
7) Nathan Caretto 12	8) Pedro Patricio 11	
6 Riverside, Oak	1	1:36.07 1
1) Jaxon Gordon 09	2) Mason McCreedy 11	3) Grady Jeppesen 11
4) Ayden Salais 12	5) AC Roller 10	6) Hayden Hensley 12
7) Keaten Rieken 10	8) Emery Evans 09	
7 Gehlen Cath, L	1	1:36.46 2
1) Kale Pearson 10	2) Aiden Spangler 12	3) Chance Kallsen 11
4) Ryan Augustine 12	5) Ashton Budden 11	6) Connor Kraft 12
7) Keaten Bonderson 12	8) Nolan Teel 09	
8 Westwood, Sloan	1	1:36.47 3
1) Tatum Cooper 10	2) Carson Topf 11	3) Joe Morris 10
4) Frank Lewis 11	5) Jackson Dewald 12	6) Joe Dewald 10
7) Jack Clayton 10		
9 S Hamilton	1	1:36.77 1
1) Nick Severseike 10	2) Jonathan Drake 11	3) Kolby Hodnefield 09
4) Ty Koehn 11	5) Reece Ricke 11	6) Landen Skartvedt 12
7) Chayton Ewurs 12	8) Landon Grove 12	
10 Turkey Val, JJ	1	1:36.86 1
1) Troy Schmitt 12	2) Chase Hayek 12	3) Noah Hanson 12
4) Ryan Franzen 12	5) Burke Busta 11	6) John Kruse 09
7) Russell Nieman 11		
11 North Linn	1	1:36.92 2
1) Isaac Pfab 10	2) Ben Wheatley 12	3) Mason Bechen 10
4) Tate Haughenbury 12	5) Landon Miller 12	6) Jake Van Etten 11
7) Breckyn Betenbender 11	8) Kanye Caryl 11	
12 Central Sprngs	1	1:37.02 2
1) Rory Pranzak 11	2) Avery Gregoire 10	3) Brayden Mills 11
4) Will Howes 11	5) Carter Lanphere 11	6) Michael Liggins 09
7) Austin Lloyd 12	8) Colton O'Hern 12	
13 BCLUW	1	1:37.19 2
1) Walker Ashton 12	2) Alex Paxson 11	3) Tyler Bracy 12
4) Connor Lynch 12	5) Carter Gallentine 11	6) Lane Hartwig 12
7) Liam Speicher 11	8) Vance Hoyt 09	

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	Team	Relay	Seed Time
14	Bishop Garrigan	1	1:37.19 2
	1) Caden Roethler 11	2) Owen Murphy 10	3) Cal Birkey 12
	5) Kyle Bormann 09	6) Trayton Cink 10	7) Andrew Lichter 10
			8) Ethan Marso 09
15	Winfield-Mt. U	1	1:37.19 1
	1) Caleb Giese 12	2) Abram Edwards 11	3) Cam Buffington 11
	5) Sheaden Adams 10	6) Eli Miller 11	7) Ty Scorpil 11
			8) Cole Milks 11
16	Alta/Aurelia	1	1:37.22 3
	1) Cade Ahnemann 12	2) Camden Reinert 09	3) Gavin Sleezer 10
	5) Isaiah Powers 12	6) Hayden Garlow 10	7) Braden Sonksen 12
			8) DJ Rodriguez 11
17	South O'Brien	1	1:37.28 4
	1) Jacob Van Lith 12	2) Cole Tjossem 11	3) Hudson Oolman 12
	5) Boston Riedemann 12	6) Grant Wagner 12	7) Jordan Jenness 10
			8) Caden Wittrock 10
18	Wapsie Val, F	1	1:37.34 1
	1) Braden Knight 12	2) Traeton Sauerbrei 11	3) Hunter Kane 12
	5) Aidan Shannon 11	6) Dallas Tisue 10	7) Ian Buzynski 11
			8) Brock Kleitsch 11
19	CAM, Anita	1	1:37.40 2
	1) Kegan Croghan 10	2) Sam Foreman 12	3) Collin Bower 09
	5) Chase Spieker 10	6) Gabe Rouse 12	7) Jack McKee 12
			8) Austin Eblen 10
20	Midland, Wyoming	1	1:37.53 3
	1) Justin Block 12	2) Sawyer House 11	3) Jared Crock 12
	5) Anthony Harrington 09	6) Caden Ballou 12	7) Kael Cress 10
			8) Seth Bixler 11
21	W Monona	1	1:37.66 4
	1) Jeriah Sorensen 11	2) Micah Farrens 12	3) Grant Russell 12
	5) Micah Sorensen 12	6) Parker Zima 11	4) Laken Bellis 11
22	Danville	1	1:37.88 2
	1) Drake Nicholson 12	2) Jaden Bauer 10	3) Ayden Doyle 11
	5) Kessler Whaley 10	6) Landon Seibert 10	7) Cooper Kleinkopf 11
			4) Ashton McCane 12
23	New London	1	1:38.20 3
	1) Boden Pickle 12	2) London Franklin 09	3) Brigham Porter 09
	5) Josiah Denney 11	6) Carter Benjamin 09	7) Cale Westerbeck 09
			8) Kade Benjamin 12
24	Bellevue	1	1:38.40 2
	1) Nolan Dunne 10	2) Keenan Kilburg 09	3) Kaden Guenther 11
	5) Casey Tath 11	6) Riley Carrier 12	7) Tait Nemmers 11
			4) Gabe Manders 10

Event 163 Boys 800 Meter Run WC (1)

Friday 5/19/2023 - 2:00 PM

State Record: 1:46.08 5/21/2021 Evan Correll, Waukee

All-Time: 1:46.08 2021 Evan Correll, Waukee

	Name	Year	School	Seed Time
1	Eli Johnson	09	Bedford	2:50.81