

**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Event 1 Girls Long Jump**

Name	Yr	School	Finals		
<b>Finals</b>					
1 Sullivan, Melanie	12	Knoxville	5.22m	17-01.50	2
2 Pratt, Jaeden	10	Ankeny Cent	5.09m	16-08.50	1
3 Crannell, Makayla	11	Adm, Adel	5.03m	16-06.00	2
4 Mahama, Elizabeth	11	Ankeny Cent	4.90m	16-01.00	2
5 Tollari, Aniston	10	Adm, Adel	4.72m	15-06.00	2
6 Long, Kamryn	09	Pella	4.69m	15-04.75	2
7 White, Kynlee	09	Mt Pleasant	4.66m	15-03.50	2
8 Lange, Elsie	11	Mt Pleasant	4.57m	15-00.00	2
9 Powell, Ellie	09	SE Polk	4.36m	14-03.75	2
10 Woods, Kendall	12	SE Polk	4.36m	14-03.75	2
11 Jalas, Bailey	11	Mt Pleasant	x4.36m	14-03.75	2
12 melvin, abigail	09	Pella	4.26m	13-11.75	2
13 Christenson, Morgan	09	SE Polk	x4.20m	13-09.50	1
14 Brockway, Addi	09	W Burlington	4.17m	13-08.25	1
15 Shaw, Delaney	10	Hillcrest	4.16m	13-07.75	2
16 Talbert, Cora	10	E Marshall	4.14m	13-07.00	2
17 Hall, Maddie	09	SE Polk	x3.87m	12-08.50	1
18 Fagg, Lexi	09	Pcm, Monroe	3.75m	12-03.75	1
19 Wahl, Lily	11	Knoxville	3.69m	12-01.25	2
20 Allen, Finley	10	E Marshall	3.68m	12-01.00	1
21 Lamberti, Madelyn	09	SE Polk	x3.61m	11-10.25	1
22 Bryan, Vaeda	10	E Marshall	x3.49m	11-05.50	1
23 Robinson, Khloe	10	E Marshall	x3.48m	11-05.00	1
24 White, Madelyn	09	E Marshall	x3.19m	10-05.75	1
25 McIlrath, Rayne	11	E Marshall	x3.15m	10-04.00	1
--- Torok, Anna	11	Hillcrest	ND		1
--- Hainley, Juliet	09	Dsm, North	ND		1
--- Boerm, Marisa	09	E Marshall	ND		1
--- Furnald, Kenna	11	Danville	ND		1
--- Cameron, Trinity	11	SE Polk	ND		1

**Event 2 Girls High Jump**

Name	Yr	School	Finals		
<b>Finals</b>					
1 Sinclair, Cadence	12	Carlisle	5-02.00	1.57m	
2 LaVoi, Maddy	12	Ankeny Cent	5-00.00	1.52m	
3 Tauke, Kelsey	10	Pella	4-10.00	1.47m	
3 Spencer, Hannah	10	Waukee NW	4-10.00	1.47m	
3 Gilmore, Josie	11	Mt Pleasant	4-10.00	1.47m	
6 Roundcount, Madelyn	09	Adm, Adel	4-10.00	1.47m	
7 Snook, Payton	09	Chariton	4-08.00	1.42m	
7 Baker, Cailey	09	Indianola	4-08.00	1.42m	
7 Follmann, Emma	11	Cam, Anita	4-08.00	1.42m	



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## Finals ... (Event 2 Girls High Jump)

Name	Yr	School	Finals	
7 Miller, Delaney	10	Ankeny Cent	4-08.00	1.42m
7 Seehase, Calli	10	Adm, Adel	4-08.00	1.42m
7 Catalano, Ellie	09	SE Polk	4-08.00	1.42m
13 Miller, Harlow	09	Audubon	4-06.00	1.37m
13 Austin, Sage	12	Carlisle	4-06.00	1.37m
13 Wood, Ellie	10	SE Polk	x4-06.00	1.37m
13 Woods, Jady	09	SE Polk	4-06.00	1.37m
17 Baker, Jillian	09	Waukee NW	4-04.00	1.32m
17 Hala, Makayla	10	E Marshall	4-04.00	1.32m
17 Law, Reese	10	Ankeny Cent	x4-04.00	1.32m
20 Lee, Katelyn	09	Indianola	4-02.00	1.27m
20 Godnai, Emily	11	SE Polk	x4-02.00	1.27m
20 Cech, Hannah	10	SE Polk	x4-02.00	1.27m
--- Liston, Lyla	10	E Marshall	NH	
--- Hendricks, Ava	09	E Marshall	NH	
--- Mahlstadt, Lydia	09	Indianola	NH	
--- Avila-Leon, Lisbeth	10	E Marshall	NH	
--- Hyland, Elizabeth	10	Ankeny Cent	NH	
--- Willeford, Gwen	12	SE Polk	NH	
--- Robinson, Khloe	10	E Marshall	NH	

## Event 3 Girls Shot Put

Name	Yr	School	Finals		
1 Princehouse, Abby	11	Waukee NW	10.68m	35-00.50	4
2 Hagedorn, Lauren	09	Adm, Adel	10.57m	34-08.25	4
3 Lyons, Payton	12	Pella	10.54m	34-07.00	4
4 Heffron, Ciara	11	Knoxville	10.46m	34-04.00	4
5 Moore, Izzie	10	Wayne, Corydon	10.24m	33-07.25	4
6 Oleson, Elise	12	W Burlington	10.15m	33-03.75	4
7 Stanford, Kennedy	10	Adm, Adel	10.13m	33-03.00	4
7 Ensminger, Ella	09	Mt Pleasant	10.13m	33-03.00	4
9 Christie, Olivia	12	Waukee NW	9.85m	32-03.75	3
10 Slobodnik, Savannah	10	Mt Pleasant	9.74m	31-11.50	3
11 Borud, Kennedy	10	SE Polk	9.51m	31-02.50	4
12 Fincel, Heather	12	Waukee NW	x9.17m	30-01.00	3
13 Meyer, Katelyn	10	Pella	9.08m	29-09.50	3
14 Jones, Nadiya	11	W Burlington	8.93m	29-03.75	4
15 Kluver, Katie	09	Indianola	8.82m	28-11.25	3
16 Miller, Riley	09	SE Polk	8.75m	28-08.50	3
17 Neith, Jessica	12	Ankeny Cent	8.59m	28-02.25	4
17 Thompson, Maggie	10	Pella	x8.59m	28-02.25	3
19 Licht, Avah	09	Carlisle	8.21m	26-11.25	3
19 Tichy, Ava	10	Indianola	8.21m	26-11.25	3
21 Cutler, Olivia	09	Pella	x8.16m	26-09.25	3



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## Finals ... (Event 3 Girls Shot Put)

Name	Yr	School	Finals		
22 Oriho, Olivia	11	Waukee NW	x8.15m	26-09.00	2
23 Harvey, Marvea	10	E Marshall	8.09m	26-06.50	3
24 Woods, Kendall	12	SE Polk	x8.07m	26-05.75	1
25 Dollman, Ella	11	Ankeny Cent	7.97m	26-01.75	3
26 Nolte, Madison	12	Carlisle	7.86m	25-09.50	1
26 DeVries, Rebecca	10	Pcm, Monroe	7.86m	25-09.50	1
28 Megrath, Alison	12	Fairfield	7.77m	25-06.00	4
29 Taft, Kyra	09	Knoxville	7.70m	25-03.25	1
30 Goodrich, Kya	11	Mt Pleasant	x7.63m	25-00.50	1
31 Septer, Emma	09	Fairfield	7.57m	24-10.00	2
32 Hockins, Riley	10	Carlisle	x7.53m	24-08.50	1
33 McDonald, Darbi	09	Pcm, Monroe	7.51m	24-07.75	1
34 Lee, Zenlynn	09	Mt Pleasant	x7.47m	24-06.25	1
35 Peters, Emma	09	Wayne, Corydon	7.31m	23-11.75	2
36 Jeptoo, Valiant	10	Waukee NW	x7.26m	23-10.00	1
37 Burns, Juliana	11	Mt Pleasant	x7.24m	23-09.00	2
38 Setterstrom, Elyse	09	Fairfield	x7.19m	23-07.25	4
39 Neuroth, Alivia	09	E Marshall	7.15m	23-05.50	3
40 Blevins, Mara	11	Ankeny Cent	x7.08m	23-02.75	1
41 Pasco, Josephine	10	Adm, Adel	x7.04m	23-01.25	1
42 Clayton, Aniston	11	Waukee NW	x6.87m	22-06.50	2
43 Ware, Raelinn	09	SE Polk	x6.79m	22-03.50	2
43 Steele, Lexi	09	SE Polk	x6.79m	22-03.50	2
45 Haynes, Kenna	10	Fairfield	x6.78m	22-03.00	2
45 Nafziger, Morgyn	10	Hillcrest	6.78m	22-03.00	2
47 Soder, Jascy	10	E Marshall	x6.69m	21-11.50	2
48 Hayslett, Samiah	10	Waukee NW	x6.55m	21-06.00	2
49 Sawyer, Grace	09	E Marshall	x6.01m	19-08.75	2
50 Helle, Joeley	09	Pella	x5.97m	19-07.00	3
51 Platt, Kaitlyn	09	Cam, Anita	5.67m	18-07.25	2
52 Kasperbauer, Maddie	09	Audubon	5.05m	16-07.00	1
53 Deignan, Madison	11	Waukee NW	x4.79m	15-08.75	2
54 White, Lily	09	SE Polk	x4.18m	13-08.75	1
--- Storck, Nicole	12	Adm, Adel	ND		4
--- Thompson, Delaini	11	Carlisle	ND		4
--- McGowan, Savona	09	SE Polk	ND		2
--- Hernandez, Jhoanna	12	Dsm, North	ND		1
--- Hasaballa, Ebatehal	10	Dsm, North	ND		1
--- LaFollette- Brown, Amarae	10	Carlisle	ND		3

## Event 4 Girls 60 Meter Hurdles

## Top 16 Advance by Time

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Karr, Morgan	09	Pcm, Monroe	9.82 q	1



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## Preliminaries ... (Event 4 Girls 60 Meter Hurdles)

Name	Yr	School	Prelims	H#
2 Smith, Kylin	10	Ankeny Cent	9.97 q	9
3 Mahoney, Bailey	09	Waukee NW	10.11 q	3
4 Steckler, Madison	12	Audubon	10.22 q	4
5 Downs, Laura	12	Carlisle	10.23 q	2
6 Marquis, Jocelyn	12	Wayne, Corydon	10.38 q	7
7 Gilmore, Josie	11	Mt Pleasant	10.43 q	1
8 Roling, Reagan	12	Carlisle	10.45 q	6
9 Talbert, Cora	10	E Marshall	10.55 q	3
10 Downey, Sully	10	Indianola	10.60 q	3
11 Coghlan, Elise	09	Adm, Adel	10.66 q	8
12 Lane, Maya	11	Fairfield	10.67 q	8
13 Bergren, Lilly	10	Fairfield	10.68 q	5
14 Teeter, Jorja	09	Pcm, Monroe	10.70 q	9
15 Barten, Ava	09	Ankeny Cent	10.89 q	1
16 Whitney, Ava	10	Wayne, Corydon	10.93 q	1
17 Lincicum, Kori	09	Ankeny Cent	10.94	2
18 Neuroth, Morgan	11	E Marshall	10.98	4
19 Pesek, Sophia	09	SE Polk	11.00	5
20 Van Deuren, Rellana	11	Mt Pleasant	11.03	4
20 White, Kynlee	09	Mt Pleasant	11.03	3
22 Nelson, Haley	09	Adm, Adel	11.09	3
23 Goretska, Morgan	12	Wayne, Corydon	11.12	6
24 Zeman, Piper	09	Ankeny Cent	11.17	8
25 Riddick, Aaliyah	11	Pella	11.18	9
26 Bryan, Vaeda	10	E Marshall	11.19	8
27 Arok, Ayen	09	SE Polk	11.24	8
28 Reinier, Hayley	10	Fairfield	11.25	2
29 McCready, Isabel	09	Fairfield	11.31	5
29 Brooks, Michelle	11	Audubon	11.31	8
31 Knutson, Cortney	11	Wayne, Corydon	11.36	7
32 Horn, Chloe	12	Danville	11.37	7
33 Liston, Lyla	10	E Marshall	11.39	1
34 Andrews, Paige	10	Chariton	11.42	2
35 Lincoln, Kylie	09	Ankeny Cent	11.43	6
36 Roundcount, Madelyn	09	Adm, Adel	11.45	7
37 Schmidt, Eliza	09	Adm, Adel	11.53	9
38 Martin, Maddy	09	Fairfield	11.57	4
39 Johnson, Margaret	10	SE Polk	11.71	7
40 Dietsch, Alexis	11	Danville	11.79	8
41 Carr, Leah	10	SE Polk	11.83	3
41 Martin, Lauren	09	Fairfield	11.83	5
43 Cowie, Madison	11	SE Polk	11.91	6
44 Cech, Hannah	10	SE Polk	12.07	9
45 Piffer, Kylie	09	Indianola	12.10	9
46 McGee, Bailey	09	Chariton	12.16	2



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## Preliminaries ... (Event 4 Girls 60 Meter Hurdles)

Name	Yr	School	Prelims	H#
47 Johnson, Camryn	09	Ankeny Cent	12.25	9
48 Westercamp, Allie	12	Mt Pleasant	12.36	2
49 Carter, Meadow	09	Mt Pleasant	12.39	7
50 Marvelli, Ashlynn	09	Knoxville	12.45	1
51 Seidl, Alexa	12	Adm, Adel	12.63	6
52 Hala, Makayla	10	E Marshall	12.65	4
53 Schaffer, Rylan	11	Adm, Adel	12.76	4
54 Eubanks, Emma	11	SE Polk	12.78	3
55 Blake, Lila	10	Ankeny Cent	12.81	6
55 DeBruin, Madison	10	Pella	12.81	7
57 White, Madelyn	09	E Marshall	13.15	7
58 McIlrath, Rayne	11	E Marshall	13.25	5
59 Arrowood, Parker	09	SE Polk	13.52	4
60 Wood, Ellie	10	SE Polk	14.55	8
61 Barclay, Stella	09	SE Polk	16.52	1
62 Keil, Grace	10	SE Polk	18.90	6

## Event 4 Girls 60 Meter Hurdles

Name	Yr	School	Prelims	Finals	H#
<b>Finals</b>					
1 Steckler, Madison	12	Audubon	10.22	9.43	2
2 Karr, Morgan	09	Pcm, Monroe	9.82	9.46	2
3 Smith, Kynlin	10	Ankeny Cent	9.97	9.76	2
4 Downs, Laura	12	Carlisle	10.23	9.79	2
5 Mahoney, Bailey	09	Waukee NW	10.11	9.94	2
6 Marquis, Jocelyn	12	Wayne, Corydon	10.38	10.16	2
7 Roling, Reagan	12	Carlisle	10.45	10.24	2
8 Downey, Sully	10	Indianola	10.60	10.36	1
9 Bergren, Lilly	10	Fairfield	10.68	10.46	1
10 Gilmore, Josie	11	Mt Pleasant	10.43	10.47	2
11 Teeter, Jorja	09	Pcm, Monroe	10.70	10.50	1
12 Coghlan, Elise	09	Adm, Adel	10.66	10.51	1
13 Talbert, Cora	10	E Marshall	10.55	10.65	1
14 Whitney, Ava	10	Wayne, Corydon	10.93	10.71	1
15 Lane, Maya	11	Fairfield	10.67	10.78	1
16 Barten, Ava	09	Ankeny Cent	10.89	10.96	1
<b>Preliminaries</b>					
17 Lincicum, Kori	09	Ankeny Cent	10.94		
18 Neuroth, Morgan	11	E Marshall	10.98		
19 Pesek, Sophia	09	SE Polk	11.00		
20 White, Kynlee	09	Mt Pleasant	11.03		
20 Van Deuren, Rellana	11	Mt Pleasant	11.03		
22 Nelson, Haley	09	Adm, Adel	11.09		
23 Goretska, Morgan	12	Wayne, Corydon	11.12		
24 Zeman, Piper	09	Ankeny Cent	11.17		



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## Preliminaries ... (Event 4 Girls 60 Meter Hurdles)

Name	Yr	School	Prelims	Finals	H#
25 Riddick, Aaliyah	11	Pella	11.18		
26 Bryan, Vaeda	10	E Marshall	11.19		
27 Arok, Ayen	09	SE Polk	11.24		
28 Reinier, Hayley	10	Fairfield	11.25		
29 McCready, Isabel	09	Fairfield	11.31		
29 Brooks, Michelle	11	Audubon	11.31		
31 Knutson, Cortney	11	Wayne, Corydon	11.36		
32 Horn, Chloe	12	Danville	11.37		
33 Liston, Lyla	10	E Marshall	11.39		
34 Andrews, Paige	10	Chariton	11.42		
35 Lincoln, Kylie	09	Ankeny Cent	11.43		
36 Roundcount, Madelyn	09	Adm, Adel	11.45		
37 Schmidt, Eliza	09	Adm, Adel	11.53		
38 Martin, Maddy	09	Fairfield	11.57		
39 Johnson, Margaret	10	SE Polk	11.71		
40 Dietsch, Alexis	11	Danville	11.79		
41 Carr, Leah	10	SE Polk	11.83		
41 Martin, Lauren	09	Fairfield	11.83		
43 Cowie, Madison	11	SE Polk	11.91		
44 Cech, Hannah	10	SE Polk	12.07		
45 Piffer, Kylie	09	Indianola	12.10		
46 McGee, Bailey	09	Chariton	12.16		
47 Johnson, Camryn	09	Ankeny Cent	12.25		
48 Westercamp, Allie	12	Mt Pleasant	12.36		
49 Carter, Meadow	09	Mt Pleasant	12.39		
50 Marvelli, Ashlynne	09	Knoxville	12.45		
51 Seidl, Alexa	12	Adm, Adel	12.63		
52 Hala, Makayla	10	E Marshall	12.65		
53 Schaffer, Rylan	11	Adm, Adel	12.76		
54 Eubanks, Emma	11	SE Polk	12.78		
55 Blake, Lila	10	Ankeny Cent	12.81		
55 DeBruin, Madison	10	Pella	12.81		
57 White, Madelyn	09	E Marshall	13.15		
58 McIlrath, Rayne	11	E Marshall	13.25		
59 Arrowood, Parker	09	SE Polk	13.52		
60 Wood, Ellie	10	SE Polk	14.55		
61 Barclay, Stella	09	SE Polk	16.52		
62 Keil, Grace	10	SE Polk	18.90		

## Event 5 Girls 60 Meter Dash

## Top 16 Advance by Time

Name	Yr	School	Prelims	H#
<b>Preliminaries</b>				
1 Crannell, Makayla	11	Adm, Adel	8.10 q	1
1 Gannon, Leksi	11	Murray	8.10 q	2



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## Preliminaries ... (Event 5 Girls 60 Meter Dash)

Name	Yr	School	Prelims	H#
3 Boord, Alexis	12	SE Polk	8.12 q	4
4 Noring, Isabelle	12	Carlisle	8.17 q	3
5 Steckler, Madison	12	Audubon	8.18 q	5
6 Warren, Avery	10	SE Polk	8.25 q	8
7 McDaniel, Aubrey	10	Carlisle	8.27 q	9
8 Chapman, Abigale	10	Chariton	8.31 q	6
9 Parkins, Ava	12	W Burlington	8.33 q	14
10 Tollari, Aniston	10	Adm, Adel	8.41 q	12
11 Long, Kamryn	09	Pella	8.42 q	10
12 Seehase, Calli	10	Adm, Adel	8.43 q	13
13 Kindelspire, Kiley	10	Indianola	8.47 q	14
14 Lamm, Ady	10	W Burlington	8.49 q	19
15 Posusta, Morgan	11	Ankeny Cent	8.54 q	16
16 Davis, Amiya	12	W Burlington	8.56 q	18
17 Baker, Halle	09	Knoxville	8.58	17
18 Scott, Andi	11	Mt Pleasant	8.59	11
19 Woods, Jady	09	SE Polk	8.61	19
20 Austin, Sage	12	Carlisle	8.67	21
21 Standley, Peyton	09	Adm, Adel	8.68	12
22 Renaud, Mollie	11	Pella	8.72	17
23 Raub, Courtney	11	Mt Pleasant	8.75	9
23 Olson, Kacy	10	Ankeny Cent	8.75	17
25 Varangkounh, Hannah	11	Ankeny Cent	8.76	9
26 Jalas, Bailey	11	Mt Pleasant	8.77	10
27 Wandera, Athieno	10	Waukee NW	8.80	9
28 Catalano, Ellie	09	SE Polk	8.82	18
29 Seidl, Brenna	09	Adm, Adel	8.84	3
30 Eaton, Kaydence	11	Indianola	8.85	13
31 Nafziger, Morgyn	10	Hillcrest	8.86	8
31 Scott, Alex	09	Mt Pleasant	8.86	7
33 Cochran, Ella	09	SE Polk	8.87	3
34 Christenson, Morgan	09	SE Polk	8.88	4
35 Follmann, Emma	11	Cam, Anita	8.90	15
35 Brinson, Bella	10	Ankeny Cent	8.90	3
35 Shull, Tristian	12	Mt Pleasant	8.90	8
38 Barten, Ava	09	Ankeny Cent	8.92	20
39 Teeter, Jorja	09	Pcm, Monroe	8.93	16
40 Simon, Jaylah	10	Ankeny Cent	8.98	4
41 Barry, Abby	10	Carlisle	8.99	21
41 Whiting, Rylie	11	Ankeny Cent	8.99	10
43 Huebsch, Charlotte	09	Ankeny Cent	9.02	9
43 Stanley, Ella	10	Waukee NW	9.02	11
45 Thompson, Hanna	09	Ankeny Cent	9.03	21
46 Lane, Iris	09	Fairfield	9.05	7
46 Spaulding, Tali	09	Knoxville	9.05	14



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## Preliminaries ... (Event 5 Girls 60 Meter Dash)

Name	Yr	School	Prelims	H#
46 Carter, Mica	12	Mt Pleasant	9.05	6
49 Hall, Maddie	09	SE Polk	9.06	5
50 Larsen, Anna	09	Audubon	9.08	2
51 Knapp, Madalynn	10	W Burlington	9.09	18
51 Nolte, Ally	11	Carlisle	9.09	1
53 Morris, Rylee	11	SE Polk	9.10	9
54 Howe, Gracie	09	Ankeny Cent	9.11	15
55 Dufoe, Josi	10	Adm, Adel	9.12	11
55 Bennett, Ryan	11	Pcm, Monroe	9.12	6
57 Parkins, Lucy	10	W Burlington	9.14	1
57 McCormick, Olivia	09	Mt Pleasant	9.14	5
59 Pollock, Katie	12	Pella	9.15	13
60 Pyne, Faith	09	Dsm, North	9.16	19
61 Buttell, Anna	11	Knoxville	9.17	17
61 Farrell, Sunny	10	Indianola	9.17	11
63 Nelson, Paige	10	Ankeny Cent	9.18	11
64 Cowie, Madison	11	SE Polk	9.19	20
64 Pesek, Sophia	09	SE Polk	9.19	19
64 Buck, Madisyn	10	Ankeny Cent	9.19	1
67 Cameron, Trinity	11	SE Polk	9.20	12
68 DuPage, Mckenzee	09	Waukee NW	9.21	13
69 Brooks, Michelle	11	Audubon	9.22	4
70 Venteicher, Gracie	10	Cam, Anita	9.23	16
70 Daugherty, Mayzee	09	Carlisle	9.23	2
72 Brockway, Addi	09	W Burlington	9.25	6
73 Peterson, Stella	09	Waukee NW	9.26	4
74 Pilch, KJ	09	Ankeny Cent	9.30	5
75 Kreitzinger, Camryn	10	Carlisle	9.31	12
75 Puot, Elizabeth	12	Dsm, North	9.31	13
77 Amerison-Smith, Kalayah	11	Waukee NW	9.33	17
78 Maronn, Mya	11	Ankeny Cent	9.35	14
78 Boualavong, Leah	09	Pella	9.35	8
80 Law, Reese	10	Ankeny Cent	9.36	21
81 Griner, Ainsley	09	Adm, Adel	9.37	5
82 Crookes, Isabelle	10	Indianola	9.40	15
83 Marvelli, Ashlynn	09	Knoxville	9.43	1
83 Ebelsheiser, Cora	09	Pella	9.43	14
83 Kipp, McKenna	09	W Burlington	9.43	10
86 Fagg, Lexi	09	Pcm, Monroe	9.45	17
87 Wright, Alydia	09	Dsm, North	9.46	10
88 Rodekamp, Claire	10	Ankeny Cent	9.51	16
88 Conteh, Maryam	09	SE Polk	9.51	4
90 Dietzenbach, Makayla	12	Mt Pleasant	9.53	4
91 Buss, Alexyss	11	Wayne, Corydon	9.55	6
92 Norton, Lyndon	09	Pella	9.56	10





**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Preliminaries ... (Event 5 Girls 60 Meter Dash)**

Name	Yr	School	Prelims	H#
93 Punt, Chloe	10	Pella	9.57	18
94 DeVries, Rebecca	10	Pcm, Monroe	9.60	16
94 Gabriel, Payton	12	Ankeny Cent	9.60	19
96 Nicholson, Piper	09	Waukee NW	9.61	20
97 Vos, Lydia	11	Pella	9.62	9
98 Poortinga, Jayla	09	Pella	9.66	20
99 Cooper, Elyse	09	Pella	9.71	6
100 Foran, Emily	10	Audubon	9.78	13
100 O'Brien, Halle	09	Wayne, Corydon	9.78	8
102 Peterson, Kaylie	09	W Burlington	9.79	15
103 Bontrager, Erin	10	Hillcrest	9.80	7
104 Gubbins, Bea	09	Waukee NW	9.81	21
105 Roeder, Jolynn	10	Adm, Adel	9.82	2
105 Landis, Cally	09	Knoxville	9.82	15
107 Dorn, Aishah	09	Waukee NW	9.87	17
108 Knouse, Cameron	09	Pella	9.89	7
109 Seidl, Alexa	12	Adm, Adel	9.99	14
109 Bektic, Emma	09	Waukee NW	9.99	21
111 Byers, Kenzie	10	Chariton	10.01	16
111 Platt, Kaitlyn	09	Cam, Anita	10.01	9
113 Hamilton, Elaina	12	Knoxville	10.03	14
114 Jensen, Megan	09	Indianola	10.04	16
115 Galeazzi, Faith	11	Pella	10.08	19
116 Ware, Raelinn	09	SE Polk	10.09	7
116 Avila-Leon, Lisbeth	10	E Marshall	10.09	1
118 Tjaden, Ava	09	Waukee NW	10.13	20
119 Dehl, Lily	09	E Marshall	10.20	14
120 Godnai, Emily	11	SE Polk	10.27	12
121 Wermager, Bella	09	Carlisle	10.38	6
122 Hendricks, Isabelle	11	E Marshall	10.52	13
123 Sawyer, Grace	09	E Marshall	10.53	18
124 Miller, Riley	09	SE Polk	10.54	5
125 Soder, Jascy	10	E Marshall	10.56	19
126 Drollinger, Ashlynn	10	Fairfield	10.58	21
127 O'Dell, Sophia	09	SE Polk	10.60	11
128 Kasperbauer, Maddie	09	Audubon	10.71	2
129 Liera, Lucy	11	E Marshall	10.74	21
130 Robinson, Saada	09	Dsm, North	11.18	10
131 Cutler, Rhea	11	Pella	11.20	19
132 Henely, Shainee	11	Wayne, Corydon	11.24	13
133 Davis, Devyn	12	Wayne, Corydon	11.35	20
133 Bagby, Maya	09	Carlisle	11.35	18
135 Rathjen, Brooklyn	09	Waukee NW	12.93	3



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Event 5 Girls 60 Meter Dash

Name	Yr	School	Prelims	Finals	H#
<b>Finals</b>					
1 Crannell, Makayla	11	Adm, Adel	8.10	7.91	2
2 Gannon, Leksi	11	Murray	8.10	7.98	2
3 Boord, Alexis	12	SE Polk	8.12	8.02	2
4 Steckler, Madison	12	Audubon	8.18	8.17	2
5 Chapman, Abigale	10	Chariton	8.31	8.20	2
6 Noring, Isabelle	12	Carlisle	8.17	8.22	2
7 Warren, Avery	10	SE Polk	8.25	8.23	2
8 Long, Kamryn	09	Pella	8.42	8.24	1
9 Parkins, Ava	12	W Burlington	8.33	8.27	1
10 McDaniel, Aubrey	10	Carlisle	8.27	8.37	2
11 Seehase, Calli	10	Adm, Adel	8.43	8.42	1
12 Davis, Amiya	12	W Burlington	8.56	8.43	1
13 Tollari, Aniston	10	Adm, Adel	8.41	x8.44	1
14 Kindelspire, Kiley	10	Indianola	8.47	8.47	1
15 Lamm, Ady	10	W Burlington	8.49	x8.48	1
16 Posusta, Morgan	11	Ankeny Cent	8.54	8.61	1
<b>Preliminaries</b>					
17 Baker, Halle	09	Knoxville	8.58		
18 Scott, Andi	11	Mt Pleasant	8.59		
19 Woods, Jadyn	09	SE Polk	8.61		
20 Austin, Sage	12	Carlisle	8.67		
21 Standley, Peyton	09	Adm, Adel	8.68		
22 Renaud, Mollie	11	Pella	8.72		
23 Raub, Courtney	11	Mt Pleasant	8.75		
23 Olson, Kacy	10	Ankeny Cent	8.75		
25 Varangkounh, Hannah	11	Ankeny Cent	8.76		
26 Jalas, Bailey	11	Mt Pleasant	8.77		
27 Wandera, Athieno	10	Waukee NW	8.80		
28 Catalano, Ellie	09	SE Polk	8.82		
29 Seidl, Brenna	09	Adm, Adel	8.84		
30 Eaton, Kaydence	11	Indianola	8.85		
31 Nafziger, Morgyn	10	Hillcrest	8.86		
31 Scott, Alex	09	Mt Pleasant	8.86		
33 Cochran, Ella	09	SE Polk	8.87		
34 Christenson, Morgan	09	SE Polk	8.88		
35 Shull, Tristian	12	Mt Pleasant	8.90		
35 Brinson, Bella	10	Ankeny Cent	8.90		
35 Follmann, Emma	11	Cam, Anita	8.90		
38 Barten, Ava	09	Ankeny Cent	8.92		
39 Teeter, Jorja	09	Pcm, Monroe	8.93		
40 Simon, Jaylah	10	Ankeny Cent	8.98		
41 Barry, Abby	10	Carlisle	8.99		
41 Whiting, Rylie	11	Ankeny Cent	8.99		



**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Preliminaries ... (Event 5 Girls 60 Meter Dash)**

Name	Yr	School	Prelims	Finals	H#
43 Stanley, Ella	10	Waukee NW	9.02		
43 Huebsch, Charlotte	09	Ankeny Cent	9.02		
45 Thompson, Hanna	09	Ankeny Cent	9.03		
46 Lane, Iris	09	Fairfield	9.05		
46 Spaulding, Tali	09	Knoxville	9.05		
46 Carter, Mica	12	Mt Pleasant	9.05		
49 Hall, Maddie	09	SE Polk	9.06		
50 Larsen, Anna	09	Audubon	9.08		
51 Knapp, Madalynn	10	W Burlington	9.09		
51 Nolte, Ally	11	Carlisle	9.09		
53 Morris, Rylee	11	SE Polk	9.10		
54 Howe, Gracie	09	Ankeny Cent	9.11		
55 Dufoe, Josi	10	Adm, Adel	9.12		
55 Bennett, Ryan	11	Pcm, Monroe	9.12		
57 Parkins, Lucy	10	W Burlington	9.14		
57 McCormick, Olivia	09	Mt Pleasant	9.14		
59 Pollock, Katie	12	Pella	9.15		
60 Pyne, Faith	09	Dsm, North	9.16		
61 Buttell, Anna	11	Knoxville	9.17		
61 Farrell, Sunny	10	Indianola	9.17		
63 Nelson, Paige	10	Ankeny Cent	9.18		
64 Cowie, Madison	11	SE Polk	9.19		
64 Pesek, Sophia	09	SE Polk	9.19		
64 Buck, Madisyn	10	Ankeny Cent	9.19		
67 Cameron, Trinity	11	SE Polk	9.20		
68 DuPage, Mckenzee	09	Waukee NW	9.21		
69 Brooks, Michelle	11	Audubon	9.22		
70 Venteicher, Gracie	10	Cam, Anita	9.23		
70 Daugherty, Mayzee	09	Carlisle	9.23		
72 Brockway, Addi	09	W Burlington	9.25		
73 Peterson, Stella	09	Waukee NW	9.26		
74 Pilch, KJ	09	Ankeny Cent	9.30		
75 Kreitzinger, Camryn	10	Carlisle	9.31		
75 Puot, Elizabeth	12	Dsm, North	9.31		
77 Amerison-Smith, Kalayah	11	Waukee NW	9.33		
78 Maronn, Mya	11	Ankeny Cent	9.35		
78 Boualavong, Leah	09	Pella	9.35		
80 Law, Reese	10	Ankeny Cent	9.36		
81 Griner, Ainsley	09	Adm, Adel	9.37		
82 Crookes, Isabelle	10	Indianola	9.40		
83 Marvelli, Ashlynn	09	Knoxville	9.43		
83 Ebelsheiser, Cora	09	Pella	9.43		
83 Kipp, McKenna	09	W Burlington	9.43		
86 Fagg, Lexi	09	Pcm, Monroe	9.45		
87 Wright, Alydia	09	Dsm, North	9.46		



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Preliminaries ... (Event 5 Girls 60 Meter Dash)

Name	Yr	School	Prelims	Finals	H#
88 Rodekamp, Claire	10	Ankeny Cent	9.51		
88 Conteh, Maryam	09	SE Polk	9.51		
90 Dietzenbach, Makayla	12	Mt Pleasant	9.53		
91 Buss, Alexyss	11	Wayne, Corydon	9.55		
92 Norton, Lyndon	09	Pella	9.56		
93 Punt, Chloe	10	Pella	9.57		
94 DeVries, Rebecca	10	Pcm, Monroe	9.60		
94 Gabriel, Payton	12	Ankeny Cent	9.60		
96 Nicholson, Piper	09	Waukee NW	9.61		
97 Vos, Lydia	11	Pella	9.62		
98 Poortinga, Jayla	09	Pella	9.66		
99 Cooper, Elyse	09	Pella	9.71		
100 Foran, Emily	10	Audubon	9.78		
100 O'Brien, Halle	09	Wayne, Corydon	9.78		
102 Peterson, Kaylie	09	W Burlington	9.79		
103 Bontrager, Erin	10	Hillcrest	9.80		
104 Gubbins, Bea	09	Waukee NW	9.81		
105 Roeder, Jolynn	10	Adm, Adel	9.82		
105 Landis, Cally	09	Knoxville	9.82		
107 Dorn, Aishah	09	Waukee NW	9.87		
108 Knouse, Cameron	09	Pella	9.89		
109 Seidl, Alexa	12	Adm, Adel	9.99		
109 Bektic, Emma	09	Waukee NW	9.99		
111 Byers, Kenzie	10	Chariton	10.01		
111 Platt, Kaitlyn	09	Cam, Anita	10.01		
113 Hamilton, Elaina	12	Knoxville	10.03		
114 Jensen, Megan	09	Indianola	10.04		
115 Galeazzi, Faith	11	Pella	10.08		
116 Ware, Raelinn	09	SE Polk	10.09		
116 Avila-Leon, Lisbeth	10	E Marshall	10.09		
118 Tjaden, Ava	09	Waukee NW	10.13		
119 Dehl, Lily	09	E Marshall	10.20		
120 Godnai, Emily	11	SE Polk	10.27		
121 Wermager, Bella	09	Carlisle	10.38		
122 Hendricks, Isabelle	11	E Marshall	10.52		
123 Sawyer, Grace	09	E Marshall	10.53		
124 Miller, Riley	09	SE Polk	10.54		
125 Soder, Jascy	10	E Marshall	10.56		
126 Drollinger, Ashlynn	10	Fairfield	10.58		
127 O'Dell, Sophia	09	SE Polk	10.60		
128 Kasperbauer, Maddie	09	Audubon	10.71		
129 Liera, Lucy	11	E Marshall	10.74		
130 Robinson, Saada	09	Dsm, North	11.18		
131 Cutler, Rhea	11	Pella	11.20		
132 Henely, Shainee	11	Wayne, Corydon	11.24		



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Preliminaries ... (Event 5 Girls 60 Meter Dash)

Name	Yr	School	Prelims	Finals	H#
133 Davis, Devyn	12	Wayne, Corydon	11.35		
133 Bagby, Maya	09	Carlisle	11.35		
135 Rathjen, Brooklyn	09	Waukee NW	12.93		

## Event 6 Girls 3000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Glendening, Ivy	11	SE Polk	11:19.56
2 DenHartog, Cora	10	Ankeny Cent	11:48.39
3 Seeley, Carley	11	Fairfield	12:11.34
4 Goodrich, Ella	10	Adm, Adel	12:13.30
5 Begley, Taryn	09	Waukee NW	12:13.75
6 Tenges, Bree	12	Indianola	12:14.87
7 Kuehn, Bella	10	Ankeny Cent	12:15.10
8 Beisswenger, Stefi	10	Audubon	12:16.65
9 Duffy, Reagan	09	Waukee NW	12:35.14
10 Van Pelt, Caroline	09	Fairfield	13:14.13
11 Kingkade, Melina	09	Indianola	13:35.43
12 Urich, Melody	11	Ankeny Cent	x13:39.84
13 Drosieko, Abby	10	Ankeny Cent	x13:46.31
14 Lambi, Aubrey	10	E Marshall	14:55.59
15 Calabro, Emma	12	Ankeny Cent	x15:27.27
16 Liera, Lucy	11	E Marshall	16:00.47

## Event 7 Girls 4x800 Meter Relay

Team	Relay	Finals	H#
<b>Finals</b>			
1 Ankeny Cent	A	10:26.58	1
1) Quass, Rondi 12	2) Mohrhauser, Anika 10	3) Cleveland, Dana 11	4) Flick, Julia 10
2 Pella	A	10:30.65	1
1) Snieder, Raegan 10	2) Ferebee, Marissa 09	3) Paulsen, Tess 11	4) Schroeder, Macy 11
3 Adm, Adel	A	10:35.61	1
1) Desmarais, Hannah 10	2) James, Madi 10	3) Morse, Brecken 09	4) Sutton, Mackealin 10
4 Ankeny Cent	B	x10:49.37	1
1) Hershberger, Camden 12	2) Zinn, Kyra 10	3) Patterson, Kylee 09	4) Zeman, Piper 09
5 Indianola	A	10:52.96	1
1) Appel, Micheala 09	2) Hartford, Leah 09	3) Palmer, Camden 10	4) Foster, Gracie 11
6 Mt Pleasant	A	10:53.34	1
1) Welcher, Emma 09	2) Wagner, Alexis 10	3) Graber, Aliya 09	4) Carthey, Abby 09
7 E Marshall	A	11:38.04	2
1) Neuroth, Morgan 11	2) Rasmusson, Mylie 10	3) Robinson, Khloe 10	4) Ostroski, Mallory 10
8 Adm, Adel	B	x11:39.23	2
1) Nelson, Alaina 09	2) Davison, Mallory 10	3) Plathe, Teagan 09	4) Nelson, Haley 09
9 Waukee NW	A	11:39.68	2
1) Baldwin, Avari 11	2) Martins, Cece 10	3) Swanson, Grace 10	4) Holt, Annie 09



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Finals ... (Event 7 Girls 4x800 Meter Relay)

Team	Relay	Finals	H#
10 Fairfield	A	11:45.63	2
1) Ferrel, Addison 11	2) Kraemer, Makenzie 12	3) Belzer, Bailey 09	4) Lyon, Grace 10
11 SE Polk	A	12:04.93	2
1) Bennett, Isabella 09	2) Collins, Summer 09	3) Plummer, Riley 11	4) Rueber, Grace 09
12 Mt Pleasant	B	x12:19.70	2
1) Housh, Jayden 12	2) Lord, Audrey 12	3) Meador, Isabelle 12	4) Winget, Hannah 11
13 Carlisle	A	12:27.81	2
1) Stoner, Tegan 10	2) Stutsman, Mallori 09	3) Zondervan, Audrey 09	4) Ray, Halle 09
14 W Burlington	A	12:29.95	2
1) Reid, Addison 10	2) Augustine, Hadley 11	3) Ritter, Kennedy 11	4) Standford, Antoinette 11

## Event 8 Girls 200 Meter Dash

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Gannon, Leksi	11	Murray	26.20	1
2 Crannell, Makayla	11	Adm, Adel	26.46	1
3 Smith, Kylin	10	Ankeny Cent	27.35	4
4 Trine, Jacie	11	Pella	27.40	1
5 Steckler, Madison	12	Audubon	27.53	2
6 Hughes, Layla	12	Ankeny Cent	28.02	3
7 Vallejo, Malin	12	Ankeny Cent	x28.11	3
8 Chapman, Abigale	10	Chariton	28.22	8
9 Powell, Ellie	09	SE Polk	28.25	4
10 Gourley, Alaina	09	Danville	28.31	2
11 Lincicum, Kori	09	Ankeny Cent	x28.46	31
12 LaVoi, Maddy	12	Ankeny Cent	x28.59	6
13 Pratt, Jaeden	10	Ankeny Cent	x28.78	5
14 Larsen, Olivia	10	Ankeny Cent	x28.87	6
15 McDaniel, Aubrey	10	Carlisle	28.88	35
16 Schmidt, Torianna	11	Adm, Adel	28.92	9
17 Sullivan, Melanie	12	Knoxville	28.97	2
18 Myers, Brooke	09	SE Polk	28.99	4
19 Miller, Delaney	10	Ankeny Cent	x29.07	32
20 Laughery, Eve	10	Waukee NW	29.11	8
21 Mahama, Elizabeth	11	Ankeny Cent	x29.17	33
22 Austin, Sage	12	Carlisle	29.30	30
23 Ury, Jocelyn	12	Waukee NW	29.36	11
24 Knutson, Cortney	11	Wayne, Corydon	29.41	7
25 Lane, Maya	11	Fairfield	29.44	5
26 Bergren, Lilly	10	Fairfield	29.63	4
27 Olson, Kacy	10	Ankeny Cent	x29.68	32
28 Stoner, Mallie	09	Carlisle	x29.69	28
29 Davis, Devyn	12	Wayne, Corydon	29.72	6
30 Cain, Sydney	10	Chariton	29.73	7
31 Miller, Cassandra	12	Carlisle	x29.85	30



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Finals ... (Event 8 Girls 200 Meter Dash)

Name	Yr	School	Finals	H#
32 Brinson, Bella	10	Ankeny Cent	x29.86	29
32 Carter, Mica	12	Mt Pleasant	29.86	10
34 Varangkounh, Hannah	11	Ankeny Cent	x29.87	34
34 Powers, Isabel	09	SE Polk	x29.87	18
36 McCormick, Olivia	09	Mt Pleasant	29.92	12
37 Thompson, Hanna	09	Ankeny Cent	x30.04	33
38 Kingery, Addison	09	Waukee NW	x30.15	15
39 Kluver, Katie	09	Indianola	30.24	34
40 Huebsch, Charlotte	09	Ankeny Cent	x30.29	28
40 Lee, Katelyn	09	Indianola	30.29	7
42 Renaud, Mollie	11	Pella	30.30	11
43 Barten, Ava	09	Ankeny Cent	x30.31	28
44 Downey, Sully	10	Indianola	x30.37	9
44 Talbert, Cora	10	E Marshall	30.37	9
46 Reinier, Hayley	10	Fairfield	x30.46	12
47 melvin, abigail	09	Pella	x30.47	12
47 Barry, Abby	10	Carlisle	x30.47	34
47 Nelson, Natalie	09	Waukee NW	x30.47	24
50 Simon, Jaylah	10	Ankeny Cent	x30.48	30
50 Brady, Charli	11	Ankeny Cent	x30.48	6
52 Posusta, Morgan	11	Ankeny Cent	x30.55	3
53 Carr, Leah	10	SE Polk	x30.60	14
54 Wright, Alydia	09	Dsm, North	30.64	29
54 Light, Sydney	10	Carlisle	x30.64	8
56 Wagner, Macie	09	Danville	30.65	10
57 Nolte, Ally	11	Carlisle	x30.66	32
58 Etnyre, Allison	09	SE Polk	x30.67	10
58 Baccam, Riley	09	Carlisle	x30.67	28
60 Arok, Ayen	09	SE Polk	x30.68	22
61 Jones, Bri	09	Waukee NW	x30.74	13
62 Pesek, Sophia	09	SE Polk	x30.81	18
63 Farrell, Sunny	10	Indianola	x30.82	7
64 Amerison-Smith, Kalayah	11	Waukee NW	x30.83	18
65 Morris, Rylee	11	SE Polk	x30.84	22
66 Horn, Chloe	12	Danville	x30.87	14
66 Puot, Elizabeth	12	Dsm, North	30.87	35
68 Freeman, Natalie	09	Mt Pleasant	x30.89	12
69 Christenson, Morgan	09	SE Polk	x30.92	10
70 Snook, Payton	09	Chariton	x30.95	10
71 Spaulding, Tali	09	Knoxville	30.96	32
72 Hall, Maddie	09	SE Polk	x30.99	18
73 Whitney, Ava	10	Wayne, Corydon	x31.01	11
74 Martin, Maddy	09	Fairfield	x31.02	12
75 Buttell, Anna	11	Knoxville	x31.09	19
76 Baker, Jillian	09	Waukee NW	x31.10	20



**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Finals ... (Event 8 Girls 200 Meter Dash)**

Name	Yr	School	Finals	H#
76 Buman, Ava	09	SE Polk	x31.10	8
78 Follmann, Emma	11	Cam, Anita	31.15	9
79 Larsen, Anna	09	Audubon	31.18	9
80 Carter, Meadow	09	Mt Pleasant	x31.19	17
81 Brooks, Michelle	11	Audubon	x31.23	8
82 Nelson, Paige	10	Ankeny Cent	x31.24	33
83 Cech, Hannah	10	SE Polk	x31.27	13
84 DuPage, Mckenzee	09	Waukee NW	x31.37	18
85 Knapp, Madalynn	10	W Burlington	31.42	23
86 Shaw, Delaney	10	Hillcrest	31.54	8
86 McCready, Isabel	09	Fairfield	x31.54	13
88 Daugherty, Mayzee	09	Carlisle	x31.58	30
89 Pollock, Katie	12	Pella	x31.61	16
90 Birkland, Emily	10	Wayne, Corydon	x31.62	11
91 Kipp, McKenna	09	W Burlington	31.72	17
92 Lamberti, Madelyn	09	SE Polk	x31.74	15
93 Lincoln, Kylie	09	Ankeny Cent	x31.76	33
94 Dennis, Carley	11	Cam, Anita	31.78	15
95 Martin, Lauren	09	Fairfield	x31.85	12
96 Boualavong, Leah	09	Pella	x31.95	15
96 Kreitzinger, Camryn	10	Carlisle	x31.95	28
98 Kreifels, Celia	12	Adm, Adel	x31.98	16
99 West, Lucy	09	Mt Pleasant	x32.05	19
99 Allen, Finley	10	E Marshall	32.05	13
101 Maronn, Mya	11	Ankeny Cent	x32.06	31
102 Westercamp, Allie	12	Mt Pleasant	x32.07	13
103 Buck, Madisyn	10	Ankeny Cent	x32.11	31
104 Poortinga, Jayla	09	Pella	x32.26	21
105 Howe, Gracie	09	Ankeny Cent	x32.30	32
106 Nafziger, Morgyn	10	Hillcrest	32.32	17
106 Hyland, Elizabeth	10	Ankeny Cent	x32.32	35
108 Schaffer, Rylan	11	Adm, Adel	x32.34	16
109 Twillie, Aijah	09	W Burlington	x32.35	24
110 Nicholson, Piper	09	Waukee NW	x32.36	24
111 Whiting, Rylie	11	Ankeny Cent	x32.48	29
112 Parkins, Lucy	10	W Burlington	x32.50	14
113 Schmidt, Eliza	09	Adm, Adel	x32.52	13
114 Sinclair, Cadence	12	Carlisle	x32.55	34
115 Riddick, Aaliyah	11	Pella	x32.62	20
116 Eubanks, Emma	11	SE Polk	x32.65	21
117 Peterson, Kaylie	09	W Burlington	x32.80	18
118 Conteh, Maryam	09	SE Polk	x32.82	27
119 Brockway, Addi	09	W Burlington	x32.99	20
120 Rodekamp, Claire	10	Ankeny Cent	x33.11	31
121 Piffer, Kylie	09	Indianola	x33.14	11





**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Finals ... (Event 8 Girls 200 Meter Dash)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	<b>H#</b>
122	Cooper, Elyse	09	Pella	x33.16	17
123	Dietzenbach, Makayla	12	Mt Pleasant	x33.20	19
124	Andrews, Paige	10	Chariton	x33.21	15
125	Norton, Lyndon	09	Pella	x33.24	25
125	Popp, Ella	09	Adm, Adel	x33.24	15
127	Landis, Cally	09	Knoxville	x33.26	20
128	Venteicher, Gracie	10	Cam, Anita	x33.29	16
129	Bektic, Emma	09	Waukee NW	x33.31	21
130	Griner, Ainsley	09	Adm, Adel	x33.34	17
131	Byers, Kenzie	10	Chariton	x33.37	16
132	Marvelli, Ashlynn	09	Knoxville	x33.50	23
133	Mangan, Hannah	09	Waukee NW	x33.51	23
134	DeBruin, Madison	10	Pella	x33.61	23
135	Tjaden, Ava	09	Waukee NW	x33.64	25
136	Jensen, Megan	09	Indianola	x33.69	14
137	Bontrager, Erin	10	Hillcrest	x33.86	24
138	Gubbins, Bea	09	Waukee NW	x33.87	21
139	Buss, Alexyss	11	Wayne, Corydon	x33.92	25
139	Miller, Harlow	09	Audubon	x33.92	30
141	Liston, Lyla	10	E Marshall	x34.26	22
142	Chaney, Lyndsey	10	Cam, Anita	x34.27	25
142	Avila-Leon, Lisbeth	10	E Marshall	x34.27	14
144	Keil, Grace	10	SE Polk	x34.38	17
145	Beyler, Syndey	10	Carlisle	x34.39	33
146	Roeder, Jolynn	10	Adm, Adel	x34.40	16
147	Knouse, Cameron	09	Pella	x34.47	25
148	White, Madelyn	09	E Marshall	x34.74	9
149	Hamilton, Elaina	12	Knoxville	x34.77	26
150	Miller, Avery	12	Adm, Adel	x35.23	20
151	Arrowood, Parker	09	SE Polk	x35.39	27
152	Seidl, Alexa	12	Adm, Adel	x35.73	14
153	McIlrath, Rayne	11	E Marshall	x36.03	20
154	Kasperbauer, Maddie	09	Audubon	x36.08	33
155	Platt, Kaitlyn	09	Cam, Anita	x36.66	25
156	Wermager, Bella	09	Carlisle	x36.76	29
157	Wood, Ellie	10	SE Polk	x37.37	26
158	Rathjen, Brooklyn	09	Waukee NW	x37.52	22
159	Zelaya Montoya, Marcela	09	Dsm, North	x37.65	35
160	O'Dell, Sophia	09	SE Polk	x37.72	26
161	Cutler, Rhea	11	Pella	x37.87	27
162	Lundgren, Kendra	10	Waukee NW	x37.91	22
163	Barclay, Stella	09	SE Polk	x38.00	27
164	Soder, Jascy	10	E Marshall	x38.74	26
165	Robinson, Saada	09	Dsm, North	x39.15	32
166	Vos, Carlie	11	E Marshall	x40.09	27



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Finals ... (Event 8 Girls 200 Meter Dash)

Name	Yr	School	Finals	H#
167 Bagby, Maya	09	Carlisle	x40.40	35
168 Henely, Shainee	11	Wayne, Corydon	x41.40	26

## Event 9 Girls 1500 Meter Run

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Bergstrom, Maya	11	Carlisle	4:58.23	1
2 Mohrhauser, Anika	10	Ankeny Cent	5:13.53	1
3 Brown, Jordyn	10	Indianola	5:22.15	1
4 Barbour, Taylor	10	SE Polk	5:27.10	1
5 Zinn, Kyra	10	Ankeny Cent	5:29.47	2
6 Mertz, Tenley	11	Waukee NW	5:31.14	2
7 Reinders, Jamison	09	Waukee NW	5:32.81	1
8 Hoger, Taylor	10	Indianola	5:35.30	2
9 Appel, Micheala	09	Indianola	x5:36.95	2
10 Hartford, Leah	09	Indianola	x5:36.98	2
11 Cleveland, Dana	11	Ankeny Cent	x5:38.22	1
12 Zeman, Piper	09	Ankeny Cent	x5:38.62	1
13 Beisswenger, Stefi	10	Audubon	5:42.22	1
14 Bloomquist, Malena	11	Fairfield	5:51.09	1
15 Rueber, Grace	09	SE Polk	5:53.27	1
16 Meador, Isabelle	12	Mt Pleasant	5:55.22	2
17 Goodrich, Ella	10	Adm, Adel	5:55.96	2
18 Goben, Ava	12	Wayne, Corydon	5:57.55	3
19 Brown, Abbi	12	Ankeny Cent	x6:07.44	3
20 Mahlstadt, Lydia	09	Indianola	x6:14.45	2
21 Johnson, Camryn	09	Ankeny Cent	x6:15.71	3
22 Etnyre, Kayla	09	Indianola	x6:19.38	3
23 Willeford, Gwen	12	SE Polk	x6:32.28	3
24 Carney, Sophia	09	Carlisle	6:37.22	3
25 Hendricks, Ava	09	E Marshall	6:47.87	3
26 Brown, Sara	09	Ankeny Cent	x6:58.74	2
27 Hendricks, Isabelle	11	E Marshall	8:00.97	3

## Event 10 Girls 400 Meter Dash

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Trine, Jacie	11	Pella	1:00.98	1
2 Gourley, Alaina	09	Danville	1:01.25	1
3 Van Kooten, Anna	11	SE Polk	1:02.07	1
4 Bennett, Carli	11	SE Polk	1:03.28	1
5 Orbiana, Miya	10	Danville	1:04.71	2
6 Desmarais, Hannah	10	Adm, Adel	1:05.03	2
7 Sullivan, Melanie	12	Knoxville	1:05.56	3
8 Marquis, Jocelyn	12	Wayne, Corydon	1:05.84	3



**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Finals ... (Event 10 Girls 400 Meter Dash)**

Name	Yr	School	Finals	H#
9 Coghlan, Elise	09	Adm, Adel	1:05.92	2
10 Pollock, Addie	11	Ankeny Cent	1:06.39	4
11 Mahoney, Bailey	09	Waukee NW	1:06.43	2
12 Kual, Savannah	09	Dsm, North	1:06.96	14
13 Comito, Macy	09	Carlisle	1:07.10	13
14 James, Madi	10	Adm, Adel	x1:07.61	3
15 Griggs, Cassidy	10	Ankeny Cent	1:07.81	14
16 Baker, Halle	09	Knoxville	1:08.20	3
17 Seidl, Brenna	09	Adm, Adel	x1:08.41	5
18 Stoner, Mallie	09	Carlisle	1:08.71	15
19 Hershberger, Camden	12	Ankeny Cent	x1:08.85	15
20 Schmidt, Torianna	11	Adm, Adel	x1:09.33	5
21 Palmer, Camden	10	Indianola	1:09.86	4
22 Laughery, Eve	10	Waukee NW	1:10.20	3
23 Jones, Bri	09	Waukee NW	x1:10.56	4
24 Light, Sydney	10	Carlisle	x1:10.69	15
25 Buman, Ava	09	SE Polk	x1:10.74	5
26 Nelson, Haley	09	Adm, Adel	x1:10.86	6
27 Reid, Addison	10	W Burlington	1:11.35	6
28 Nelson, Natalie	09	Waukee NW	x1:11.92	8
29 Larsen, Anna	09	Audubon	1:11.97	9
30 Baker, Jillian	09	Waukee NW	x1:12.03	5
31 Patterson, Kylee	09	Ankeny Cent	x1:12.05	15
32 Pilch, KJ	09	Ankeny Cent	x1:12.67	15
33 Davison, Mallory	10	Adm, Adel	x1:12.84	6
34 Bennett, Isabella	09	SE Polk	x1:13.09	4
35 Shaw, Delaney	10	Hillcrest	1:13.45	5
36 Punt, Chloe	10	Pella	1:13.69	7
37 Lane, Iris	09	Fairfield	1:14.75	6
38 Vos, Lydia	11	Pella	x1:14.99	7
39 Tenges, Bree	12	Indianola	1:15.29	10
40 Kreifels, Celia	12	Adm, Adel	x1:15.48	8
41 Miller, Rhyan	09	Adm, Adel	x1:16.03	9
42 Hainley, Juliet	09	Dsm, North	1:16.11	14
43 Plathe, Teagan	09	Adm, Adel	x1:16.46	6
44 Foran, Emily	10	Audubon	1:16.86	10
45 Baldwin, Gracyn	09	Waukee NW	x1:17.50	7
46 Ebelsheiser, Cora	09	Pella	x1:17.76	7
47 Kingkade, Melina	09	Indianola	x1:18.96	9
48 Galeazzi, Faith	11	Pella	x1:19.13	10
49 Dennis, Henley	11	Adm, Adel	x1:19.77	9
50 True, Makayla	10	Pcm, Monroe	1:20.62	13
51 Roeder, Jolynn	10	Adm, Adel	x1:20.99	8
52 Ritter, Kennedy	11	W Burlington	1:21.32	8
53 Lambi, Aubrey	10	E Marshall	1:21.57	11



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Finals ... (Event 10 Girls 400 Meter Dash)

Name	Yr	School	Finals	H#
54 Liera, Lucy	11	E Marshall	1:21.89	12
55 Mangan, Hannah	09	Waukee NW	x1:21.94	7
56 Kremer, Kendal	11	E Marshall	x1:22.65	11
57 Beyler, Syndey	10	Carlisle	x1:23.54	13
58 Drollinger, Ashlynn	10	Fairfield	1:26.17	11
59 Richardson, Michaela	12	Wayne, Corydon	1:26.32	11
60 Malual, Nyakan	11	Dsm, North	x1:26.99	13
61 Breuer, Alexia	09	W Burlington	x1:31.31	11
62 Neuroth, Alivia	09	E Marshall	x1:32.77	12
63 Miller, Avery	12	Adm, Adel	x1:33.17	9
64 Vos, Carlie	11	E Marshall	x1:37.18	12
65 Zelaya Montoya, Marcela	09	Dsm, North	x1:39.45	14

## Event 11 Girls 800 Meter Run

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Hartz, Libby	11	SE Polk	2:25.88	1
2 Francois, Jenna	12	SE Polk	2:30.05	1
3 James, Haley	09	Adm, Adel	2:31.50	1
4 Daggett, Marie	11	Carlisle	2:33.56	1
5 Schroeder, Macy	11	Pella	2:34.96	1
6 Snieder, Raegan	10	Pella	2:34.97	1
7 Glendenning, Ivy	11	SE Polk	x2:38.73	1
8 Heileson, Brinley	10	Waukee NW	2:39.96	1
9 Teeter, Abi	09	Pcm, Monroe	2:40.27	2
10 Cooper, Quincy	09	Waukee NW	2:40.47	2
11 Plueger, Tallie	10	Ankeny Cent	2:40.85	2
12 Ferebee, Marissa	09	Pella	x2:40.88	2
13 Sutton, Mackealin	10	Adm, Adel	2:42.97	2
14 DenHartog, Cora	10	Ankeny Cent	2:43.28	1
15 Ferrel, Addison	11	Fairfield	2:44.32	2
16 Nelson, Alaina	09	Adm, Adel	x2:44.83	3
17 Paulsen, Tess	11	Pella	x2:45.15	2
18 Baldwin, Avari	11	Waukee NW	x2:45.86	2
19 Hoger, Taylor	10	Indianola	2:48.53	2
20 Kraemer, Makenzie	12	Fairfield	2:50.84	2
21 Van Pelt, Caroline	09	Fairfield	x2:53.16	1
22 Housh, Jayden	12	Mt Pleasant	2:53.60	3
23 Everman, London	09	Wayne, Corydon	2:53.67	3
24 Popp, Ella	09	Adm, Adel	x2:56.18	4
25 Hyland, Elizabeth	10	Ankeny Cent	x2:57.95	3
26 Ostroski, Mallory	10	E Marshall	2:58.15	5
27 Makovec, Isabel	10	Ankeny Cent	x2:58.36	2
28 Kuehn, Bella	10	Ankeny Cent	x3:00.10	3
29 Seeley, Carley	11	Fairfield	x3:00.33	1



## Central College Girls Indoor HS Track and Field Meet - 3/18/2023

## H.S. Kuyper Field House

## Results

## Finals ... (Event 11 Girls 800 Meter Run)

Name	Yr	School	Finals	H#
30 Baker, Cailey	09	Indianola	3:00.86	4
31 Baker, Kate	10	Indianola	x3:01.08	4
32 Dennis, Carley	11	Cam, Anita	3:02.48	3
33 Drosiek, Abby	10	Ankeny Cent	x3:03.22	3
34 Ray, Halle	09	Carlisle	3:04.75	5
35 Miller, Rhyan	09	Adm, Adel	x3:07.07	4
36 Plummer, Riley	11	SE Polk	x3:07.32	3
37 Zondervan, Audrey	09	Carlisle	x3:08.70	5
38 Urich, Melody	11	Ankeny Cent	x3:09.53	3
39 Collins, Summer	09	SE Polk	x3:10.66	4
40 Peters, Emma	09	Wayne, Corydon	3:13.11	5
41 Blythe, Addison	10	Waukee NW	x3:14.71	4
42 Stutsman, Mallori	09	Carlisle	x3:17.24	5
43 Marean, Celia	09	Knoxville	3:20.85	5
44 Chaney, Lyndsey	10	Cam, Anita	3:21.43	3
45 Dennis, Henley	11	Adm, Adel	x3:21.46	4
46 Winget, Hannah	11	Mt Pleasant	3:22.01	5
47 Dehl, Lily	09	E Marshall	3:22.21	5
48 Semrow, Emma	09	Ankeny Cent	x3:23.91	5
49 Brown, Sara	09	Ankeny Cent	x3:31.28	4
50 Calabro, Emma	12	Ankeny Cent	x3:33.78	5
51 Branson, Andie	09	Knoxville	3:34.17	5
52 Jiang, Jessie	10	Chariton	3:38.73	4
53 Sharp, Samantha	10	Chariton	3:40.04	4

## Event 12 Girls 4x200 Meter Relay

Team	Relay	Finals	H#
<b>Finals</b>			
1 Adm, Adel	A	1:54.03	1
1) Seehase, Calli 10	2) Tollari, Aniston 10	3) Desmarais, Hannah 10	4) James, Madi 10
2 Mt Pleasant	A	1:55.03	2
1) Jalas, Bailey 11	2) Shull, Tristian 12	3) White, Kynlee 09	4) Scott, Andi 11
3 SE Polk	A	1:55.43	1
1) Woods, Jady 09	2) Woods, Kendall 12	3) Almaguer-Buster, Miah 10	4) Warren, Avery 10
4 Ankeny Cent	A	1:57.13	3
1) Posusta, Morgan 11	2) Larsen, Olivia 10	3) Lincicum, Kori 09	4) Pratt, Jaeden 10
5 Pcm, Monroe	A	1:57.75	2
1) Bennett, Ryan 11	2) Koonce, Tiffani 11	3) Teeter, Jorja 09	4) Karr, Morgan 09
6 Mt Pleasant	B	x1:58.31	3
1) Van Deuren, Rellana 11	2) Raub, Courtney 11	3) Carter, Mica 12	4) Gilmore, Josie 11
7 Fairfield	A	2:00.25	3
1) Lane, Maya 11	2) Bergren, Lilly 10	3) Reinier, Hayley 10	4) Martin, Lauren 09
8 SE Polk	B	x2:00.59	2
1) Cochran, Ella 09	2) Catalano, Ellie 09	3) Lamberti, Madelyn 09	4) Johnson, Margaret 10
9 Indianola	A	2:01.15	1
1) Eaton, Kaydence 11	2) Downey, Sully 10	3) Crookes, Isabelle 10	4) Kindlespire, Kiley 10



**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Finals ... (Event 12 Girls 4x200 Meter Relay)**

Team	Relay	Finals	H#
10 Ankeny Cent 1) Varangkounh, Hannah 11	B 2) Brady, Charli 11	x2:01.71 3) Lincoln, Kylie 09	6 4) Thompson, Hanna 09
11 Chariton 1) Chapman, Abigale 10	A 2) Snook, Payton 09	2:01.97 3) McGee, Bailey 09	5 4) Cain, Sydney 10
12 Adm, Adel 1) Standley, Peyton 09	B 2) Coghlan, Elise 09	x2:02.30 3) Roundcount, Madelyn 09	4 4) Seidl, Brenna 09
13 Audubon 1) Larsen, Anna 09	A 2) Beisswenger, Stefi 10	2:03.28 3) Brooks, Michelle 11	3 4) Steckler, Madison 12
14 Pella 1) Long, Kamryn 09	A 2) melvin, abigail 09	2:04.95 3) Cooper, Elyse 09	4 4) Poortinga, Jayla 09
15 Knoxville 1) Baker, Halle 09	A 2) Landis, Cally 09	2:05.38 3) Buttell, Anna 11	4 4) Sullivan, Melanie 12
16 Indianola 1) Lee, Katelyn 09	B 2) Piffer, Kylie 09	x2:08.70 3) Jensen, Megan 09	4 4) Farrell, Sunny 10
17 E Marshall 1) Hala, Makayla 10	A 2) Allen, Finley 10	2:08.73 3) Avila-Leon, Lisbeth 10	5 4) Bryan, Vaeda 10
18 Dsm, North 1) Pyne, Faith 09	A 2) Hainley, Juliet 09	2:11.00 3) Gurisho, Lemuna 10	6 4) Wright, Alydia 09
19 Pella 1) DeBruin, Madison 10	B 2) Boualavong, Leah 09	x2:17.47 3) Knouse, Cameron 09	5 4) Norton, Lyndon 09
20 E Marshall 1) Kremer, Kendal 11	B 2) Boerm, Marisa 09	x2:19.34 3) Neuroth, Alivia 09	6 4) Hendricks, Ava 09

**Event 13 Girls 4x400 Meter Relay**

Team	Relay	Finals	H#
1 Ankeny Cent 1) Smith, Kylin 10	A 2) Hughes, Layla 12	4:11.66 3) Vallejo, Malin 12	1 4) Flick, Julia 10
2 SE Polk 1) Bennett, Carli 11	B 2) Powell, Ellie 09	x4:17.70 3) Myers, Brooke 09	1 4) Van Kooten, Anna 11
3 SE Polk 1) Francois, Jenna 12	A 2) Barbour, Taylor 10	4:17.71 3) Boord, Alexis 12	1 4) Hartz, Libby 11
4 Carlisle 1) Noring, Isabelle 12	A 2) Downs, Laura 12	4:27.38 3) Miller, Cassandra 12	1 4) Roling, Reagan 12
5 Danville 1) Orbiana, Miya 10	A 2) Dietsch, Alexis 11	4:35.63 3) Wagner, Macie 09	2 4) Gourley, Alaina 09
6 Ankeny Cent 1) Pollock, Addie 11	B 2) Mahama, Elizabeth 11	x4:43.12 3) Griggs, Cassidy 10	4 4) Makovec, Isabel 10
7 Pella 1) Trine, Jacie 11	A 2) Snieder, Raegan 10	4:43.66 3) Paulsen, Tess 11	2 4) Ferebee, Marissa 09
8 Mt Pleasant 1) Freeman, Natalie 09	B 2) West, Lucy 09	x4:46.08 3) McCormick, Olivia 09	4 4) Westercamp, Allie 12
9 Indianola 1) Appel, Micheala 09	A 2) Palmer, Camden 10	4:48.78 3) Hartford, Leah 09	2 4) Foster, Gracie 11
10 E Marshall 1) Talbert, Cora 10	A 2) Neuroth, Morgan 11	4:53.11 3) Robinson, Khloe 10	3 4) Rasmusson, Mylie 10



**Central College Girls Indoor HS Track and Field Meet - 3/18/2023****H.S. Kuyper Field House****Results****Finals ... (Event 13 Girls 4x400 Meter Relay)**

Team	Relay	Finals	H#
11 Mt Pleasant	A	4:58.11	3
1) Welcher, Emma 09	2) Wagner, Alexis 10	3) Graber, Aliya 09	4) Carthey, Abby 09
12 Fairfield	A	5:12.67	3
1) Bloomquist, Malena 11	2) Martin, Maddy 09	3) Belzer, Bailey 09	4) Lyon, Grace 10
13 E Marshall	B	x5:27.12	3
1) Hala, Makayla 10	2) Allen, Finley 10	3) McIlrath, Rayne 11	4) White, Madelyn 09
14 Dsm, North	B	x5:31.50	4
1) Zelaya Montoya, Marcela 09	2) Wright, Alydia 09	3) Hainley, Juliet 09	4) Pyne, Faith 09
15 Indianola	B	x5:33.16	2
1) Mahlstadt, Lydia 09	2) Etnyre, Kayla 09	3) Baker, Kate 10	4) Tenges, Bree 12

**Women - Team Rankings - 13 Events Scored**

1) Ankeny Cent	83.5	2) ADM, Adel	71
3) SE Polk	67.5	4) Pella	49
5) Carlisle	41	6) Waukee NW	32
7) Mt Pleasant	22.5	8) Indianola	21.5
9) Audubon	20	10) Murray	18
11) Danville	17	11) Knoxville	17
13) PCM, Monroe	13	14) Fairfield	10
15) Wayne, Corydon	8	16) Chariton	7.5
17) E Marshall	5	18) W Burlington	3
19) CAM, Anita	0.5		

