October 2022 Hillcrest Academy Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Choice of milk is served with all meals				Chicken Tetrazzini Green beans Bread w/ jelly Peaches
3 Sloppy Joes Sunchips Steamed Carrots Mixed fruit	4 Baked Chicken Drumstick Mashed potatoes Green beans Bread Peaches	5 Beef & Bean nachos & cheese Salsa Baked rice Pears	6 Chili soup w/ Crackers Fresh cauliflower and broccoli w/ ranch Apple Slices Cinnamon Roll	7 Pulled pork sandwich w/bun Baked beans Baby carrots Red grapes Potato chips
10 Sweet and Sour Chicken Rice Bake Steamed Peas Cherry Tomatoes Pineapple Dinner Roll w/ Butter	11 Spaghetti Tossed Salad w/Ranch Bread Apple sauce	12 Tuna salad sandwich Sweet potato Mixed fruit Potato chips	13 Taco Thursday Cheese, Lettuce Black Beans Salsa & Sour cream Cinnamon Roll Apple	14 Turkey Club w/ bun Lettuce and tomatoes Sunchips Mixed fruit
17 Shrimp Poppers Mashed Potatoes Green Beans Apple Slices	18 Chicken w/sriracha honey sauce Baked rice Zucchini Apples Bread	19 Chicken Patty Sandwich French fries Carrots Grapes Chocolate Chip Cookie	20 French Toast & Syrup Tri taters Sausage links Eggs Orange juice	21 Macaroni and Cheese Hamburger Peas & Carrots Applesauce
24 Cheeseburger w/bun Green beans French fries Lettuce, tomato Apples	25 Salisbury Steak Mashed Potatoes Mixed veggies Dinner Roll w/ Butter Strawberries	26 BBQ Chicken Sandwich Red Pepper Strips Baked beans Applesauce	27 Walking Tacos w/ lettuce & cheese Salsa & Sour cream Mexican fiesta rice Sour Cream Mixed fruit	28 Homemade chicken citrus soup Fritos Red pepper strips Baby carrots & celery

Hillcrest Academy is an equal opportunity provider.